

MIRROR Leadership Training



Workshop 2 - Rights

The course that switches you onto politics
and creates leaders for the future





Who are you now?

In groups make some statements about yourself

For example:

- I am a tenant
- I have a job
- I volunteer
- I am a self-advocate



Who are you now?

By making statements about yourself you have shown:

- ✓ You are person to be valued
- ✓ You have lots of skills and experience to offer



What are the things you want people in charge to say **YES** to?

1. In groups discuss what we would like the people in charge to say yes to
2. Read out your statements
3. Discuss and debate as a whole group



Laws that are in place to help you

Human Rights Act 1998

- Right to life
- Right to freedom
- Right to be treated with respect



Parts of the Human Rights Act are called Articles

- Article 1. All human beings are born free and equal in dignity and rights.
- Article 2 Right to life
- Article 3 Stopping torture
- Article 4 Stopping slavery and forced labour
- Article 5 Right to freedom and security



Parts of the Human Rights Act are called Articles

- Article 6 Right to a fair trial
- Article 7 No punishment without law
- Article 8 Respect for family and private life
- Article 9 Freedom of thought, religion and belief
- Article 10 Freedom of expression



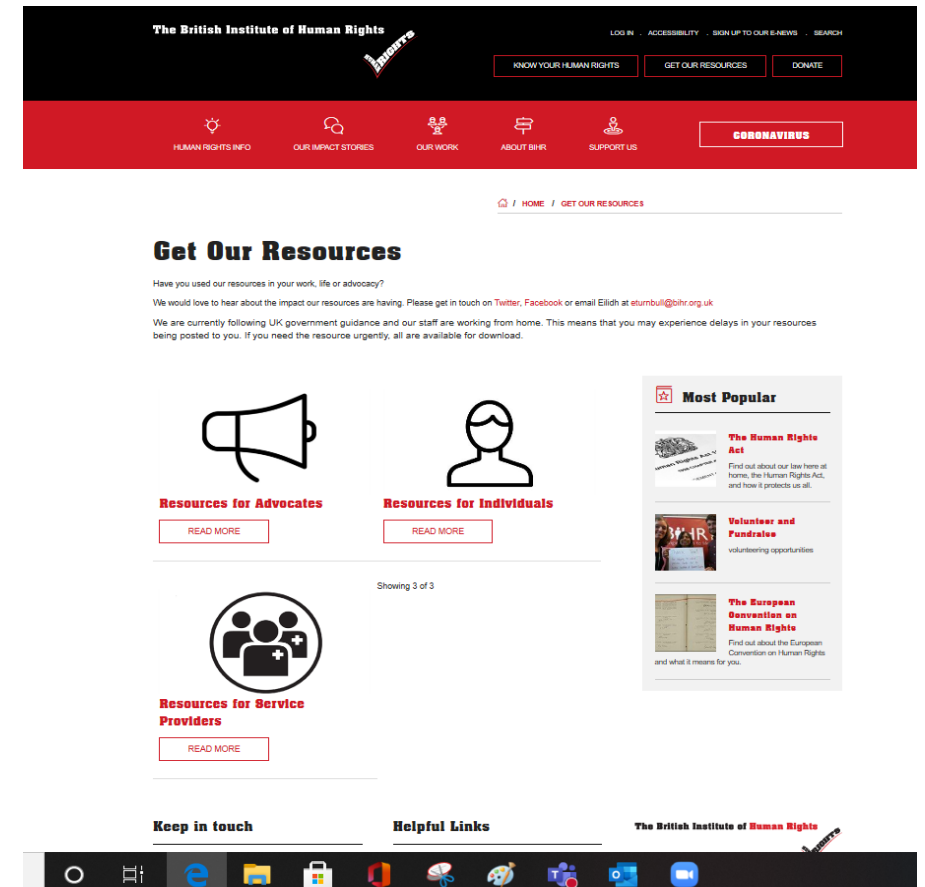
Parts of the Human Rights Act are called Articles

- Article 11 Freedom of assembly and association
- Article 12 Right to marry
- Article 13 Makes sure that if people's rights are violated, they are able to access effective remedy.
- Article 14 Stopping discrimination



British Institute of Human Rights

- The link below takes you to the Resources page on the website of the British Institute of Human Rights
- It has lots of useful information
- <https://www.bihhr.org.uk/Pages/Category/get-our-resources>



Laws that are in place to help you

Equality Act 2010

- Made up from different equality laws
- Made to protect 9 groups of people
- Easier to understand



Laws that are in place to help you

Mental Capacity Act 2005

- This Act is about having the right to make decisions for yourself
- The Act is also about making the right decisions for people who cannot decide for themselves



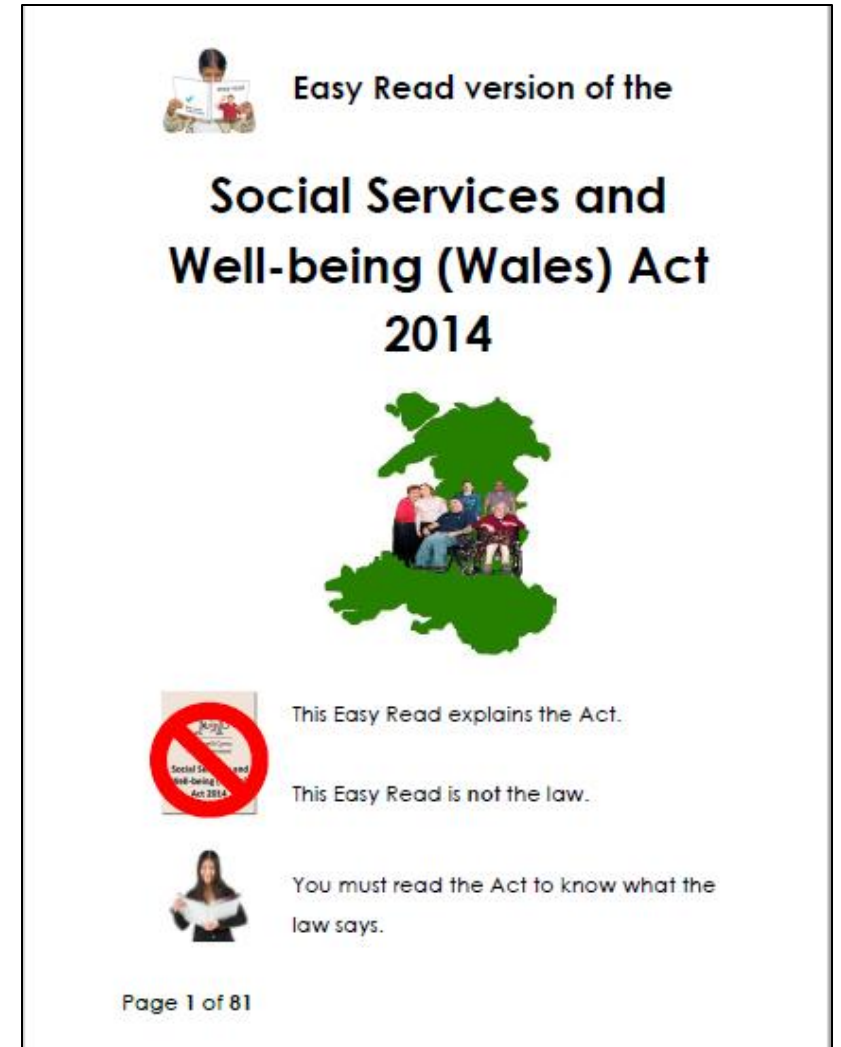
When we have been mistreated

- Group discussion about when you have been mistreated



Social Services and Wellbeing Act (Wales) 2014

- Gives you more of a say in the care and support you receive
- It aims to promote independence by giving you access to the right information, advice and assistance
- Local authorities, health boards and third sector to work together to provide the services people need



Social Services and Wellbeing Act (Wales) 2014

Principles of the Act



Social Services and Wellbeing Act Wales 2014

Voice and control

PRINCIPLE 1. VOICE AND CONTROL



Social Services and Wellbeing Act (Wales) 2014

Prevention and early intervention

PRINCIPLE 2. PREVENTION AND EARLY INTERVENTION

THE ACT IS DESIGNED TO MAKE SURE THAT:

HELP



PEOPLE CAN ASK FOR THE **HELP** THEY NEED WHEN THEY NEED IT TO PREVENT THEIR SITUATION FROM GETTING WORSE.

SUPPORT



CARERS CAN ACCESS **SUPPORT** TO ASSIST THEM IN THEIR CARING ROLES AND MAINTAIN THEIR OWN WELL-BEING.



Social Services and Wellbeing Act (Wales) 2014

Well-being



Social Services and Wellbeing Act (Wales) 2014

Co-production

PRINCIPLE 4. CO-PRODUCTION

PEOPLE WILL BE MORE INVOLVED IN THE DESIGN AND DELIVERY OF THEIR SUPPORT, WORKING WITH THEM AND THEIR FAMILY, FRIENDS AND CARERS.

RECOGNISING
STRENGTHS AND
EXPERTISE

CO-PRODUCING THEIR

WORKING WITH
PEOPLE IN A MORE EQUAL
WAY

SUPPORT

Social Services and Wellbeing Act Wales 2014

Multi agency



My Perfect Life

Design a poster to show your perfect life

You could include:

- Your home
- Your job
- Your relationship
- Your friendships
- Your leisure and recreation activities



Feedback

It would be great to hear from you

Please let us know how useful you found this training and send any other comments to:



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