

Our Right to Human Rights

#LDADFEST2023

ADFEST 2023
CARDIFF
MARRIOTT

JUNE
19TH & 20TH

DELEGATE PACK



Day 1 Monday 19th June

Agenda



Sign in/ refreshments



Welcome & housekeeping
National Council Co-Chairs



Welcome & Introduction
Joe Powell, Chief Executive



Sanchita Hosali,
Chief Executive, British Institute
of Human Rights



Rights Round Robin
2 sessions of 15 minutes



Refreshment break



Rights Round Robin
2 sessions of 15 minutes



1:00

Lunch break



2:00

Drum energizer session with David Powell, UpBeat Music & Arts



2:30

Workshops



3:15

Refreshment break



3:30

Workshops



4:15

Workshop feedback



4:30

Evaluation & close



5:00

Optional Walk and talk
Meet outside main reception

Day 1

Workshops



ADSS Cymru

Yn arwain Gwasanaethau
Cymdeithasol yng Nghymru
Leading Social Services in Wales

Right to Assembly

What is the essence of self-advocacy?

What makes a good self advocacy group? Speaking up and lobbying

Hosted by ADSS and Tracey Drew

Cardiff Suite

**Innovate
Trust**

Relationships

A relationships workshop, which will include adult themes and content.

Hosted by Ffion Poole & Innovate Trust

Cardiff Suite



Right to fair treatment

Right to fair treatment and free from harm or torture

Hosted by Improvement Cymru

Aneurin Bevan Suite



Rhondda Cynon Taf

PEOPLE FIRST

Mindfulness

Panic attack tips and mindfulness

Hosted by Emma Alcock & Cwm Taf

People First

Afon Taf Suite

Day 1- Evening Agenda



5:30

Selfie photo booth open
5.30pm - 10.30pm



6:30

Dinner & **mirror** Awards



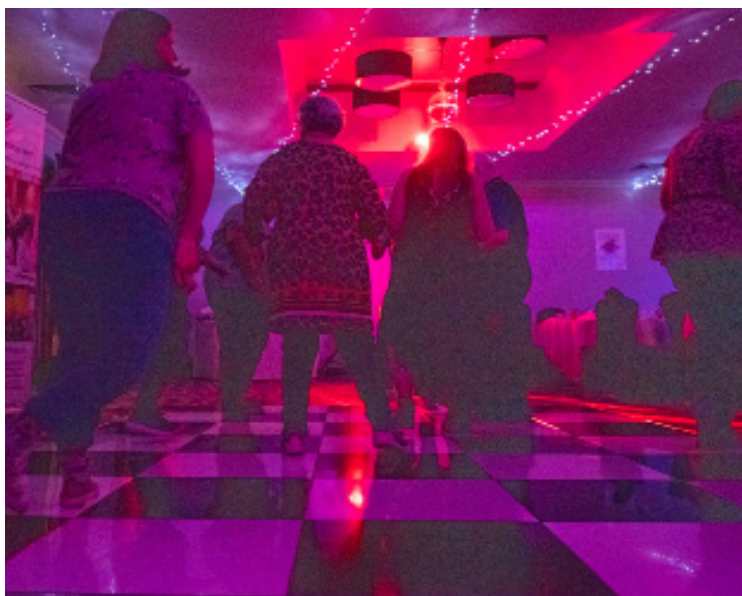
9:00

Gerraint's Disco @ The Marriott



9:15

Trip to the Moon Club with
Gig Buddies
Optional trip
Entrance fee £4.00



MIRROR Awards

With thanks to our award sponsors

1. **Members** – Linton Gower Memorial Award

Sponsor: **Mencap Cymru** has been campaigning with people with a learning disability and their family carers for over 75 years. We provide a range of support services, run Advice, Advocacy and Information services including the Wales Learning Disability Helpline.



2. **Ideas** - In memory of Alan Armstong

Sponsor: **Learning Disability Wales** is a national charity representing the learning disability sector in Wales. We want Wales to be the best country in the world for people with a learning disability to live, learn and work.



Learning Disability Wales
Anabledd Dysgu Cymru

3. **Rights**

Sponsor: **First Choice Housing Association**

provides accommodation solutions for people with disabilities, veterans and additional complex needs across Wales, Shropshire and Telford. Our mission is to improve quality of life through provision of quality, bespoke accommodation that enables tenants to achieve independence, fulfil their potential and optimise enjoyment of life, and allows staff and family to be part of that journey.



Building Independence
Adeiladu Annibyniaeth

4. Reflect

Sponsor: **Drive Wales** is a pioneering organisation, established in 1981 to support people with learning disabilities, autism and mental health issues to live in quality housing in their local communities. We are passionate about supporting people to increase their independence and choices to live the life they want to lead.



5. Organisation

Sponsor: **Improvement Cymru**

The Improvement Cymru Learning Disability team oversees aspects of the Welsh Government transformation programme hosted by Improvement Cymru, the improvement service for NHS Wales.

We are group of professionals with learning disability and improvement expertise, working to address inequalities and improve the lives of people with a learning disability in Wales.



6. Review

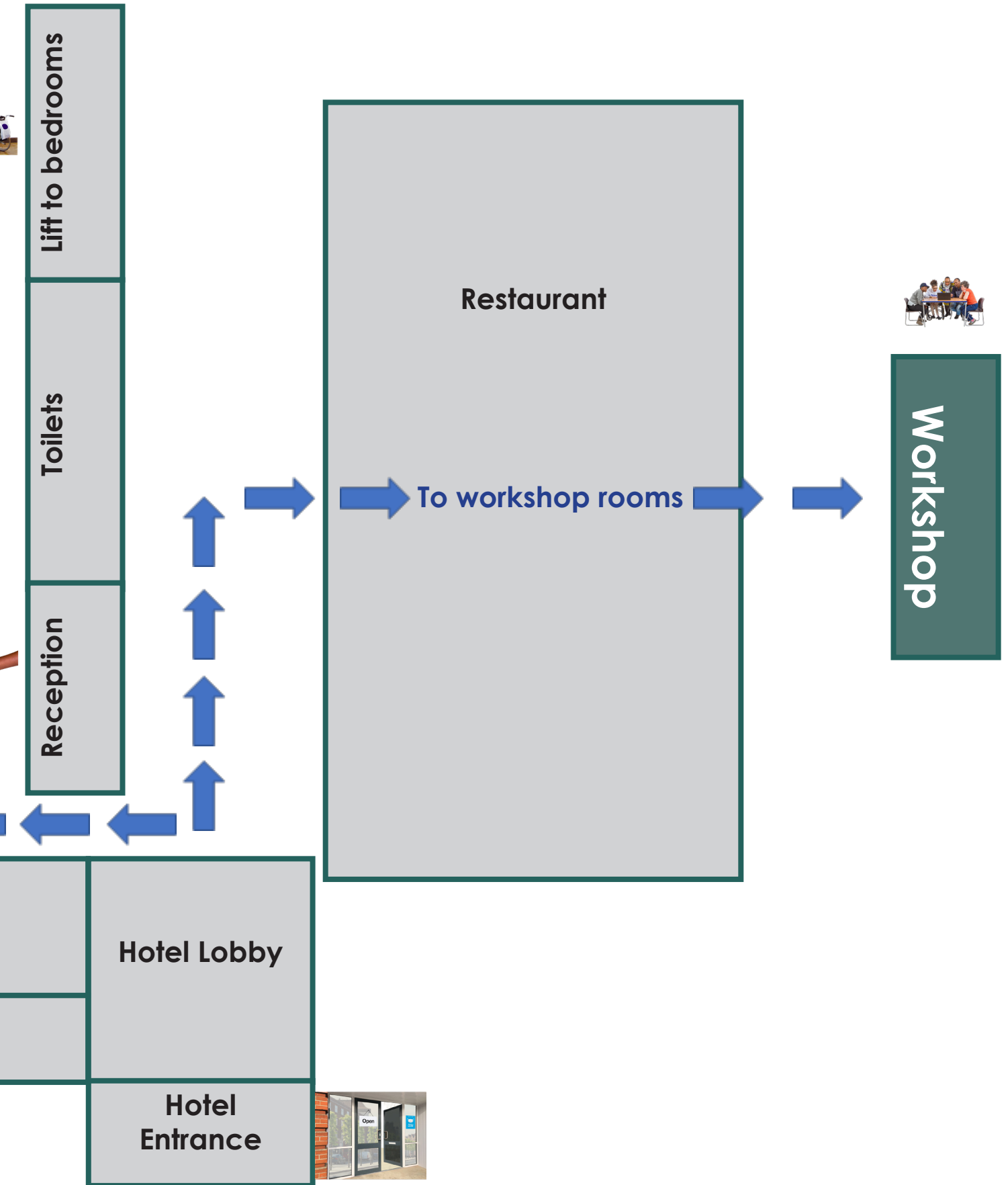
Sponsor: **Innovate Trust** is a charity based in Cardiff that enables people with learning disabilities to live an independent, active and valued life within the community. We were the first organisation to provide a supported living service in the UK. Since then we have grown substantially and now employ over 1000 staff and provide a supported living service to 293 people living in 100 schemes in Cardiff, the Vale of Glamorgan and Rhondda Cynon Taf.



#LDAAdFest Marriott



2023 Map Cardiff



Day 2 - Tuesday 20th June

Agenda



Morning stretch
Aneurin Bevan Suite



Sign in & refreshments



Welcome & housekeeping
National Council Chairs



Exhibition Stalls open
Cardiff Suite



"Through Our Eyes"



Through our Eyes Photography
exhibition opens
Aneurin Bevan Suite



Refreshment break



Ask Joe information stall
Cardiff Suite
11.35 - 1pm



Speaker's Tent opens
Cardiff Suite

bild



British Institute of
Learning Disabilities

drive | YOUR LIFE
YOUR WAY



Drive



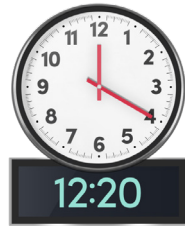
Improvement Cymru


Gogledd Cymru Gyda'n Gilydd
North Wales Together
Gwasanaethau Ddi-dor i bobl ag Anableddau Dysgu
Seamless services for people with Learning Disabilities



North Wales Together
Transformation
Project


Cardiff People First
Disability is not inability!



Cardiff People First


ADSS Cymru
Yn arwain Gwasanaethau
Cymdeithasol yng Nghymru
Leading Social Services in Wales



ADSS Advocacy Project



Members' voices open mic
session



Lunch



Ask Joe information stall
Cardiff Suite
2.00pm - 3.00pm



**Speaker's Tent opens
Cardiff Suite**



BWRDD PARTNERIAETH
RHANBARTHOL
CAERDYDD A'R FRO
CARDIFF & VALE
REGIONAL PARTNERSHIP
BOARD



Cardiff & Vale Regional
Partnership Board



**Ombudsmon
Ombudsman**
Cymru • Wales



Public Services Ombudsman
for Wales



Learning Disability Wales
Anabledd Dysgu Cymru



Gig Buddies &
Learning Disability Wales



Mirus Wales



Members' voices open mic session



Refreshment break



Evaluation & close



Thank you for joining us
We wish you a safe journey home!



Day 2

Exhibitors & speakers

With thanks to....

The logo for Bild, featuring the word "bild" in a bold, blue, lowercase sans-serif font. The letter "i" has a small blue dot above it.

Bild A registered charity for 50 years protecting and supporting the rights of people with learning disabilities. We want a more fair and equal society where everyone has the same rights and opportunities.



Drive Established in 1981 to support people with learning disabilities, autism and mental health issues to live in quality housing in their local communities.



Improvement Cymru The Improvement Cymru Learning Disability team oversee aspects of the Welsh Government transformation programme hosted by Improvement Cymru, the improvement service for NHS Wales.



North Wales Together Seamless Services for People with Learning Disabilities is one of four Transformation Projects in North Wales, which is why we are also known as the Learning Disability Transformation Project.



Conwy Connect Health Check Champions have been running their health promotion project since June 2021, to encourage and empower people with a learning disability to attend their health checks.



Cardiff People First is run by people with a learning disability. All our front line paid staff have a learning disability. We campaign for rights.



ADSS Cymru

Yn arwain Gwasanaethau Cymdeithasol yng Nghymru
Leading Social Services in Wales



ADSS Advocacy Project AWPFLDMAG representatives made the case for all forms of Advocacy to be a priority area in the Learning Disability Strategy. Since then they have commissioned the ADSS (Associated Directors of Social Services) to produce an advocacy framework for Wales. AWPFL are key partners in this work.



BWRDD PARTNERIAETH RHANBARTHOL CAERDYDD A'R FRO
CARDIFF & VALE REGIONAL PARTNERSHIP BOARD

Cardiff & Vale Regional Partnership Board



Ombwdsmon Ombudsman
Cymru · Wales

Public Services Ombudsman for Wales do three things: We investigate complaints about public services; consider complaints about councillors breaching the Code of Conduct; drive systemic improvement of public services and standards of conduct in local government in Wales. We are independent, impartial, fair and open to all who need us. Our service is free to use.



Gig Buddies Cymru helps adults with a learning disability and/or autism to lead active social lives. We do this by pairing up adults with a learning disability with a volunteer Gig Buddy who share the same interests and hobbies.



Welsh Ambulance Service provides services to over 3 million people who live in Wales. We have worked with Learning Disability groups across Wales to develop easy read information leaflets so people with a learning disability have information about our services in a way that they can understand.



Trac (Teaching and Research Advisory Committee) is made up of men and women who have learning disabilities and their supporters.

We meet every month, and we discuss teaching, research and provide advice and consultancy to other individuals or organisations



Mirus Wales support people to think about how they want their life to be; their personal goals and aspirations, ensuring that they have choice and control. We work with each individual to explore and identify opportunities to reach their goals, and extend their independent living skills, interests and experiences.



Barod Community Interest

Company is a cooperative of disabled and non disabled people. We make information accessible using easy read, films and workshops. We have an amazing team of academic researchers. Our teams behind Planet Easy Read and AssistMyLife continue to do new and exciting work.