

# Our Right to Human Rights

#LDADFEST2023

**ADFEST 2023**  
**CARDIFF**  
**MARRIOTT**

**JUNE**  
**19TH & 20TH**

**DELEGATE PACK**



Day 1 Monday 19th June

# Agenda



Sign in/ refreshments



Welcome & housekeeping  
National Council Co-Chairs



Welcome & Introduction  
Joe Powell, Chief Executive



Sanchita Hosali,  
Chief Executive, British Institute  
of Human Rights



Rights Round Robin  
2 sessions of 15 minutes



**Refreshment break**



Rights Round Robin  
2 sessions of 15 minutes



1:00

## Lunch break



2:00

Drum energizer session with David Powell, UpBeat Music & Arts



2:30

Workshops



3:15

## Refreshment break



3:30

Workshops



4:15

Workshop feedback



4:30

Evaluation & close



5:00

Optional Walk and talk  
Meet outside main reception

Day 1

# Workshops



**ADSS Cymru**

Yn arwain Gwasanaethau  
Cymdeithasol yng Nghymru  
Leading Social Services in Wales

## **Right to Assembly**

What is the essence of self-advocacy?

What makes a good self advocacy group? Speaking up and lobbying

Hosted by ADSS and Tracey Drew

**Cardiff Suite**

**Innovate  
Trust**

## **Relationships**

A relationships workshop, which will include adult themes and content.

Hosted by Ffion Poole & Innovate Trust

**Cardiff Suite**



## **Right to fair treatment**

Right to fair treatment and free from harm or torture

Hosted by Improvement Cymru

**Aneurin Bevan Suite**



Rhondda Cynon Taf

**PEOPLE FIRST**

## **Mindfulness**

Panic attack tips and mindfulness

Hosted by Emma Alcock & Cwm Taf

People First

**Afon Taf Suite**

# Day 1- Evening Agenda



5:30

Selfie photo booth open  
5.30pm - 10.30pm



6:30

Dinner & **mirror** Awards



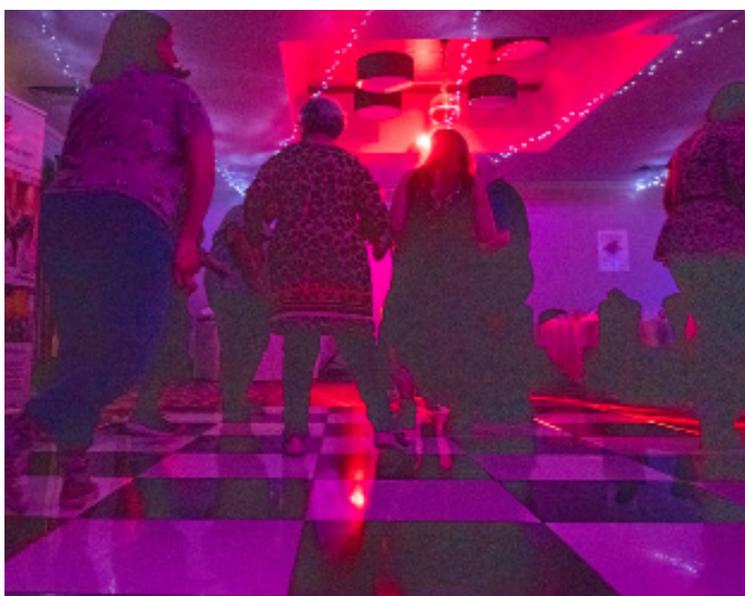
9:00

Gerraint's Disco @ The Marriott



9:15

Trip to the Moon Club with  
Gig Buddies  
Optional trip  
Entrance fee £4.00



# MIRROR Awards

## With thanks to our award sponsors

### 1. **Members** – Linton Gower Memorial Award

Sponsor: **Mencap Cymru** has been campaigning with people with a learning disability and their family carers for over 75 years. We provide a range of support services, run Advice, Advocacy and Information services including the Wales Learning Disability Helpline.



### 2. **Ideas** - In memory of Alan Armstong

Sponsor: **Learning Disability Wales** is a national charity representing the learning disability sector in Wales. We want Wales to be the best country in the world for people with a learning disability to live, learn and work.



Learning Disability Wales  
Anabledd Dysgu Cymru

### 3. **Rights**

Sponsor: **First Choice Housing Association**

provides accommodation solutions for people with disabilities, veterans and additional complex needs across Wales, Shropshire and Telford. Our mission is to improve quality of life through provision of quality, bespoke accommodation that enables tenants to achieve independence, fulfil their potential and optimise enjoyment of life, and allows staff and family to be part of that journey.



Building Independence  
Adeiladu Annibyniaeth

## 4. Reflect

Sponsor: **Drive Wales** is a pioneering organisation, established in 1981 to support people with learning disabilities, autism and mental health issues to live in quality housing in their local communities. We are passionate about supporting people to increase their independence and choices to live the life they want to lead.



## 5. Organisation

Sponsor: **Improvement Cymru**

The Improvement Cymru Learning Disability team oversees aspects of the Welsh Government transformation programme hosted by Improvement Cymru, the improvement service for NHS Wales.

We are group of professionals with learning disability and improvement expertise, working to address inequalities and improve the lives of people with a learning disability in Wales.



## 6. Review

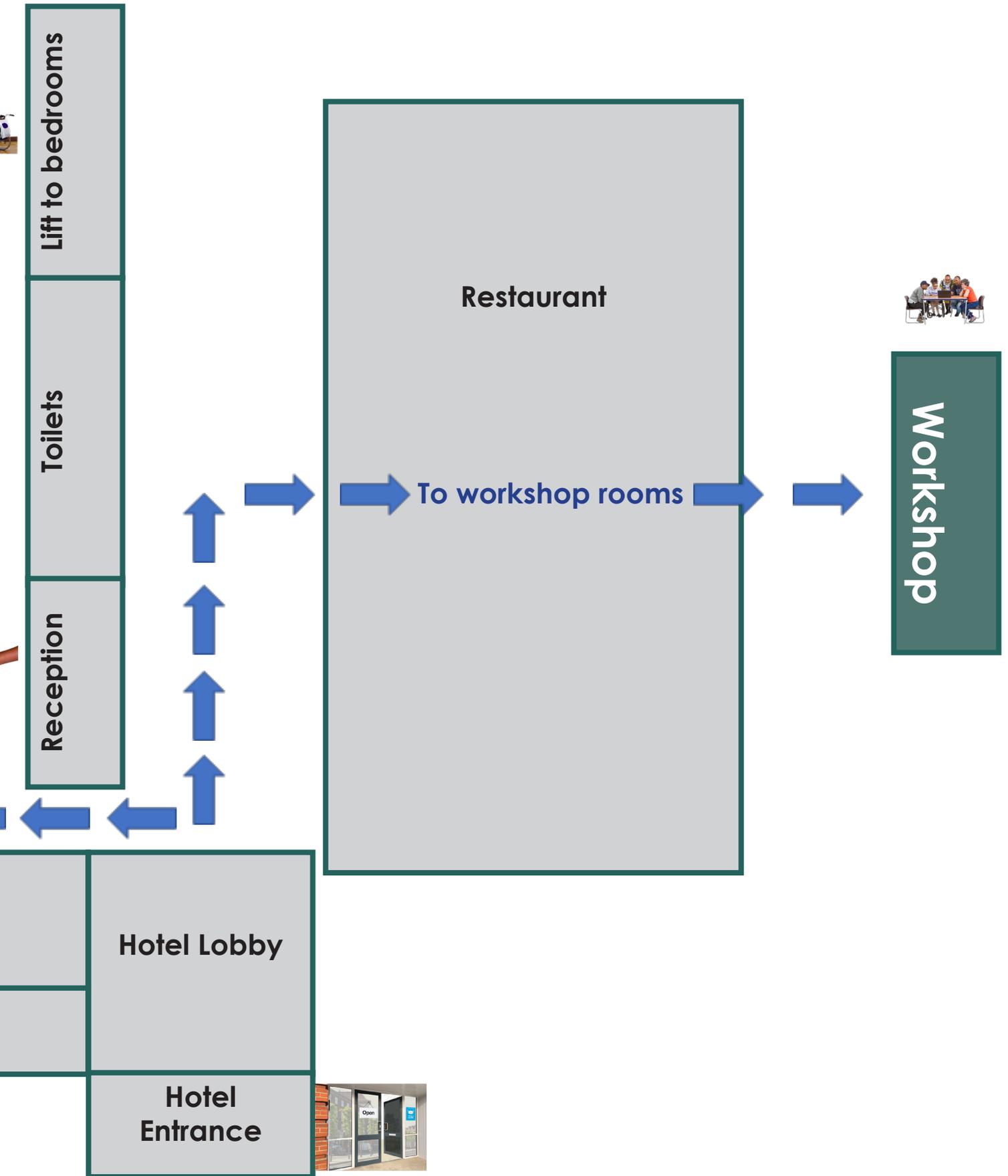
Sponsor: **Innovate Trust** is a charity based in Cardiff that enables people with learning disabilities to live an independent, active and valued life within the community. We were the first organisation to provide a supported living service in the UK. Since then we have grown substantially and now employ over 1000 staff and provide a supported living service to 293 people living in 100 schemes in Cardiff, the Vale of Glamorgan and Rhondda Cynon Taf.



# #LDAdFest Marriott



# 2023 Map Cardiff



Day 2 - Tuesday 20th June

# Agenda



Morning stretch  
Aneurin Bevan Suite



**Sign in & refreshments**



Welcome & housekeeping  
National Council Chairs



Exhibition Stalls open  
Cardiff Suite



"Through Our Eyes"



Through our Eyes Photography  
exhibition opens  
Aneurin Bevan Suite



**Refreshment break**



Ask Joe information stall  
Cardiff Suite  
**11.35 - 1pm**



Speaker's Tent opens  
Cardiff Suite

**bild**



British Institute of  
Learning Disabilities

**drive** | YOUR LIFE  
YOUR WAY



Drive



Improvement Cymru



Gogledd Cymru **Gyda'n Gilydd**  
North Wales **Together**

*Gwasanaethau Ddi-dor i bobl ag Anableddau Dysgu*  
*Seamless services for people with Learning Disabilities*



North Wales Together  
Transformation  
Project



Cardiff People First



**ADSS Cymru**

Yn arwain Gwasanaethau  
Cymdeithasol yng Nghymru

Leading Social Services in Wales



ADSS Advocacy Project



Members' voices open mic  
session



## Lunch



Ask Joe information stall  
Cardiff Suite  
2.00pm - 3.00pm



**Speaker's Tent opens  
Cardiff Suite**



BWRDD PARTNERIAETH  
RHANBARTHOL  
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CARDIFF & VALE  
REGIONAL PARTNERSHIP  
BOARD



Cardiff & Vale Regional  
Partnership Board



**Ombwdsmon  
Ombudsman**  
Cymru • Wales



Public Services Ombudsman  
for Wales



Learning Disability Wales  
Anabledd Dysgu Cymru



Gig Buddies &  
Learning Disability Wales



Mirus Wales



Members' voices open mic session



Refreshment break



Evaluation & close



Thank you for joining us  
We wish you a safe journey home!



## Day 2

# Exhibitors & speakers

With thanks to....

The logo for Bild, featuring the word "bild" in a bold, blue, lowercase sans-serif font. The letter 'i' has a small blue dot above it.

**Bild** A registered charity for 50 years protecting and supporting the rights of people with learning disabilities. We want a more fair and equal society where everyone has the same rights and opportunities.



**Drive** Established in 1981 to support people with learning disabilities, autism and mental health issues to live in quality housing in their local communities.



**Improvement Cymru** The Improvement Cymru Learning Disability team oversee aspects of the Welsh Government transformation programme hosted by Improvement Cymru, the improvement service for NHS Wales.



**North Wales Together** Seamless Services for People with Learning Disabilities is one of four Transformation Projects in North Wales, which is why we are also known as the Learning Disability Transformation Project.



**Conwy Connect Health Check Champions** have been running their health promotion project since June 2021, to encourage and empower people with a learning disability to attend their health checks.



**Cardiff People First** is run by people with a learning disability. All our front line paid staff have a learning disability. We campaign for rights.



### ADSS Cymru

Yn arwain Gwasanaethau  
Cymdeithasol yng Nghymru  
Leading Social Services in Wales



**ADSS Advocacy Project** AWPFLDMAG representatives made the case for all forms of Advocacy to be a priority area in the Learning Disability Strategy. Since then they have commissioned the ADSS (Associated Directors of Social Services) to produce an advocacy framework for Wales. AWPFL are key partners in this work.



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REGIONAL PARTNERSHIP  
BOARD

## Cardiff & Vale Regional Partnership Board



Ombwdsmon  
Ombudsman  
Cymru · Wales

**Public Services Ombudsman for Wales** do three things: We investigate complaints about public services; consider complaints about councillors breaching the Code of Conduct; drive systemic improvement of public services and standards of conduct in local government in Wales. We are independent, impartial, fair and open to all who need us. Our service is free to use.



**Gig Buddies Cymru** helps adults with a learning disability and/or autism to lead active social lives. We do this by pairing up adults with a learning disability with a volunteer Gig Buddy who share the same interests and hobbies.



**Welsh Ambulance Service** provides services to over 3 million people who live in Wales. We have worked with Learning Disability groups across Wales to develop easy read information leaflets so people with a learning disability have information about our services in a way that they can understand.



**Trac** (Teaching and Research Advisory Committee) is made up of men and women who have learning disabilities and their supporters.

We meet every month, and we discuss teaching, research and provide advice and consultancy to other individuals or organisations



**Mirus Wales** support people to think about how they want their life to be; their personal goals and aspirations, ensuring that they have choice and control. We work with each individual to explore and identify opportunities to reach their goals, and extend their independent living skills, interests and experiences.



## **Barod Community Interest**

**Company** is a cooperative of disabled and non disabled people. We make information accessible using easy read, films and workshops. We have an amazing team of academic researchers. Our teams behind Planet Easy Read and AssistMyLife continue to do new and exciting work.