



"Through Our Eyes"

Through Our Eyes photography exhibition



Information for members



You may want to talk to politicians, or the media about Through Our Eyes



Here are some points that you can make, you can think of your own too



Through our eyes project wants to improve how people with learning disabilities are seen by others



There were too many images of people with learning disabilities being 'helped'



This makes us look like we can't do things for ourselves.



Sometimes we need support to do this but we can still be in control of our lives.



Our members decided that other people need to know about their valued roles.



Valued roles are the things we do that are important to us.



- being volunteers,
- employees,
- learners,
- self-advocates,
- friends,
- family,
- pet owners, and
- sports people.

When people think that we can't be in control of our lives, they make decisions for us.



This means that our human rights are not always respected.



When we are included and supported, we can do the things we want to in life.



Images can change the way people think. Positive images help people to see all of the things we can do. That is why our exhibition is important.



- What is important to you in your life?
- What things have you done that you are proud of?