

All Wales People First Annual Report

2023-2024





Produced by All Wales People First 2024

Pictures by Natasha Hirst; Lucy Hinksman;

Other contributors.

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Report from the Chair of the National Council

“It’s been another full year and again, we have worked with Welsh Government to look at the Learning Disability Strategy. We were really pleased to see so many National Council Reps and other self-advocates at the three Talk To us events the Welsh Government held across Wales. I attended the event in Llandudno. It was so important that that we had our say about learning disability services in Wales. too” .

There have been many challenges to leading a full life for members this year. National Council Reps have heard about members’ struggles to get their free bus passes renewed. People with learning disabilities were asked by Transport for Wales to renew their free bus passes. Some people were told they could not have a new pass and for lots of people it took months to get the right evidence, including paying for letters from doctors. Reps were able to share members’ experiences and look for solutions when three managers from Transport for Wales attended our meeting in June.

Other challenges for members this year have been changes to support at home and day services. We’ve heard feedback about good and bad support. Lots of people are not getting the support they need because of cuts to support hours or shortages in support staff. Many members have also had their time at day services reduced. Many changes have been made to day

services without people with learning disabilities having a say. We have heard lots of talk about opening up places in the community, but many people rely on day services to meet friends they've had since school. All of these issues mean people with learning disabilities can't go out, meet with friends and are becoming more isolated.

Because it's so important we speak out about these issues, we were really happy that Welsh Government asked the Association of Directors of Social Services to look at advocacy and self-advocacy across Wales and make recommendations for the future. It's important that people with learning disabilities have groups where they can learn about rights and gain the confidence to speak up.

Finally, it's important to highlight the campaigning we have done over the last year. We have heard about people with learning disabilities living in mental health hospitals because the right support for them is not available in the community. This has pushed us to work with BIHR to create a Human Rights toolkit for self-advocates. We presented the toolkit at an event in the House of Lords in London in December. We have also joined two campaigns, Stolen Lives and Free Our People. Both campaigns focus on people with learning disabilities and/or autism locked away with the wrong support. It's really important that National Council Reps represent all people with learning disabilities, especially those behind locked doors.

Tracy Austin, Chair, All Wales People First National Council





Chief Executive's Report

“This year has been really challenging for people with learning disabilities. As money gets tighter, it becomes harder and harder to deliver the support and services people need”.

There is still a gap between Welsh Government policy and the services that are supposed to be delivered at a local level. Day centres have still not opened since Covid 19 and people with learning disabilities are being placed in hospital settings because the services they need cannot be provided. Where hospital settings are the wrong settings, they are damaging to the wellbeing of the people being placed there.

To help address this, we worked with the British Institute of Human Rights (BIHR) to design a toolkit to help people with learning disabilities to challenge decisions that breach their human rights. The toolkit was inspired by the experiences of member Jack Cavanagh. The toolkit was launched at the House of Lords on the 11th of December 2023. It is called ‘Using Human Rights’
Thankfully this year, we saw the end of the ‘Bill of Human Rights’ proposed by the United Kingdom Government. Organisations such as the BIHR called it a ‘rights removal bill’. We worked hard with BIHR and other organisations to challenge the Bill. If the Bill had passed, it would have made it

much harder for our members to challenge decisions that breach their human rights. Members had to face many other challenges this year. Many members had their concessionary bus passes taken away because they were no longer eligible. This was because many members struggled to get enough PIP points to qualify. We worked with members and other stakeholders to bring this to the attention of the Welsh Government and Transport for Wales.

I am proud to have worked with DPAC (Disabled People Against Cuts) to submit evidence to the United Nations as part of the United Kingdom's Periodic Review on Human Rights. The initial review took place before Covid 19. That review found that the UK Government was in breach of its Human Rights responsibilities. The UK Government was given recommendations on how to make things better. In March the UK Government was asked to report to the United Nations on the progress it made. The United Nations concluded that the United Kingdom had not done enough to put right its human rights breaches. The United Kingdom Government rejected the findings of the United Nations.

I feel very disappointed in His Majesty's opposition and the UK media because I don't believe they have done enough to challenge the UK Government on this issue.

On the 20th of March 2024 a new First Minister for Wales was appointed. We wish Vaughan Gething the best in their role and we look forward to working with the Welsh Government to remove some of the barriers to equality that still exist for people with learning disabilities in Wales. The fight continues...

Victory for Self-Advocacy

Joe Powell



All Wales People First Funding

“The fourth year of our Welsh Government funded project started on 1st April 2023. The project is funded by Welsh Government Sustainable Social Services and Well Being Wales money”

Our project is called - Hear Me, Include Me, Respect Me - a community, citizenship and wellbeing project.

A main aim of our project is to work with members of local groups to support them to work with their Regional Partnership Board. Through engaging with all the Regional Partnership Boards throughout Wales, it is hoped that people with learning disabilities will co-design services.

This was also the fourth year of our MIRROR Strategy - Re-animating Self-advocacy.

The Welsh Government funded us £320,652 for this financial year.

We had £22,000 from Conwy County Borough Council for work with the North Wales flyers.

We received £5,000 from Flintshire County Council for North Wales participation work.

We were paid £11,000 to work with Association of Directors of Social Services (ADSS) and Practice Solutions on research and engagement for an Advocacy Framework for Wales.



All Wales People First Finances 2023-2024



Income	£388,670
Less spending	£377,589
Difference	£ 11,081



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government





Where our money came from



Welsh Government

Hear me, Include me, Respect me

£320,652

Association of Directors of Social Services

Research/ engagement:

Advocacy Framework for Wales

£ 11,000

Conwy County Borough Council

North Wales Flyers

£ 22,000

Flintshire County Borough Council

£ 5,000

Other income

£ 30,018

Total

£388,670



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government



How we spent our money

Conferences and Subscriptions	£ 48,115
Staff costs (salaries and pension)	£ 229,888
Depreciation	£ ,224
Legal & professional	£ 9,043
Office costs	£ 17,509
Meeting costs	£ 3,024
National & Regional Council	£ 19,966
Partnership Fees	£ 21,211
Staff travel & subsistence	£ 15,794
Telephone costs	£ 1,842
Training & events	£ 2,955
Management charges	£ 8,018
Total Spending	£377,589



Our Mission and Aims



Our Mission

All Wales People First is the united voice of self-advocacy groups and people with learning disabilities in Wales. Our business plan is called a MIRROR Strategy. Our aims match the MIRROR Principles of self-advocacy and they are:

Our Aims

1 - Members

- National Council
- Regional Councils
- Member engagement
- AdFest
- Talkback
- Member stories
- SATV
- Website & social media
- Learning Disability Week



2 - Ideas

- Advocacy Framework for Wales
- Trading arm
- Human rights toolkit
- Through our Eyes on Tour
- Centre for Adult Social Reserach



3 - Rights

- Tracking the Manifesto 2021
- Campaigning & Lobbying
- The Chief Executive
- North Wales Employment Strategy
- Member Engagement Forums
- Human Rights Toolkit
- Centre for Adult Social Research
- Lobbying and campaigning

4 - Reflect

- Lobbying & Campaigning
- UK Coalition meeting
- Policy & consultations
- AWPf Strategy day



5 - Organisation

- Board of Directors
- Annual General Meeting
- Strategy
- Self Advocacy Development Manager
- Marketing & Communication strategy
- Finance Strategy
- Diversity Strategy
- Policies & procedures
- Position statements
- The MIRROR Strategy

6- Review

- MIRROR Strategy
- National Council
- Advocacy Framework for Wales
- Diversity Strategy



The National Council



Chair

Tracy Austin
Anglesey



Simon Richards
Cardiff



Bradley O'Keefe
Merthyr Tydfil



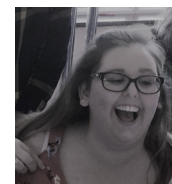
Bethan Kench
Ceredigion



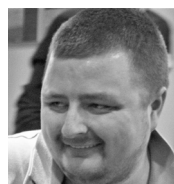
Adam Dawkins
Swansea



Richard Redmond
Conwy



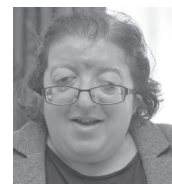
Ffion Poole
Caerphilly



Scott Wilson
LGBTQ+ Rep



Gary Angel
Flintshire



Sarah Griffiths
Monmouthshire

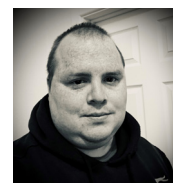


Tom Watling
Cwm Taf

Vice-Chair
Samantha Hall
Carmarthen



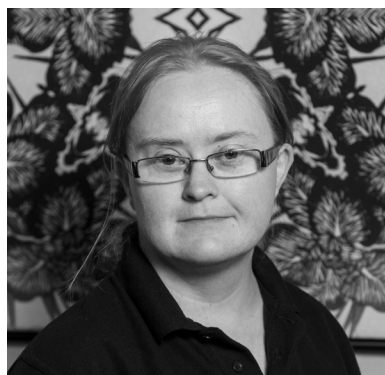
Harry Rendell
Gwynedd



David Sweeting
Vale of Glamorgan



Kylie Steadman
Powys



Zara Kaleem
Newport



Lucy Hinksman
Pembrokeshire



Tom Spencer
Denbighshire



Connie Phibben
Neath Port Talbot



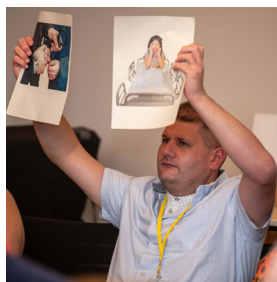
Sammy Tahramanis
Blaenau Gwent



“The National Council makes decisions about what All Wales People First does.”

This year we made lots of decisions. We:

- Decided on the priorities for the next few years
- Advised on the trading arm
- Designed and held a strategy day for groups and members to think about how we take self-advocacy forward together. There was a great turn out!
- Agreed to continue the Through Our Eyes Project
- Joined Tai Pawb, a housing charity.
- Voted on new Board members
- Worked with Social Care Wales and NCMH (National Centre for Mental Health) at Cardiff University on ideas for a research project to look at what is needed for people with learning disabilities to live active and equal lives in Wales.
- Will ask the AGM to Remove Regional Councils from the Mem and Arts.



Member engagement meetings and forums



Regional Councils met 11 times across Wales. The North Wales meetings are part of the North Wales Flyers. Meetings in West Wales have also taken place regularly. As meetings have not been popular in all regions across Wales, the National Council will ask the next AGM to remove them from the Mem and Arts . We continue to work with groups regionally, in a way which works best for them. We held a strategy day in North and South Wales. The day was held in two locations with a video screen linking the two. Contributions from the event will help to shape our next MIRROR strategy.

Members have been involved with consultations and co - production forums this year, including: Social Care Wales; McMillan Cancer Leaflet accessibility; Engage to Change; Advocacy Strategy Stakeholder Group; Torfaen People First facilitator appointment; Restrictive Practice workshops; 'Using Human Rights' Toolkit; Understanding Perspectives on Engaging and Recruiting Research Participants from Ethnic Minority Communities project; Health Education Improvement Wales (HEiW) Learning Disability Education Framework; Covid Research; Most Significant Change panel for ADSS on an Advocacy Framework for Wales; CARE – Centre for Adult Social Research working group.



All Wales People First

Talk Back

The National Voice of People with Learning Disabilities in Wales



Talk Back is our national newsletter. Kelly Stuart edits and produces Talk Back. Talk Back was shared on our website and sent out in Spring, Summer, Autumn and Winter.

There were articles about...

AWPF National Council

Updates from the Chief Executive

Updates from the Outreach Worker

Lived experience articles from members

Labels and language about learning disability

40th Anniversary of the All Wales Strategy

Bus pass problems

AGM and strategy planning event

Groups working with the Health Board about health awareness and services.

Groups working with local commissioners on co-designing services.

Regional updates from self-advocacy groups

Our work with ADSS and Practice Solutions on the Advocacy Framework for Wales





AdFest 2023 *“the information captured will assist us in shaping the direction of the organisation going forward”*



AdFest 2023 took place on the 19th and 20th June 2023 at the Marriot Hotel in Cardiff. 131 people attended on day 1 and 132 people attended on day 2. A festival report was produced in July 2023.

Outreach Worker Gerraint Jones Griffiths ran a disco event in the evening. Gerraint and Joe hosted and presented the evening MIRROR Awards Ceremony.

The **MIRROR Award** winners were:

Member award in memory of Linton Gower - Adam Bartle & Raymond Byles, People First Bridgend

Highly Commended - Lynne Evans

Ideas award in Memory of Alan Armstrong - Cwm Taff People First

Rights award - Kurtis Marshall. Highly Commended- Chloe Cannon

Reflect award - Reuben Elliot, Richard Hayman & William Ashford-Payne

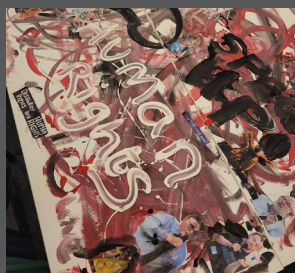
Organisation award - Conwy Connect

Review award - Sarah Griffiths





#LDAdFest2023



Learning Disability Wales We had a blast at the [@AllWalesPF](#) [#LDAdFest2023](#) conference today! Thank you to everyone who came to talk to us and [@FfrindiauGigiau](#). We loved hearing your stories about going out and staying up late.



Andrea Meek [@AndreaMeek1](#) It was a very busy [#LDAdFest2023](#) the [@ncmh_wales](#) [@Engage_2_change](#) [#coproduction](#) team looking forward to another day of learning about human rights [#LearningDisabilityWeek2023](#)



Restraint Reduction Network RRN's Alexis and Sarah were at [@All-WalesPF](#) [#LDAdFest2023](#) yesterday, alongside [@BILD](#) Lindsey from [@BILD_tweets](#), sharing our recent [#RestraintReduction](#) work with [@WelshGovernment](#) [#coproduction](#) [#humanrights](#)

Learning Disability Week



During Learning Disability Week we focused on the 40th Anniversary of the 'All Wales Strategy for the Development of Services for mentally handicapped people' 1983. It is known as ***The All Wales Strategy***.



The Chief Executive Joe Powell wrote a ***Joe's Soapbox*** article for our website about the anniversary.

Joe appeared in a television interview on ITV's Sharp End. The feature was led by Mencap Cymru.



We posted a 'Memories of Ely' film, produced by Newport and Cardiff People First on our social media.



We also filmed AWPf members talking about their opinions on the All Wales Strategy and what still needs to happen to make the aims of the strategy a reality.



Member stories & Self Advocacy TV (SATV)

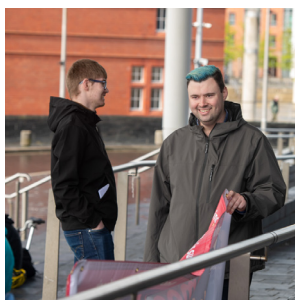
We continued to gather and share members' stories and experiences through Talkback; website diary updates; social media; video clips and reports.

Member stories help us to monitor and map hot issues and how policies and services are working for people with learning disabilities.

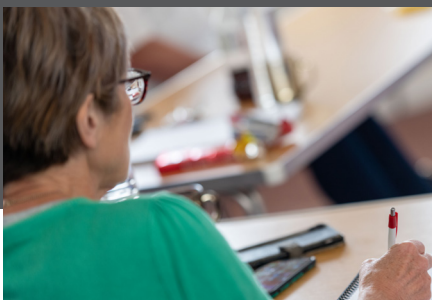


The Communications and Member Engagement Teams worked together to deliver our hot issues and fun chatting platform called SATV. The sessions were led by the Outreach Worker, Gerraint Jones Griffiths. Gerraint has lived experience of autism/learning disability.

This is part of our wider consultation work with our members. The information from these sessions feeds into the wider strategic work of All Wales People First, including lobbying and campaigning, position statements and consultation responses.



Website and Social Media



The website has been an important platform for sharing information with our members. We posted regular updates on each platform, including Joe's Soapbox articles; member stories; position statements; campaign updates; latest activity news; useful resources. An exciting development this year - We launched on Tik Tok in December 2023!



Our followers on each platform have increased every month.
We have 353 followers on our Instagram page - That is 73 more than last year
We have 1988 followers on Facebook - That is 161 more than last year
We have 2939 followers on X - That is 108 more than last year
We have 222 followers on TikTok



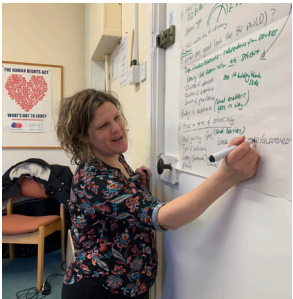
All Wales People First @AllWalesPF 2/23/24 Jac lives in north Wales and this is his first Member Story. Jac volunteers with his local self advocacy group. and is really keen to improve things for people with learning disabilities. Diolch a chroeso Jac!

[#AWPFMemberStories](#) [#LDLived Experiences](#) ow.ly/4nW950QGyYH

Advocacy Framework for Wales



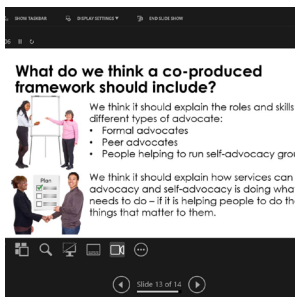
All Wales People First worked with Practice Solutions and the ADSS (Association of Directors of Social Services) on a framework for all forms of advocacy in Wales. The work was requested by Welsh Government because of the concerns we and people with learning disabilities raised at the Learning Disability Ministerial Advisory Group (LDMAG) meeting.



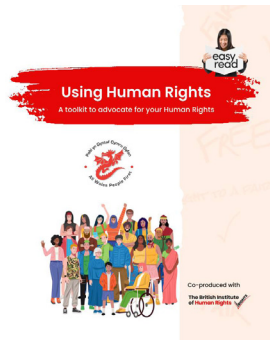
We supported the gathering of information which was needed to write the report and make the recommendations. This included setting up and supporting meetings with staff and members of self-advocacy groups and members of the All Wales People First National Council; collecting lived experiences about the biggest changes which self advocacy has made in life; supporting the **most significant change** panel meeting.



The framework will be published during the next reporting period and the report findings will help us to design our next MIRROR Strategy.



Human Rights Toolkit



We worked with the British Institute of Human Rights (BIHR) on a toolkit to help people with learning disabilities challenge breaches of their human rights. It gives people with learning disabilities the information they need to make a challenge on any decision they think has breached their human rights.

The work is part of the BIHR's 'Community Programme – 2022-25' which aims to work in partnership with organisations that want to co-produce a human rights solution for issues that affect their members. All Wales People First had to apply to take part. Our bid was successful.

The toolkit is called ***Using Human Rights***. It is dedicated to member Jack Cavanagh. Jack's lived experiences inspired our work on the toolkit. The first draft of the work was presented at the Houses of Lords on Human Rights Day 11th December 2023. The toolkit was launched on the 16th of February 2024.

The toolkit is available to see on our website and on the BIHR's website.

AWPF Trading arm



We continued to think about setting up a trading arm for All Wales People First. There were two think tank meetings between AWPf National Council reps and Board members during the last reporting period.

To follow on from the think tank's work, a freelance entrepreneur did a proposal for us. They presented it to the AWPf National Council and the Board of Directors in February and March 2024. This work will continue in to the next period.

Through our Eyes on Tour



We listened to what you told us about the Through our Eyes Exhibition! You said you wanted the photography exhibition to tour across Wales so that more people can see it.



We have worked with freelance photographer Natasha Hirst to put a new funding bid together. We hope that **Through our Eyes on Tour** will happen during the next period.



"Through Our Eyes"

Centre for Adult Social Care Research



We worked with Cardiff University on a project to research Social Care for Adults. We asked our members if someone with a learning disability wanted to be on a Board responsible for this work. That Board will decide what should be researched in Wales. The work will provide important information that can help push positive changes.

The person who will represent All Wales People First on the Board is Chloe Cannon.

The Manifesto

**You said**
All Wales People First should do more to help local groups.

**We pledged**
To change our structure to help local groups more

**We did**
In 2020/2021 we introduced the post of MIRROR Co-Ordinator to



Do you remember the Manifesto we designed and wrote in 2021?

Members with learning disabilities told us some key issues which are important to them. This helped us to know where to focus our work. During this period we produced a report to let you know what progress has been made on the manifesto.

The key areas in the Manifesto are: **Self-advocacy; The right to choose how we identify ourselves; Employment; Transport; Equality; Health; Brexit; Reducing restrictive practices.** We will continue in to the next period, to track our progress on these areas of work.

Position Statements



The National Council sub-group on position statements worked with the Policy and Communications team to produce these five position statements during this reporting period: **Taxis; Using Cash; Language; Day Centres; Learning Disability and mental health in-patient services**

The position statements will inform our work and consultation responses. You can read the position statements on our website.

UK Coalition Meeting

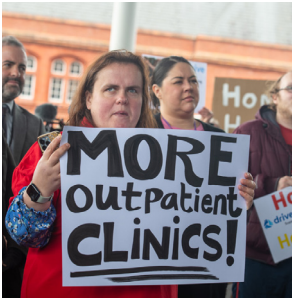


We worked with Disabled People's Organisations across the United Kingdom, to represent disabled people at the UK Periodic Review of Human Rights. It took place in March 2024 at the United Nations in Geneva.

Our members' voices and experiences were fed into this work. The Chief Executive represented All Wales People First through visiting Geneva with other organisations, disabled people and supporters during the review.

The legacy of this work will continue in to the next period.

Policy & Campaigns



We worked with the British Institute of Human Rights, Liberty and other organisations to challenge the UK Government's **British Bill of Rights**, which was intended to replace the **Human Rights Act 1998**. Members were worried that the **British Bill of Rights** would weaken rights for some people with learning disabilities. The National Council decided that Human Rights should be a campaigning priority for All Wales People First.

On the 27th of June 2023 the UK Government's Minister of Justice withdrew the British Bill of Rights. It was a good outcome for the campaign. We will keep a close watch for any changes to this situation through our continued involvement with the Save our Human Rights Coalition.

2023 was the 75th anniversary of the Universal Declaration on Human Rights. We signed a letter from the British Institute of Human Rights to the Prime Minister on the 10th of December. The letter called for 'shared movement of humanity' whilst empowering people to claim their rights.

We also collected member stories about their experiences with free bus passes. Many members had their passes withdrawn in 2022-2023. This work is ongoing.

Policy & Campaigns



We campaigned about: Human Rights; Protecting self advocacy; Bus passes; Identification for voting; Inappropriate placement of an AWPf member in a psychiatric setting; Issues around merging mental health with learning disability in-patient services; Homes not Hospitals.

We supported: Mencap Cymru's *cashless society* petition about the importance of having continued choice to use cash; West Wales Groups to raise concerns about a proposed merger of mental health and learning disability in-patient services; Restrictive practice workshop events about reducing restrictive practices.

We responded to the following consultations during this period:

- Rebalancing Care
- Statutory licensing scheme for visitor accommodation providers in Wales
- Taxi and Private Hire Vehicle Bill, white paper
- Third sector funding
- Covid Inquiry (UK)
- Local Government and Housing committee electoral roll changes.

Diversity Strategy



We continued to make progress writing our Diversity Strategy.



In January 2024 Members of the All Wales People First staff team, National Council and Board of Directors attended a Cultural Competency training event with Diverse Cymru.

The training and the scheme will play a large part in shaping our strategy.

North Wales Employment Strategy



We worked with North Wales Advice and Advocacy Organisation (NWAAA) and Conwy Connect on an Employment Strategy for North Wales.

We asked people with learning disabilities what they wanted from the strategy and what it should cover.



The work was completed in February 2024. It will set a course to help people with learning disabilities in North Wales to access employment.

Self Advocacy Group development Manager



Philippa, the Self-Advocacy Group Development Manager chaired four meetings of the Support Workers Advisory Network (SWAN). SWAN brings managers of self-advocacy groups in Wales together to share ideas and information. The Chief Executive chaired SWAN after Philippa left the organisation in November 2023.



Philippa worked with Tracey - Member Engagement Advisor, to support members of Torfaen People First with designing a Service Level Agreement for an organisation to run their group. Members interviewed organisations which were interested in running the group. They chose Cwm Taf People First.



Philippa also worked with Our Voice Our Choice in Ceredigion to support them to become a registered charity. Our Voice Our Choice now has charitable status.





The Chief Executive Joe Powell has a lived experience of living in learning disability services.

Joe represents the membership of All Wales People First on the following forums: Learning Disability Ministerial Advisory Group (LDMAG); Disability Equality Forum; Disability Taskforce; Human Rights Stakeholder Group; Cross party group on human rights; Save our Human Rights action group; Hate and Community Tensions Board Cymru; Cross Party Group on disability; Cross party group on learning disability; Community of Practice for behaviour that challenges (COP); LD Consortium third sector meetings; Board Member of the British Institute of Human Rights; Board member of Livesthroughfriends; Member of the Neurodivergence Ministerial Advisory Group; Member of Loneliness and Isolation implementation group; Covid 19 stakeholder forum; Board member of Learning Disability Wales; Cross party group on Learning Disability; Save our Human Rights coalition; Learning Disability and Cognitive Impairment resources steering group; Making the case for independent advocacy (Henry Smith); Wales Restrictive Practice Group; Vaccination Information Project Steering Group meeting; Protecting Rights, eliminating restraint group meeting; NHSWE National Palliative and end of life care; Hate and Community tension board Cymru; Neurodiversity Improvement Programme – Glossary of Terms reference group; National Mental Capacity Forum.

Joe chaired four meetings of Welsh Government's Access to Justice sub-group of the Disability Equality Forum. He wrote a recommendations paper with the group. It has been submitted to the Welsh Government policy team.

Board of Directors



David Whittle - Co Chair
Bob Rhodes - Co Chair
John Thomas - Treasurer
Michael Allcock
Tracey Austin
Samantha Hall
Margaret Flynn
Ruth Northway
Simon Richards
James Tyler
Lee Ellery
Kay Williams
Paul Sutton
Martyn Jones

The Board met 4 times this year.

Annual General Meeting (AGM)

The organisation's AGM was held on 9th January 2024

Staff Team



Joe Powell
Chief Executive



Kelly Stuart
Policy &
Communications Manager



Tracey Drew
Member Engagement
Adviser



Philippa Davies
Self-advocacy Group
Development Manager
(up to November 2023)



Victoria Sidwell-Brown
Business and Finance
Manager



Claire Morgan
Communications
Officer



Gerraint Jones-Griffiths
Outreach Worker



Full members

Adam	Bartle	Bridgend
Adam	Dawkins	Swansea
Adam	Elameer	Swansea
Adam	White	Bridgend
Adam	Williams	Caerphilly
Adrian	Williams	Gwynedd
Alan	Weeks	Denbighshire
Alan	Williams	Blaenau Gwent
Aled	Lewis	Carmarthenshire
Alex	Owen	Denbighshire
Alex	Perry	Newport
Alex	Roberts	Caerphilly
Alex	Wooler	Caerphilly
Alex D.	Stevenson	Vale
Alison	Szigetvari	RCT
Alun	Matthews	Bridgend
Amy	Barrett	Pembrokeshire
Amy	Bradley	Swansea
Amy	Jones	Caerphilly
Andrea	Davies	Swansea
Andrea	Pugh	Gwynedd
Andrew	Carslake	Monmouthshire
Andrew	Davies	Llanelli
Andrew	Evans	Swansea
Andrew	Gapa	Torfaen
Andrew	Wellington	Neath PT
Aneurin	Williams	Caerphilly
Angelo	Tahramanis	Blaenau Gwent
Angie	Edwards	Carmarthenshire
Anita	Clasby	Ceredigion
Ann	Jones	Carmarthenshire

Ann	Williams	Neath PT
Anna	Howell	Pembrokeshire
Anne	Luxton	Torfaen
Anthony	Daniels	Bridgend
Anthony	Davies	Caerphilly
Anthony	Higgs	Torfaen
Anthony	Mitchell	Cardiff
Arthur	Pritchard	Anglesey
Ashley	Smith	Caerphilly
Becky	Tweedle	Bridgend
Ben	Jones	RCT
Ben	Learoyd	Ceredigion
Ben	McCay	Oxfordshire
Ben	Taylor	Vale
Beryl	Woodfine	Powys
Bethan	Foxall	Gwynedd
Bethan M.	Evans	Gwynedd
Bethan	Kench	Ceredigion
Billy	Israel	Ceredigion
Blue	Svensson	Swansea
Bradley	O'Keefe	Merthyr Tydfil
Bradley	Powers	Swansea
Brenda	Walsh	Vale
Brian	Roberts	Swansea
Brian	Thomas	Cardiff
Brian	Thomas	Powys
Brian	White	Caerphilly
Brian	Williams	Powys
Candis	Penny	Powys
Carina	Davies	Powys
Carinder	Malhi	Surrey

Carl	Barber	Denbighshire
Carl	Davies	Pembrokeshire
Carl	Fowler	Ceredigion
Carl	Millard	Pontypridd
Carl	Roberts	Flintshire
Carla	Williams	Conwy
Caroline	Nash	Gwynedd
Carys	Cousins	Swansea
Casey	Dawes	Gwynedd
Cath	Viakos	Newport
Catherine	Jones	Conwy
Catherine	King	Pontypridd
Catherine	Williams	Swansea
Cathy	Auckballary	Vale
Cathy	Taylor	Ceredigion
Catrin A.	Jones	Swansea
Ceris	Jones	Port Talbot
Charlotte	Denning	Torfaen
Chloe Aineomugisha		Blaenau Gwent
Chloe	Williams	Torfaen
Chloe	Cannon	RCT
Chris	Clarke	Powys
Chris	Kidner	Carmarthenshire
Chris	Power	Vale
Christopher	Davies	Caerphilly
Christopher	Edwards	Neath PT
Christopher	Jones	Carmarthenshire
Christopher	Lischka	Carmarthenshire
Claire	Holly	Blaenau Gwent
Claire	Rasmussen	RCT
Clare	Whittle	Powys

Clive	Edwards	Gwynedd
Colin	Brighten	Denbighshire
Colin	Jewkson	Caerphilly
Colin	Price	Caerphilly
Connie	Phibben	Swansea
Craig	Channel	Bridgend
Craig	Grunan	Neath Port Talbot
Craig	Roberts	Swansea
Cynthia	Singer	Caerphilly
Daffyd	Williams	Monmouthshire
Dafydd	Roberts	Gwynedd
Dan	Hiley	Powys
Daniel	Barnard	Merthyr Tydfil
Daniel	Harris	RCT
Daniel	Lambert	Flintshire
Daniel	Sheppard	Ceredigion
Danny	Coates	Denbighshire
Danny	Couty	Denbighshire
Danny	Millward	Monmouthshire
Darren	Thomas	RCT
David	Baker	Ceredigion
David	Blow	Caerphilly
David	Curwen	Bridgend
David	Evans	Caerphilly
David	James	Powys
David	Lewis	Powys
David	Reynolds	RCT
David	Sweeting	Vale
David	Twomey	Neath Port Talbot
David	Weir	Glasgow
David	Whittle	Powys
David	Wilberforce	Wrexham
David	Williams	Swansea
David R.	Bennett	Blaenau Gwent
Dawn	Gullis	Newport
Debbie	Ford	Denbighshire
Debbie	Lomas	Conwy

Debbie	Stride	Bridgend
Debbie	Williams	Gwynedd
Deborah	Gould	Gwynedd
Derek	Howitt	Caerphilly
Derek	May	Newport
Donna	Yule	Swansea
Dyfan	Roberts	Denbighshire
Ed	Lewis	Pembrokeshire
Edward	Stanley	Powys
Eirwen	Lewis	Neath Port Talbot
Elaine	Jones	Powys
Elinor	Williams	Gwynedd
Elizabeth	Attwood	Blaenau Gwent
Elsa	Jones	Powys
Emily	Cleverly	Carmarthenshire
Emma	Ashley	Denbighshire
Emma	Guidera	Denbighshire
Emma	Tamlin	Swansea
Emma J.	Prosser	Bridgend
Eric	Davies	Monmouthshire
Evan	Hughes	Anglesey
Faye	Parrington	Ceredigion
Ffion	Poole	Caerphilly
Ffion	Roberts	Bridgend
Frances	Holmes	Gwynedd
Gareth	Cotton	Swansea
Gareth	Humphries	Swansea
Gareth	Humphreys	Swansea
Gareth	James	RCT
Gareth	Sully	Newport
Gareth	Walters	Caerphilly
Garry	Edwards	Blaenau Gwent
Gary	Angell	Flintshire
Gary	McGeary	Gwynedd
Gary	Spencer	Swansea
Gavin	Gardner	Bridgend
Gemma	Woodstock	Torfaen

George	Breeze	Cardiff
Geraint	Eardley	Gwynedd
Gerraint	Jones-Griffiths	Blaenau Gwent
Gethin	Chamberlain	Caerphilly
Glayne	Walker	Cardiff
Gloria	John	RCT
Glyn	Williams	Flintshire
Graeme	Roberts	Anglesey
Graham	Price	Port Talbot
Grahame	Canning	Denbighshire
Gregory J.	Cornet	Bridgend
Griff	James	Ceredigion
Gwynfor	Lewis	Denbighshire
Hannah	Futyan	Conwy
Hannah	Thomas	Caerphilly
Harold	Evans	Caerphilly
Harris	Hussnain	Newport
Harry	Rendell	Gwynedd
Hayley	Price	Swansea
Helen	Jones	Ceredigion
Helen L.	Price	Vale
Huw David	Jenkins	Carmarthenshire
Ian	Copping	Bridgend
Ian	Swannick	Vale
Isobel	Harris	Aberdare
Ivy	Thomson	Bridgend
Jac	Roberts	Anglesey
Jade	Davies	RCT
Jade	Lee	RCT
James	Andrew	Gwynedd
James	Crowley	Pembrokeshire
James	Dash	Pembrokeshire
James	Lewis	Denbighshire
James	Tyler	Pembrokeshire
James	Withers	Torfaen
Jamie	Farr	Monmouthshire
Jamie	Roberts	Caerphilly

Jane	E Leonard	Wrexham
Jane	Sturla	Flintshire
Janice	Partridge	Cardiff
Janis	Wyburn	Blaenau Gwent
Jason	Bayliss	Bridgend
Jason	Morris	Ceredigion
Jason	Stone	Swansea
Jeni	Snell	Newport
Jenifer	Lewis	Bridgend
Jenny	Sibley	Caerphilly
Jeremy	de Wilton	Pembrokeshire
Joan	Llewellyn	Bridgend
Joanna	Jones	Cardiff
Joanne	Herbert	Cardiff
Joanne	Wilton	Denbighshire
Joanne	Williams	Conwy
Jodie	Maher	Swansea
John	Greenland	Monmouthshire
John	Richards	Caerphilly
John	Swift	Gwynedd
John	Williams	Powys
Jonathan	Brown	Vale
Jonathan	Richards	Carmarthenshire
Jonathan	Stone	Caerphilly
Jonathan	Tranter	Anglesey
Jonathan	Williams	Bridgend
Jonny	Vann	Neath Port Talbot
Joseph	Andrews	Pembrokeshire
Joseph	Blackley	Gwent
Josephine	Barber	Flintshire
Joshua	Phelps	RCT
Joy	Davies	Neath Port Talbot
Joy	Deere	Neath Port Talbot
Julian	Hall	Swansea
Julie	Devereux	Powys
Julie	Farmer	Bridgend
Kalvin	Jones	Anglesey

Kara	Williams	Neath Port Talbot
Karen	Hinton	Neath Port Talbot
Karen	Morgan	Vale
Karen	Newman	Flintshire
Karen	Tallack	Swansea
Karl	Denning	Torfaen
Karl	Gregory	Bridgend
Kate	Bass	Monmouthshire
Katherine	Wheeler	Carmarthenshire
Katie	Mears	Caerphilly
Katie	Moore	Caerphilly
Katie	Preece	Neath Port Talbot
Kay	Bevan	Carmarthenshire
Keeley	Cotterill-Ball	Gwynedd
Kelly	Ball	Newport
Kelly	Rideout	Vale
Kelsey	Shaw	Carmarthenshire
Kenneth	O'Mahoney	Pembrokeshire
Keri-Ann	Willetts	Caerphilly
Kevin	Stone	Blaenau Gwent
Kurtis	Marshall	Vale
Kylie	Ashill	Torfaen
Kylie	Steadman	Powys
Laura	Powell	Powys
Laura	Wilson	Monmouthshire
Lauren	Jones	Vale
Lauren	Howells	RCT
Lee	Roberts	Conwy
Lesley	Chick	Gwynedd
Lesley	Crosbie	Monmouthshire
Lesley	Reed	RCT
Levi	Owen	Carmarthenshire
Lewis	McDougall	Carmarthenshire
Liam	Brown	Glasgow
Linda	Aylward	Gwynedd
Linda	Tonks	Newport
Lindsey	Thomas	Ceredigion

Lisa	Barker	Swansea
Lisa	Davies	Neath Port Talbot
Lisa	Pickard	Cardiff
Llinos	Roberts	Gwynedd
Lloyd	Bradford	RCT
Lloyd	Crowley	Powys
Lloyd	Jones	Conwy
Lois	Hughes	RCT
Louise	Armstrong	Swansea
Louise	Weaver	Monmouthshire
Lowri	E. Hughes	Conwy
Lucy	Harries	Monmouthshire
Lucy	Hinksman	Pembrokeshire
Luke	Powell	Torfaen
Luke	Thomas	Torfaen
Lydia	Cole	Powys
Lyn	Wood	RCT
Lynda	Withers	Torfaen
Lyndsay	Howard	Monmouthshire
Lynne	Evans	RCT
M	Hughes	Pembrokeshire
Mair	Ashton	RCT
Malcolm	McGuire	Denbighshire
Marc	Williams	Caerphilly
Margaret	Evans	Swansea
Mari	Rowlinson	Gwynedd
Mark	Banks	Conwy
Mark	Firkin	Swansea
Mark	Lewis	Newport
Mark	Owens	Swansea
Mark	Sibley	Caerphilly
Mark	Thomas	Gwent
Mark	Williams	Caerphilly
Mark A.	Barnard	Bridgend
Martin	Heffron	Cardiff
Martin E.	Matthews	Pembrokeshire
Mathew	Purnell	Cardiff

Matthew	Archer	Neath PT
Matthew	Heit	Neath PT
Matthew	Jones	Neath PT
Matthew	Lack	Vale
Matthew	McDonald	Conwy
Melanie	Jones	Conwy
Melville	Harding	Blackwood
Michael	Allcock	Cardiff
Michael	Cain	Denbighshire
Michael	Jones	Bridgend
Michael	Jones	Gwynedd
Michael	Rees	Caerphilly
Michael	Chick	RCT
Michael	Williams	Bridgend
Michelle	Manning	Caerphilly
Michelle	Williams	Conwy
Michelle	Williams	Neath PT
Molly	Matthews	Cardiff
Morgan	Llwyd Jones	Caerphilly
Myfanwy	Jones	Anglesey
Naomi	Lee	Swansea
Natalie	King	Caerphilly
Nathan	Odem	Gwynedd
Neil	Buffon	Powys
Neil	Williams	Swansea
Nicola	Lewis	Caerphilly
Nicola	Roberts	Swansea
Nicole	Bird	Caerphilly
Nigel	Turner	Monmouthshire
Norman	Williams	Bridgend
Oly	Havard	Monmouthshire
Ope	Abidogun	Newport
Paul	Coles	Bridgend
Paul	Donnelly	Cardiff
Paul	Hughes	Caerphilly
Paul	Jones	Swansea
Paul	Lewis	Bridgend

Paul	Lewis	Gwynedd
Paul	Pendlebury	Bridgend
Paul	Rowlands	Bridgend
Paul	Taylor	Gwynedd
Paul	Tucker	Carmarthenshire
Peter	Allen	Ceredigion
Peter	Gauterin	Wrexham
Peter	Jones	Swansea
Peter	Litten	Denbighshire
Peter	MacAndrew	Denbighshire
Peter	Marsh	Conwy
Peter	Powell	Monmouthshire
Philip	Moors	Conwy
Phillip	Moreland	Conwy
Phillip	Morgan	RCT
Phillip	Williams	Bridgend
Phillip	Woolley	Powys
Phillip Evan	Collins	Carmarthenshire
Rachel	Bewick	RCT
Rachel	Howells	RCT
Raymond	Byles	Bridgend
Rebecca	Chick	RCT
Rebecca	Jones	RCT
Rebecca	Jones	Gwynedd
Rebecca	King	Cardiff
Rebecca	L. Roberts	Gwynedd
Rebecca	Morgan	Powys
Rebecca	Pierce	Denbighshire
Rebekah	Prosser	Bridgend
Rhian	Evans	Powys
Rhiannon	Currie	Newport
Rhiannon	Griffiths	Pembrokeshire
Rhiannon	Isaac	Bridgend
Rhiannon	Rees	Swansea
Richard	Batchelor	Swansea
Richard	Dunlop	Bridgend
Richard	Horrigan	Cardiff

Richard	Taylor	Bridgend
Richard	Taylor	RCT
Richard	Williams	Swansea
Richard J.	Harmer	Pembrokeshire
Richard J.	Redmond	Conwy
Robert	Morris	Neath Port Talbot
Rory	Westhoff	Carmarthenshire
Ros	Jacobson	Torfaen
Rosie	Israel	Ceredigion
Rosie	W.Jones	Powys
Rowena M.	Williams	Gwynedd
Ruth	Barker	Carmarthenshire
Ruth	Yarwood	Anglesey
Sadie	Williams	RCT
Sam	Evans	Gwent
Sam	Jones	Bridgend
Sam	Taylor	RCT
Samantha	Hall	Carmarthenshire
Samantha	Hupton	Anglesey
Samantha	Stevenson	Vale
Samantha	Taylor	RCT
Samantha	Mitchell	Newport
Sammy	Tahramanis	Blaenau Gwent
Sarah	Chamberlain	Anglesey
Sarah	Duke	Torfaen
Sarah	Griffiths	Monmouthshire
Sarah	Nankervis	RCT
Sarah	Rosser	Monmouthshire
Sarah	Thornton	Gwynedd
Savvas	Tahramanis	Blaenau Gwent
Scott	Wilson	Denbighshire
Scott	Weetman	Caerphilly
Sean	Whelan	Bridgend
Shahid	Afsar	Cardiff
Shannon	Crosbie	Edinburgh
Sharon	Austin	Bridgend
Sharon	Cochrane	Caerphilly

Sharon	Smith	Swansea
Shaun	Roberts	Denbighshire
Shaun	Heath	Denbighshire
Shayna	Harris	Conwy
Sheena	Griffiths	Flintshire
Sheila	Moors	Conwy
Sheila	Shore	Gwynedd
Shirley	Cleever	Anglesey
Sian	Jones	Denbighshire
Simon	Fernandez	Denbighshire
Simon	Rice	Carmarthenshire
Simon	Richards	Cardiff
Sophie	Hinksman	Pembrokeshire
Sophie	Morgan	Gwent
Sophie	Scheeres	Cardiff
Sophie	Wakeling	Torfaen
Stacey	Traylor	Vale
Stephen	Dove	Ceredigion
Stephen	Knight	Monmouthshire
Stephen	Miles	Newport
Stephen	Thomas	Denbighshire
Stephen	West	Cardiff
Stephen	Richardson	RCT
Steve	Pocknell	Carmarthenshire
Steve	Smith	Torfaen
Steve	Williams	Cardiff
Steven	Davies	RCT
Steven	Morgan	Monmouthshire
Steven	Stone	Merthyr Tydfil
Stuart	Bowen	Merthyr Tydfil
Stuart	Paget	Bridgend
Susan	Davey	Cwmbran
Susan	Shaw	Bridgend
Susan	Simcock	Bridgend
Tanwen	Bryn Lloyd	Gwynedd
Teri-Anne	Payne	RCT
Thomas	Oakes	Ceredigion

Thomas	Watling	RCT
Tim	Davies	Powys
Tim	Hallet	Torfaen
Tina	Larner	Bridgend
Toby	Richardson	Swansea
Tom	Spencer	Denbighshire
Toni	James	Blaenau Gwent
Tony	Griffiths	Wrexham
Tracey	Cosgrove	Newport
Tracey	Cridland	Caerphilly
Tracey	Smith	Denbighshire
Tracy	Austin	Anglesey
Trudi	Owen	Anglesey
Victoria	Waller	Anglesey
Vicky	Lanfear	Neath Port Talbot
Wendy	Gough	Pembrokeshire
Wendy	Thomason	Carmarthenshire
William	Bennett	Neath Port Talbot
William	Jones	Bridgend
William	Young	Anglesey
William Bryn	Owen	Denbighshire
Yolande	Scott	Gwynedd
Yvonne	Williams	Anglesey
Zarah	Kaleem	Gwent
Zoe	Coleman	Newport

Associate members

Ian	Kinsella
Jack	Cavanagh
Jackie	Hughes
Jan	Walmsley
Jean	Gregson
Jill	Milligan
Joanne	Parsons
Julie	Davies

Kay	Wood
Lorraine	Linford
Mark	John-Williams
Rachel	Philbrick
Sue	Oakley
Thomas	Oakley



Group members

Blaenau Gwent People First
 Caerphilly People First
 Cardiff People First
 Carmarthenshire People First
 Conwy Connect
 Drive
 Learning Disability Wales
 Merthyr People First
 Mirus
 NWAAA
 Our Voice Our Choice
 Newport People First
 Pembrokeshire People First
 People First Bridgend
 RCT People First
 Standards of Wrexham Services (SWS)
 Tai Pawb
 Torfaen People First
 Vale People First
 Your Voice Advocacy



Llais Cenedlaethol
Pobl ag Anableddau Dysgu yng Nghymru



The National Voice of People
with Learning Disabilities in Wales