

Llais Cenedlaethol
Pobl ag Anableddau Dysgu yng Nghymru



The National Voice of People
with Learning Disabilities in Wales

Self Advocacy Directory

All Wales People First

PO Box 1988

Newport

Gwent

NP19 1DT

<https://linktr.ee/allwalespeople1st>

<https://allwalespeople1st.co.uk/>

All Wales People First is the united voice of self-advocacy groups and all people with learning disabilities in Wales. It shares knowledge and information to achieve equal rights and a positive image.

Group Name Advance Brighter Futures

Group Address 3 Belmont Road
Wrexham
LL13 7PW

Contact email info@abfwxm.co.uk

Website [https://
www.advancebrighterfutures
wrexham.co.uk/](https://www.advancebrighterfutureswrexham.co.uk/)


Tel Number 01978 364777

Logo



Areas covered Wrexham and Flintshire

Groups and Activities

Group name	Roaring Mon Self Advocacy (Anglesey)
Group address	NWAAA, 14a Llys Onnen, Parc Menai, Bangor, LL57 4DF
Contact email	roaringmonselfadvocacy@gmail.com
Website	https://www.facebook.com/roaringmonselfadvocacy
Tel number	
Logo	
Area covered	Anglesey

Group name Blaenau Gwent

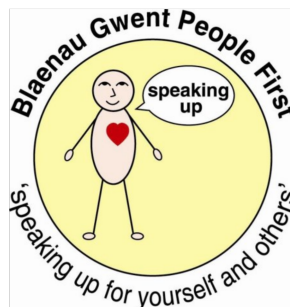
Group address Maerdy Community Centre
Park Place
Maerdy
CF43 4DD

Contact email enquiries@rctpeoplefirst.org.uk

Website <https://rctpeoplefirst.org/>

Tel number 01443075954

Logo




Area covered Whole of Blaenau Gwent. Meetings are held in various areas of Blaenau Gwent on Monday afternoons.

Blaenau Gwent People First is part of Cwm Taf People First.

Groups & Activities Facebook page here:
<https://www.facebook.com/RCTPeopleFirst>

Funded by Blaenau Gwent County Borough Council

Group name	Bridgend (People First Bridgend)
Group address	People First Bridgend Office 32, Apollo Business Village Heol Persondy Aberkenfig Bridgend CF32 9RF
Contact email	info@peoplefirstbridgend.co.uk
Website	https://www.peoplefirstbridgend.co.uk/
Tel number	01656 668377
Logo	
Area covered	Bridgend County Borough
Groups & Activities	Self-advocacy group meetings Independent Professional Advocacy Disability Awareness Training Easy Read Facebook page: https://www.facebook.com/peoplefirstbridgend
Funded by	Bridgend County Borough Council

Group name	Caerphilly People First
Group address	Bargoed YMCA Aeron Place Gilfach Bargoed CF81 8JA
Contact email	enquiries@caerphillypeoplefirst.org
Website	http://www.caerphillypeoplefirst.org.uk/
Tel number	01443 834444
Logo	
Area covered	Caerphilly County Borough Council
Groups & Activities	<ul style="list-style-type: none"> • Meets monthly • Learning Disability awareness training, • Safeguarding training <p>Facebook page:</p> <p>https://www.facebook.com/CaerphillyPeopleFirst</p>
Funded by	Caerphilly County Borough Council

Group name	Cardiff People First
Group address	Canton House 435 Cowbridge Road East Canton Cardiff CF5 1JH
Contact email	info@CardiffPeopleFirst.org.uk
Website	https://linktr.ee/cardiffpeoplefirst
Tel number	029 20231555

Logo



Area covered	Cardiff
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Groups & Activities	Facebook page: https://www.facebook.com/ CardiffPeopleFirst
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Group name Carmarthenshire People First

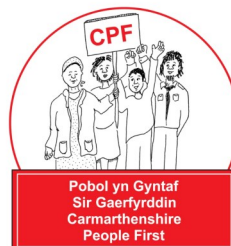
Group address 16 Spilman Street
Carmarthen
Carmarthenshire
SA31 1JY

Contact email info@carmarthenshirepeoplefirst.co.uk

Website [http://
www.carmarthenshirepeoplefirst.co.uk/](http://www.carmarthenshirepeoplefirst.co.uk/)

Tel number 01267 234635


Logo



Area covered Carmarthenshire

Groups & Activities Self Advocacy activities: see update on FB page <https://www.facebook.com/carmspeoplefirst>

Training and preventative service: ring the number above

Group name	Ceredigion (Our Voice our Choice)
Group address	PO Box 281 Aberystwyth SY23 9BY
Contact email	ourvoiceourchoiceceredigion@gmail.com
Website	
Tel number	07930 164701
Logo	
Area covered	Whole of Ceredigion
Groups & Activities	Facebook page gives information: https://www.facebook.com/Ourvoiceourchoiceceredigion
Funded by	Grant funded

Group name	Conwy Connect
Group address	Canolfan Marl Off Broad Street Llandudno Junction LL31 9HE
Contact email	Through 'contact us' page on website
Website	https://www.conwy-connect.org.uk/about
Tel number	01492 536486 . Message and WhatsApp to 07925 966009

Logo



Area covered	County of Conwy
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Activities	See their Facebook Page: https://www.facebook.com/CC4LD
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Group name	Denbighshire Self Advocacy
Group address	Conwy Connect Canolfan Marl Off Broad Street Llandudno Junction LL31 9HE
Contact email	Through 'contact us' page on website
Website	https://www.conwy-connect.org.uk/about
Tel number	01492 536486 . Message and WhatsApp to 07925 966009

Logo



Area covered	Denbighshire.
Groups & Activities	Prestatyn: monthly self advocacy group Denbigh: monthly self advocacy group Ruthin: monthly drop in Rhyl: monthly LGBT drop in

Group Name Flintshire: Advance Brighter Futures

Group Address 3 Belmont Road
Wrexham
LL13 7PW

Contact email info@abfwxm.co.uk

Website [https://
www.advancebrighterfutures
wrexham.co.uk/](https://www.advancebrighterfutureswrexham.co.uk/)

Tel Number 01978 364777

Logo



Areas covered Flintshire and Wrexham

Groups and Activities

Group name Dolfeurig Self Advocacy Group

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number 01248 670852

Logo



Area covered Dolfeurig is part of North Wales Advice and Advocacy Association (NWAAA)

Group name Tea at Three

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number 01248 670852

Logo



Area covered Tea at Three is an online self-advocacy group for anyone with a learning disability in Gwynedd. The group meets via Zoom.

Group name Merthyr People First

Group address Maerdy Community Centre
Park Place
Maerdy CF43 4DD

Contact email enquiries@rctpeoplefirst.org.uk

Website <https://rctpeoplefirst.org/>

Tel number 01443 757954

Logo



Activities Facebook page gives information:
<https://www.facebook.com/RCTPeopleFirst>

Area covered: Merthyr.
Merthyr People First is part of Cwm Taf People First

Group name Menter Fachwen

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number

Logo



Area covered Menter Fachwen is part of North Wales Advice and Advocacy Association (NWAAA)

Group name	Monmouthshire People First
Group address	Bridges Centre Drybridge Park Monmouth
Contact email	andy.ward@bridgescentre.org.uk
Website	
Tel number	07788606268
Logo	



Further information	Ask to join their Facebook Group: https://www.facebook.com/groups/470959071708829
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Group Name Rainbow Gogs Yr Enfys

Group Address

Contact email enquiry@nwaaa.co.uk

Website <http://www.nwaaa.wales>

Telephone Number

Logo



Proud to be

North Wales Learning Disabled &
LGBT+
Self-advocacy Group

Further information For everybody who lives in North Wales is LGBT+, has a learning disability or a learning disability and autism. Currently meets on Zoom once a month.

Group name Neath & Port Talbot
Your Voice Advocacy

Group address Your Voice Advocacy
Forge Fach Community Centre
Hebron Road
Clydach
Swansea SA6 5EJ

Contact email billwilliams@yourvoiceadvocacy.org.uk
Website <https://www.yourvoiceadvocacy.org.uk/>
Tel number

Logo



Area covered Neath & Port Talbot

Groups & Activities Facebook page gives more information
<https://www.facebook.com/yourvoiceadvocacy>

Group name Newport People First

Group address 137 Commercial St
Newport
(above Kaspas)

Contact email info@newportpeoplefirst.org.uk

Website <https://www.facebook.com/newportpeoplefirst.org.uk/>


Tel number 07796429829

Logo



Activities Facebook page gives information:

<https://www.facebook.com/newportpeoplefirst.org.uk>

Group name	Pembrokeshire People First
Group address	Portcullis House Old Hakin Road Merlins Bridge Haverfordwest Pembrokeshire SA61 1XE
Contact email	info@pembrokeshirepeople1st.org.uk
Website	http:// www.pembrokeshirepeople1st.org.uk/
Tel number	01437 769135
Logo	
Area covered	Pembrokeshire - but deliver IPA services in Ceredigion
Groups & Activities	<p>There is a specific website for PPF's activities here:</p> <p>https://www.ppfsessions.org.uk/home</p> <p>https://twitter.com/pembspeople1st</p> <p>Pembrokeshire People First (@pembspeople1st) • Instagram photos and videos</p>
Funded by	Grant funding; earned income, small amount of service level agreement; project funding

Group name Prestatyn Self Advocacy

Group address Conwy Connect
Canolfan Marl
Off Broad St
Llandudno Junction

Contact email <https://www.cc4ld.org.uk/contact-us>

Website <https://www.cc4ld.org.uk/>

Tel number **Phone**
01492 536486

Message or What's App
07925 966009

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Area covered

Groups & Activities Self advocacy group meets on the last
Thursday of the month between 6-8 pm at
the Leisure centre Prestatyn [not NOVA]

Group name	Cwm Taf People First
Group address	Maerdy Community Centre Park Place Maerdy CF43 4DD
Contact email	enquiries@rctpeoplefirst.org.uk
Website	https://rctpeoplefirst.org/
Tel number	01443 757954

Logo



Area covered	Rhondda Cynon Taff
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Groups & Activities	Monthly groups in: Llwynypia Treforest Cynon Valley Regional Group (Cwm Taff) meets every three months See their Facebook page: https://www.facebook.com/RCTPeopleFirst
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Funded by	Rhondda Cynon Taff Council
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Group name	Torfaen People First
Group address	Maerdy Community Centre Park Place Maerdy CF43 4DD
Contact email	enquiries@rctpeoplefirst.org.uk
Website	https://rctpeoplefirst.org/
Tel number	014430757954

Logo



Area covered	Torfaen People First is managed by Cwm Taf People First
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Groups & Activities	See their Facebook page: https://www.facebook.com/ groups/1344074942977007
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Funded by

Group name Vale People Matter

Group address

Contact email Zoe.Mouti@innovate-trust.org.uk

Website

Tel number

Logo



Further info Vale People Matter can be contacted via their Facebook page

[https://www.facebook.com/
groups/532396139955539/](https://www.facebook.com/groups/532396139955539/)

Group Name West Glamorgan People First

Group Address Your Voice Advocacy
Mond Suite, Forge Fach
Centre, Hebron Road
Clydach, Swansea

Contact email SA6 5EJ
billmitch-
ell@yourvoiceadvocacy.org.uk

Website [https://
www.yourvoiceadvocacy.org.
uk/](https://www.yourvoiceadvocacy.org.uk/)

Tel Number

Logo



Areas covered Swansea, Neath and Port Talbot

Groups and Activities Facebook page:
[https://www.facebook.com/
yourvoiceadvocacy](https://www.facebook.com/yourvoiceadvocacy)

Group Name Wrexham: Advance Brighter Futures

Group Address 3 Belmont Road
Wrexham
LL13 7PW

Contact email info@abfwxm.co.uk

Website [https://
www.advancebrighterfutures
wrexham.co.uk/](https://www.advancebrighterfutureswrexham.co.uk/)

Tel Number 01978 364777

Logo



Areas covered Wrexham and Flintshire

Groups and Activities