

Llais Cenedlaethol
Pobl ag Anableddau Dysgu yng Nghymru



The National Voice of People
with Learning Disabilities in Wales

Self Advocacy Directory

All Wales People First

PO Box 1988

Newport

Gwent

NP19 1DT

<https://linktr.ee/allwalespeople1st>

<https://allwalespeople1st.co.uk/>

All Wales People First is the united voice of self-advocacy groups and all people with learning disabilities in Wales. It shares knowledge and information to achieve equal rights and a positive image.


Group Name	Advance Brighter Futures
Group Address	3 Belmont Road Wrexham LL13 7PW
Contact email	info@abfwxm.co.uk
Website	https:// www.advancebrighterfutures wrexham.co.uk/
Tel Number	01978 364777

Logo



Areas covered	Wrexham and Flintshire
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Groups and Activities

Group name	Roaring Mon Self Advocacy (Anglesey)
Group address	NWAAA, 14a Llys Onnen, Parc Menai, Bangor, LL57 4DF
Contact email	roaringmon@aol.com
Website	https://www.facebook.com/roaringmonselfadvocacy
Tel number	
Logo	
Area covered	Anglesey



Group name Blaenau Gwent

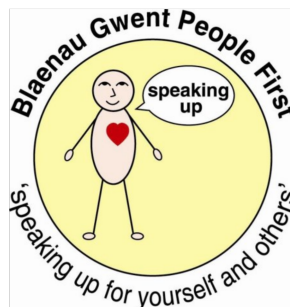
Group address Tre-Rhondda Chapel
The Strand
Ferndale
RCT
CF43 4LY

Contact email jenny@rctpeoplefirst.org.uk

Website <https://rctpeoplefirst.org/>

Tel number 07539763877

Logo



Area covered Whole of Blaenau Gwent. Meetings are held in various areas of Blaenau Gwent on Monday afternoons.

Blaenau Gwent People First is part of Cwm Taf People First.

Groups & Activities Facebook page here:
<https://www.facebook.com/RCTPeopleFirst>

Funded by Blaenau Gwent County Borough Council

Group name	Bridgend (People First Bridgend)
Group address	People First Bridgend Office 32, Apollo Business Village Heol Persondy Aberkenfig Bridgend CF32 9RF
Contact email	info@peoplefirstbridgend.co.uk
Website	https://www.peoplefirstbridgend.co.uk/
Tel number	01656 668377
Logo	
Area covered	Bridgend County Borough
Groups & Activities	Self-advocacy group meetings Independent Professional Advocacy Disability Awareness Training Easy Read Facebook page: https://www.facebook.com/peoplefirstbridgend
Funded by	Bridgend County Borough Council

Group name	Caerphilly People First
Group address	Bargoed YMCA Aeron Place Gilfach Bargoed CF81 8JA
Contact email	enquiries@caerphillypeoplefirst.org
Website	http://www.caerphillypeoplefirst.org.uk/
Tel number	01443 834444
Logo	 The logo for Caerphilly People First is a circular emblem. It features a stylized figure in a dark suit and white shirt, pointing towards the right. The figure is positioned behind a large, red, stylized 'PF' monogram. The words 'CAERPHILLY PEOPLE FIRST' are written in a circular path around the central graphic.
Area covered	Caerphilly County Borough Council
Groups & Activities	<ul style="list-style-type: none"> • Meets monthly • Learning Disability awareness training, • Safeguarding training <p>Facebook page:</p> <p>https://www.facebook.com/CaerphillyPeopleFirst</p>
Funded by	Caerphilly County Borough Council

Group name Cardiff People First

Group address Canton House
435 Cowbridge Road East
Canton
Cardiff
CF5 1JH

Contact email info@CardiffPeopleFirst.org.uk

Website <https://linktr.ee/cardiffpeoplefirst>

Tel number 029 20231555


Logo



Area covered Cardiff

Groups & Activities Facebook page:
[https://www.facebook.com/
CardiffPeopleFirst](https://www.facebook.com/CardiffPeopleFirst)

Group name	Carmarthenshire People First
Group address	16 Spilman Street Carmarthen Carmarthenshire SA31 1JY
Contact email	info@carmarthenshirepeoplefirst.co.uk
Website	http:// www.carmarthenshirepeoplefirst.co.uk/
Tel number	01267 234635
Logo	 <div> <p>Carmarthenshire People First</p> <p>01267 234635 info@carmarthenshirepeoplefirst.co.uk www.carmarthenshirepeoplefirst.co.uk</p> </div>
Area covered	Carmarthenshire
Groups & Activities	Facebook page gives information: https://www.facebook.com/ carmspeoplefirst

Group name	Ceredigion (Our Voice our Choice)
Group address	PO Box 281 Aberystwyth SY23 9BY
Contact email	ourvoiceourchoiceceredigion@gmail.com
Website	
Tel number	07930 164701
Logo	
Area covered	Whole of Ceredigion
Groups & Activities	Facebook page gives information: https://www.facebook.com/Ourvoiceourchoiceceredigion
Funded by	Grant funded

Group name	Clwyd Peacocks
Group address	c/o NWAAA 14a Lys Onnen, Parc Menai Bangor LL57 4DF
Contact email	Adrian.jones@nwaaa.co.uk
Website	
Tel number	01248 670852
Logo	The group are working on a logo

Area covered	South Denbighshire
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Groups & Activities

Funded by

Group name Conwy Connect

Group address Canolfan Marl
Off Broad Street
Llandudno Junction
LL31 9HE

Contact email Through 'contact us' page on website

Website [https://www.conwy-connect.org.uk/
about](https://www.conwy-connect.org.uk/about)

Tel number 01492 536486 . Message and WhatsApp to
07925 966009

Logo



Area covered County of Conwy

Activities See their Facebook Page:
<https://www.facebook.com/CC4LD>

Group name Denbighshire Self Advocacy

Group address

Contact email enquiry@nwaaa.co.uk

Website www.nwaaa.wales

Tel number 01248 670852

Logo



Area covered Denbighshire.

Groups & Activities Prestatyn: monthly self advocacy group
Denbigh: monthly self advocacy group
Ruthin: monthly drop in
Rhyl: monthly LGBT drop in
Denbighshire is part of North Wales Advice & Advocacy Association (NWAAA).

Group name Denbighshire (South)

Group address

Contact email enquiry@nwaaa.co.uk

Website www.nwaaa.wales

Tel number 01248 670852

Logo

Area covered South Denbighshire

Groups & Activities

Group Name Flintshire: Advance Brighter Futures

Group Address 3 Belmont Road
Wrexham
LL13 7PW

Contact email info@abfwxm.co.uk

Website [https://
www.advancebrighterfutures
wrexham.co.uk/](https://www.advancebrighterfutureswrexham.co.uk/)

Tel Number 01978 364777

Logo



Areas covered Flintshire and Wrexham

Groups and Activities

Group name Dolfeurig Self Advocacy Group

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number 01248 670852

Logo



Area covered Dolfeurig is part of North Wales Advice and Advocacy Association (NWAAA)

Group name Tea at Three

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number 01248 670852

Logo



Area covered Tea at Three is an online self-advocacy group for anyone with a learning disability in Gwynedd. The group meets via Zoom.

Group name	Merthyr People First
Group address	Tre-Rhondda Chapel The Strand Ferndale RCT
Contact email	enquiries@rctpeoplefirst.org.uk
Website	https://rctpeoplefirst.org/
Tel number	01443 757954
Logo	



Activities	Facebook page gives information: https://www.facebook.com/RCTPeopleFirst
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Area covered:	Merthyr. Merthyr People First is part of Cwm Taf People First
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Group name Menter Fachwen

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number

Logo



Area covered Menter Fachwen is part of North Wales Advice and Advocacy Association (NWAAA)

Group name Mold for Flintshire Self Advocacy Group

Group address

Contact email enquiry@nwaaa.co.uk

Website <http://www.nwaaa.wales>

Tel number 01248 670852

Logo



Group name	Monmouthshire People First
Group address	Bridges Centre Drybridge Park Monmouth
Contact email	andy.ward@bridgescentre.org.uk
Website	
Tel number	07788606268
Logo	



Further information	Ask to join their Facebook Group: https://www.facebook.com/groups/470959071708829
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Group Name Rainbow Gogs Yr Enfys

Group Address

Contact email enquiry@nwaaa.co.uk

Website <http://www.nwaaa.wales>

Telephone Number

Logo



Further information For everybody who lives in North Wales is LGBT+, has a learning disability or a learning disability and autism. Currently meets on Zoom once a month.

Group name Neath & Port Talbot
Your Voice Advocacy

Group address Your Voice Advocacy
Forge Fach Community Centre
Hebron Road
Clydach
Swansea SA6 5EJ

Contact email billwilliams@yourvoiceadvocacy.org.uk
Website <https://www.yourvoiceadvocacy.org.uk/>
Tel number

Logo



Area covered Neath & Port Talbot

Groups & Activities Facebook page gives more information
<https://www.facebook.com/yourvoiceadvocacy>

Group name Newport People First

Group address 137 Commercial St
Newport
(above Kaspas)

Contact email info@newportpeoplefirst.org.uk

Website <https://www.facebook.com/newportpeoplefirst.org.uk/>

Tel number 07796429829

Logo



Activities Facebook page gives information:
<https://www.facebook.com/newportpeoplefirst.org.uk>

Group name	Pembrokeshire People First
Group address	Portcullis House Old Hakin Road Merlins Bridge Haverfordwest Pembrokeshire SA61 1XE
Contact email	info@pembrokeshirepeople1st.org.uk
Website	http:// www.pembrokeshirepeople1st.org.uk/
Tel number	01437 769135
Logo	
Area covered	Pembrokeshire - but deliver IPA services in Ceredigion
Groups & Activities	<p>There is a specific website for PPF's activities here:</p> <p>https://www.ppfsessions.org.uk/home</p> <p>https://twitter.com/pembspeople1st</p> <p>Pembrokeshire People First (@pembspeople1st) • Instagram photos and videos</p>
Funded by	Grant funding; earned income, small amount of service level agreement; project funding

Group name Powys People First

Group address Brecon Citizen Advocacy
11 Lion Yard
Brecon
Powys
LD3 7BA

Contact email powyspeoplefirst@hotmail.co.uk

Website <http://www.powyspeoplefirst.org/>

Tel number 01874 622240

Logo



Area covered Powys

Activities See Facebook page:
<https://www.facebook.com/powyspeoplefirst>

Group name Prestatyn Self Advocacy

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/self-advocacy/>

Tel number 01248 670852

Logo



Area covered

Groups & Activities Self advocacy group meets on the last Thursday of the month between 6-8 pm at the Leisure centre Prestatyn [not NOVA]

Group name Rhondda Cynon Taf People First

Group address Tre-Rhondda Chapel
The Strand
Ferndale
RCT
CF43 4LY

Contact email enquiries@rctpeoplefirst.org.uk

Website <https://rctpeoplefirst.org/>

Tel number 01443 757954

Logo



Area covered Rhondda Cynon Taff

Groups & Activities Monthly groups in:
Llwynypia
Treforest
Cynon Valley
Regional Group (Cwm Taff) meets every three months
See their Facebook page:
<https://www.facebook.com/RCTPeopleFirst>

Funded by Rhondda Cynon Taff Council

Group name	Torfaen People First
Group address	Tre-Rhondda Chapel The Strand Ferndale RCT CF43 4LY
Contact email	jenny@rctpeoplefirst.org.uk
Website	https://rctpeoplefirst.org/
Tel number	07539763877
Logo	



Area covered	Torfaen People First is managed by Cwm Taff People First
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Groups & Activities	See their Facebook page: https://www.facebook.com/groups/1344074942977007
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Funded by	
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Group name	Vale People First
Group address	The Bridge Between Community Centre Heol y Llongau Barry CF63 4AR
Contact email	lizdavidson1072@gmail.com
Website	http://www.valepeoplefirst.org.uk/
Tel number	07866 564741
Logo	



Further info	Vale People First also have an Inclusion Officer—Joanne Price—and she can be contacted on: vp1stonline@gmail.com Facebook page: https://www.facebook.com/selfad
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Group Name West Glamorgan People First

Group Address Your Voice Advocacy
Mond Suite, Forge Fach
Centre, Hebron Road
Clydach, Swansea

Contact email SA6 5EJ
billmitch-
ell@yourvoiceadvocacy.org.uk

Website [https://
www.yourvoiceadvocacy.org.
uk/](https://www.yourvoiceadvocacy.org.uk/)

Tel Number

Logo



Areas covered Swansea, Neath and Port Talbot

Groups and Activities Facebook page:
[https://www.facebook.com/
yourvoiceadvocacy](https://www.facebook.com/yourvoiceadvocacy)

Group Name Wrexham: Advance Brighter Futures

Group Address 3 Belmont Road
Wrexham
LL13 7PW

Contact email info@abfwxm.co.uk

Website [https://
www.advancebrighterfutures
wrexham.co.uk/](https://www.advancebrighterfutureswrexham.co.uk/)

Tel Number 01978 364777

Logo



Areas covered Wrexham and Flintshire

Groups and Activities