

*This is me*

**19th  
& 20th  
JUNE**



# AdFest 2024

Future Inn, Cardiff

## What's on?

**This year's AdFest is all about us. What we celebrate and love about ourselves, as well as the challenges and things we don't like so much.**

We've got another packed agenda this year, with lots of workshops and activity choices! Here's just a taste of what's on offer...

We will be thinking about the barriers we face. Do some things make life easier for us? We will take a look at person centred planning.

Want to share your own story about you? There will be space to chat about our own personal journeys.

If you're interested in relationships, you can learn more about healthy boundaries and sex.

Not forgetting about this year's fun after lunch activity  
It's a surprise!

**Day 1 Wednesday 19th June 10.00am - 4pm** Registration; workshops; activities. Choose your workshops on the day.

### **Evening Wednesday 19th June**

**6.00pm** Dinner; MIRROR Awards; Photobooth. Included if you have booked the evening or residential packages.

**8.45pm** Disco or Night out bowling with Gig Buddies (pay for bowling on the night).

### **Day 2 Thursday 20th June**

**9.00am** Walk & talk (up to you).

**10.00am - 4pm** Registration; Activities; Exhibition stalls.

## What's Included?

### Residential from £125

#### Includes:

- Attendance, refreshments and lunch at AdFest on Wednesday 19th and Thursday 20th June
  - Accommodation for Wednesday 19th June
  - MIRROR Awards ceremony meal on Wednesday 19th June
  - Breakfast on Thursday 20th June
  - Accommodation will be at the Future Inn, Cardiff
- You will need to check out of your room by 10am on Thursday 20th June

### Day Delegate from £30 per day

#### Includes:

- Refreshments and lunch during the conference.

### Evening: MIRROR Awards dinner & disco £35

#### Includes:

- Three course meal and disco



## How to book

[www.awpf.online/adfest-delegate2024](http://www.awpf.online/adfest-delegate2024)

or email [admin@allwalespeople1st.co.uk](mailto:admin@allwalespeople1st.co.uk)

for a booking form by post

or call Claire on 07399 059631

**Closing date for bookings - Friday 18th May.**

Cancellations after 18th May cannot be refunded.

# MIRROR Awards



The MIRROR awards ceremony is happening on the evening of 19 June at AdFest. There will be an evening meal and a disco.



If you are not staying overnight you can still book to come to the awards, dinner and disco.



The MIRROR awards celebrate the great things self-advocates and groups have done over the last year.

The 6 awards are

**Members – Linton Gower Memorial Award**

**Ideas Award**

**Rights Award**

**Reflect Award**

**Organisation Award**

**Review Award**



You can enter yourself, or someone else for an award.

email [joe@allwalespeople1st.co.uk](mailto:joe@allwalespeople1st.co.uk)

Or

Fill in a form on our **website**

Or phone Joe on **07399059609**



April

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**All nominations must be received by 26th April at 5pm.**