

All Wales People First



Annual Report 2019-2020



Produced by All Wales People First 2020

Pictures by Natasha Hirst (and other contributors)

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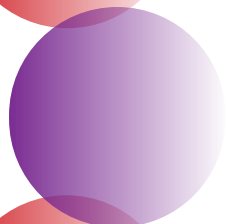
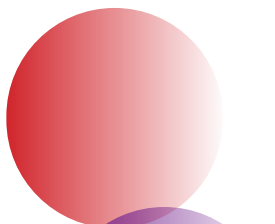
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The Members 33

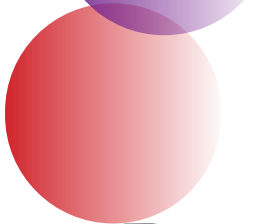
Report from the Chair of the National Council



In my first full year as Chair we have made some changes in preparation for the Regional Councils and the new Welsh Government funded project. We changed from six National Council meetings each year to four and moved the meetings around Wales. This year we have met in Cwmbran, Caernarfon, Swansea and Flint. I have enjoyed moving around the country, building friendships and sharing experiences from our local self advocacy groups.



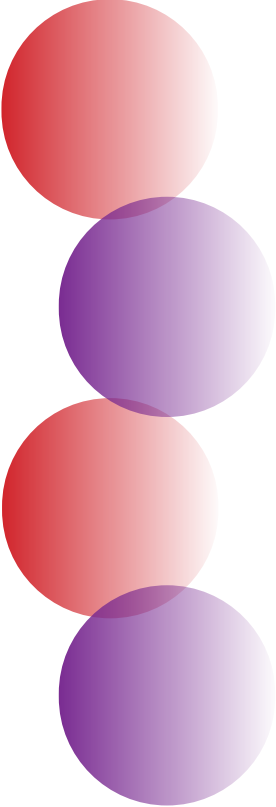
We also started splitting National Council Reps into sub groups to enable Reps to be more hands on with AWPf business. The groups are Campaigning, Position Statements and Members. All the sub-groups are important and will give Reps an opportunity to focus on more specific areas with Reps with similar priorities. I really hope it will help AWPf grow in years to come.



This year we were involved in more of what I like to think of as 'proper campaigning' using more mechanisms to inform government. Reps agreed a question for Kenneth Brennagh MP to ask in the UK Parliament on supporting employment for people with learning disabilities, we gave a petition in to the Senedd petitions committee asking



for accessible consultation when transport routes are changed and supported Cardiff People First's petition asking for a Commissioner for People with learning disabilities. This is in addition to giving information to the Reps on the Learning Disability Ministerial Advisory Group.

A decorative graphic consisting of four overlapping circles arranged vertically. The top circle is red, the second is purple, the third is red, and the bottom is purple. They overlap in a way that creates a central area where all four colors meet.

Transport and getting around has been a big topic again this year, especially with changes to concessionary bus passes and 'Blue Badges' for disabled people. We also completed the Transport Consultation opened by Welsh Government, making it clear that changes to public transport have a greater impact on people with learning disabilities. We are grateful for Reps continuing to gather members' stories about transport, particularly Reps in North Wales, who have continuously campaigned for the local train and bus provider to be more accessible.

I am amazed at how quickly self-advocates adapt and evolve to new situations. This has never been more true than during the Coronavirus crisis. I have been so impressed with how well we adapted and quickly found ways to stay connected and entertained. I hope we can continue to use our new found digital skills to remain connected into the future – together we are stronger!



Simon Richards

Simon Richards - Chair of the AWPf National Council

Chief Executive's Report - Joe Powell



This year was the first year of our new MIRROR Strategy 'Re-animating self-advocacy' This has been a particularly challenging year for local groups in Wales. The lack of clarity about self-advocacy within Independent Professional Advocacy (IPA) contracts has threatened the existence of some groups. We have been working with groups to help with this.

We have been able to put this issue high on the Welsh Government agenda. We have documented the concerns of groups in a report and made recommendations about how to take the issues forward.



In addition to this we have produced a '5 Giant strategy' which outlines our plans to save self-advocacy. This was written in conjunction with our National Council. But the future of self-advocacy still remains under threat. Uncertainty around the impact of Brexit, and the lack of understanding of the importance of self-advocacy by many local authorities, still looms over us.

Despite this, the movement has been strong and worked together. This is the best way forward.

This year has also seen changes to the way we do things as an organisation as part of the new MIRROR Strategy.



National Council meetings have been reduced from 6 to 4. Regional Councils have been introduced across Wales in order that All Wales People First fulfils its pledge to work with local groups and local authorities to safeguard the future of self-advocacy.

This year was also our very first two-day AdFest.

All Wales People First was also successful in securing its grant from the Welsh Government for the 'Hear Me, Include Me, Respect Me' project.

It is the largest single grant the organisation has secured in its history and its entire purpose is to help us fight alongside local groups to make the case for the survival of self-advocacy in Wales.



One of the most impressive achievements of the entire movement came at the end of this reporting period. The way members and local groups have managed the Covid 19 crisis. Despite the enormous challenges, everyone played their part. Some members showed incredible leadership in the way they supported others. Staff in the groups were a major lifeline for many members, preventing them from being isolated and lonely and ensuring they had what they needed.

Without local groups, many of our members would have been in a position of crisis. This just confirms that how amazing our members and the self-advocacy groups are. We will stand proudly with you next year in our fight to protect the voice of people with Learning Disabilities in Wales.

VICTORY FOR SELF-ADVOCACY

All Wales People First Funding

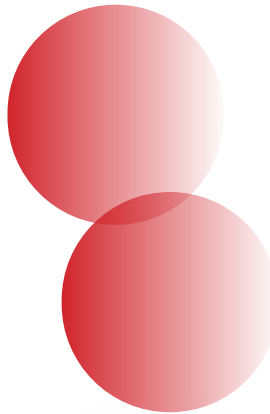


Our three-year Welsh Government funded Sustainable Social Services and Wellbeing Grant 'Reducing Dependency, Promoting Rights' project (2016-2019) was extended into 2019-2020 for a fourth-year rollover. The main aims of the Grant were to help self-advocacy groups across Wales to frame themselves around the Social Services and Well Being Wales Act 2014, as preventative services, and to re-evaluate good practice within self-advocacy.

2019-2020 was the first year of our new MIRROR Strategy Business Plan 'Re-Animating Self-Advocacy' which has helped to change the way All Wales People First works to support self-advocacy groups in the changing climate. This change was made as a response our 2017 anonymous evaluation. The Aims and Outcomes in this strategy are aligned to the MIRROR Principles of self-advocacy.



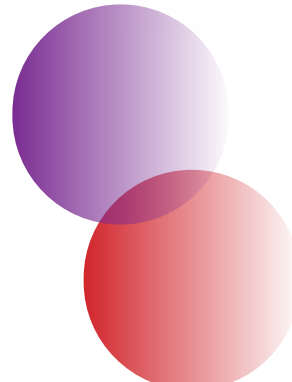
The Welsh government funded us £186,325 for this financial year. During this financial year we applied for the next round of the Welsh Government's Sustainable Social Services and Well-Being Grant with a project called 'Hear Me, Include Me, Respect Me – A community citizenship and well being project'. Our bid was successful. This will begin on the 1st April 2020.



This was the fourth year of our involvement in a Big Lottery/Welsh Government 'Getting Ahead 2' bid of approximately £10,000,000 to provide employment and training opportunities for people with learning disabilities and autism between the ages of 16-25.



Our bid was called 'Engage to Change' and the role of All Wales People First was to evaluate the project with our member networks and Cardiff University. We also employ and support the project Ambassadors.



The project started on 1st June 2016. We have been paid £150,409 for activities up to May 2020 (end of year 4).

We received £45,978 in total for year 4 of the project (June 2019 – May 2020).

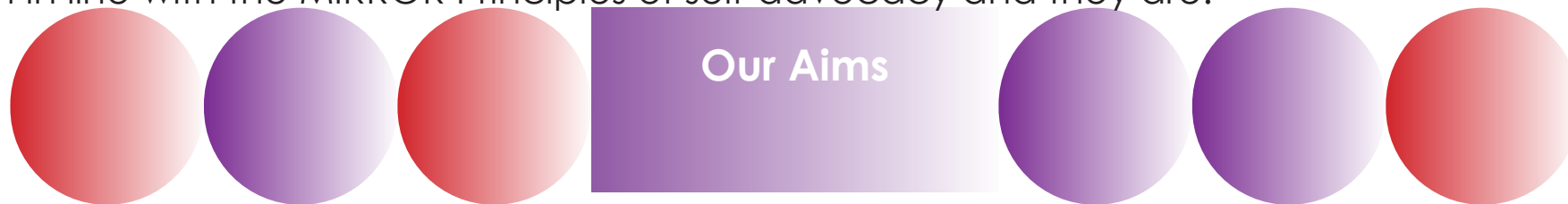


Darparir y prosiect Engage to Change mewn partneriaeth rhwng Anabledd Dysgu Cymru, Agoriad Cyf, Pobl yn Gyntaf Cymru Gyfan, Prifysgol Coerdydd, ELITE, ac mewn cydweithrediad â Project SEARCH.

The Engage to Change project is delivered in partnership between Learning Disability Wales, Agoriad Cyf, All Wales People First, Cardiff University, ELITE, and in collaboration with Project SEARCH.

Our Mission and Aims

Our Mission: All Wales People First is the united voice of self-advocacy groups and all people with learning disabilities in Wales. It shares knowledge and information to achieve equal rights and a positive image. The strategic aims of the current MIRROR Strategy (Business Plan) are written in line with the MIRROR Principles of self-advocacy and they are:



1- Members

- Talkback
- National and Regional Councils
- AdFest
- Membership Services
- Position Statements
- Website
- Sharing Stories
- Member Engagement

2- Ideas

- MIRROR Strategy 2019-2020
- National Council
- AWPB Board of Directors
- AdFest 2019
- AWPB Political Manifesto 2021
- New Projects

3- Rights

- National and Regional Councils
- The Chief Executive
- Learning Disability Ministerial Advisory Group (LDMAG)
- Welsh Government consultations
- Position Statements
- AdFest
- Working Pan Disability

4- Reflect

- The National Council
- The Chief Executive
- AdFest
- Member Stories
- Sustainable Social Services and Wellbeing Grant

5- Organisation

- All Wales People First staff team
- The Finance Strategy
- Marketing and Communication Strategy
- The MIRROR Pack of policies
- Sustainable Social Services and Wellbeing Grant.

6- Review

- Independent Researchers

Talk Back



All Wales People First

Talk Back

The National Voice of People with

Learning Disabilities in Wales



Talk Back is our national newsletter. We upload it on to our website. Kelly Stuart edits and produces Talk Back. Talk Back was sent out in Spring, Summer, Autumn and Winter.

There were articles about...

News from Groups.

The Transport Petition and Learning Disability Commissioner Petition.

Engage to Change Roadshow events.

AdFest 2019.

MIRROR Awards 2019.

Meeting with Uk Learning Disability Groups.

Reducing loneliness and social isolation - Member story.

The National Council

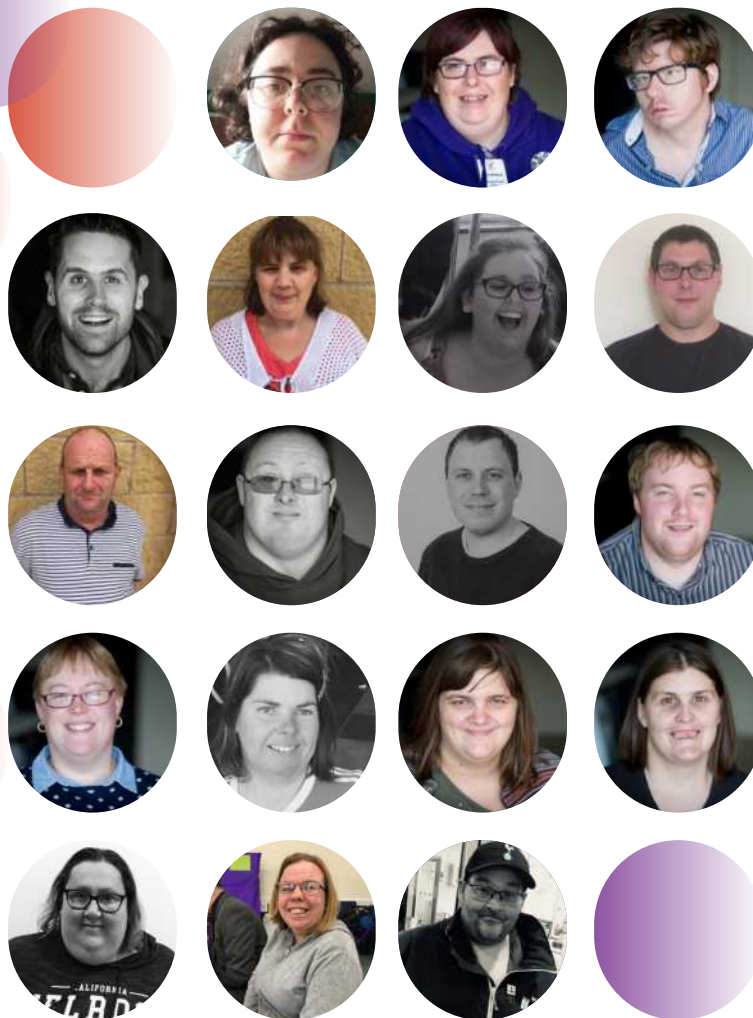
Chair

Simon Richards
Cardiff



Vice-Chair

Linton Gower
Wrexham



Anna Howell - Pembrokeshire
Ann Williams - Swansea
Alex Perry - Newport
Alex Wooler - Blaenau Gwent
Angie Edwards - Carmarthenshire
Ffion Poole - Caerphilly
David Whittle - Powys
Gary Angel - Flintshire
Ian Swannick - Vale of Glamorgan
James Andrew - Gwynedd
James Lewis - Denbighshire
Kate Bass - Monmouthshire
Michelle Williams - Conwy
Samantha Taylor - RCT
Sarah Duke - Torfaen
Samantha Jones - Ceredigion
Tina Larner - Bridgend
William Bennett - Neath Port Talbot



The National Council gives us our vision and through it we get the views of self-advocacy groups across Wales.

The National Council was reduced from six meetings to four this year. This was in anticipation of the outcome of our Social Services and Well Being Wales Grant application for 2020-2023. For the 2020-2023 grant we planned to introduce Regional Councils across Wales to work along side the National Council. The Regional Councils will start from April 2020.

A National Council sub-group was held on the 7th March 2019, to design the AdFest 2019 event. The theme the members chose was Isolation and Loneliness.



Sub-groups have also been introduced to the National Council on:

- Position Statements
- Increasing Membership
- Lobbying and Campaigning

The National Council has a target of 70% attendance per meeting. The average attendance of the National Council over the 2019-2020 reporting period is 73%.

This is some of the work the National Council has done this year:

AWPF Manifesto 2021

Agreed 5 Giants self-advocacy strategy. Identified key priorities. Working groups to discuss key priorities and calls to action.

National Council sub-groups

Reps split in to sub-groups to focus on Position Statements, Members and Campaigning.

2019 General Election

Help to inform and increase the number of people with learning disabilities voting on the 2019 UK General election

LGBTQ+

Theory of change on how people with learning disabilities get support. Wrote LGBTQ+ Position statement

Review of meeting structure

Changed from six National Council meetings each year to four and moved the meetings around Wales

SSWbW Act

Inform the evaluation of the Social Services and Wellbeing (Wales) Act

Annual Conference



All Wales People First @AllWalesPF

Congratulations to David Llewellyn Lewis for winning the MIRROR ideas award for 2019
[@activequote](#) [#AdFest2019](#)



All Wales People First @AllWalesPF

Delegates have been busy on the craft stall designing the First Minister's Christmas card for 2019. Which will be the chosen design? [#AdFest2019](#)



All Wales People First @AllWalesPF

Delighted to welcome [@PrideCymru](#) to the speaker's stage at [#AdFest2019](#). Helen and Adam have a stall today and did an excellent workshop yesterday.



This year we held the first ever two-day AdFest, self-advocacy festival at the Village Hotel in Cardiff. The theme of the festival was Isolation and Loneliness.

The purpose of the festival was to:

Celebrate the important contribution people with learning disabilities make in Wales; raise the profile of people with learning disabilities; provide the largest learning disability consultation event in Wales.

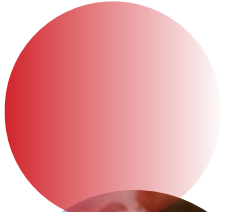
85 people attended on day one and 133 people attended on day two. The Chief Executive engaged with member delegates over both days and asked them about their experiences with relationships, loneliness, isolation and being a part of their local communities.

There were four workshops run by Pride Cymru, Eden Communities Project, National Centre for Mental Health and Able Radio.

Speakers and exhibitors were: 21 degrees consulting, National Centre for Mental Health, Cardiff University, Gig Buddies, Pride Cymru, Public Health Wales, Police & Crime Commissioner, Stay Up Late, Tai Pawb, Welsh Ambulance Service, Welsh Government, Cardiff 3rd Sector Council, Learning Disabilities Wales, Engage to Change, Gig Buddies, Mencap, Mirus, My Mates, Monmouthshire County Council, TRAC, Cwm Taff People First, Welsh Water.

We produced a conference report which is in the resources section of our website.





Workshop: Pride Cymru

The workshop aligned to the conference theme of loneliness and social isolation. Facilitators helped delegates to think about being visible in society and being proud of who we are.



Workshop: Eden Communities Project

The workshop helped delegates to understand more about making community connections and being visible in society. All of which help to reduce loneliness and social isolation.



Workshop: National Centre for Mental Health

The workshop was focussed on a project which is being run by the National Centre for Mental Health. Delegates with learning disabilities looked at and talked about the benefits of community participation and how it contributes to wellbeing.

Sharing examples of living, working and participating in the community also showed delegates how participation is much wider than wellbeing. It is about having an economic value to society too.



Workshop: Able Radio

Delegates talked about the opportunities and threats around using social media and put together some radio broadcasts of their own.

Website and Social Media



We have continued to add content to the website, including regular news updates, Joe's Soapbox news articles, and members' stories. We have also reviewed some of the Mirror policies in the resources section.

We have been using Facebook and Twitter a lot this year.
We have 1010 followers on Facebook - That is 46 more followers this year.

We have 2168 followers on Twitter.
That is 165 more followers than last year.



All Wales People First @ AllWalesPF

"Lots of people don't seem to understand the difference between Advocacy and Self advocacy. Self advocacy is under threat" - Self advocacy has lost funding in Wales since Independent Professional Advocacy contracts were introduced.
Joe Powell - Joe Powell [@LdWales](#) [#righthereldw](#)



Staff Team



Joe Powell-
Chief Executive



Victoria Sidwell-Brown-
Business and Finance
Manager



Kelly Stuart-
Policy &
Communications
Manager



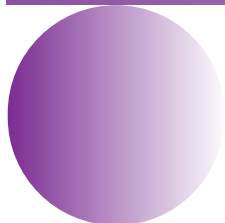
Tracey Drew
Member Engagement
Adviser



Gerraint Jones-Griffiths
Engage to Change
Project Ambassador

During December 2019, we started a recruitment process for three new team members to start during the next financial year. The new roles starting during the next reporting period are: MIRROR Co-Ordinator, Support Worker, Business and Communication Administration Assistant.

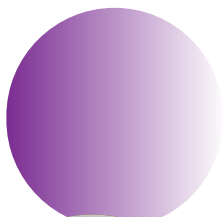
Learning Disability Advisory Group



This year All Wales People First has been able to extend the number of members it has on the Learning Disability Advisory Group. All Wales People First appointed a new North Wales representative, Michelle Williams, and appointed a new representative for South Wales, Lynne Evans. Members from the South Wales and Powys regions were invited to tender to be the representative. This means that including the Co-Chair Sophie Hinskman and the Chief Executive, Joe Powell, All Wales People First now has four representatives on LDMAG.



All Wales People First have been able to feed in members voices to the relevant themes discussed at LDMAG regarding the Improving Lives Strategy, aimed to meet the gaps for people with Learning Disabilities within the Social Services and Well Being (Wales) Act.



We have also worked with Welsh Government to change the format of LDMAG so that it is more accessible for people with learning disabilities in the future. The changes will take place during the next calendar year.



Welsh Government Consultations



All Wales People First, in conjunction with members, have responded to the following Welsh Government consultations during this period:

Measuring Social Services Code of Practice.
Children and Young People continuing care.
Continuing NHS Healthcare consultation.
Reducing restrictive practice framework.

Members' Stories



Members shared their experiences of living in Covid 19 Pandemic and lockdown conditions.

Thanks to members and self-advocacy groups for sharing their experiences. This played a crucial role in informing and influencing Welsh Government policy about Covid 19

Marketing and communications strategy



Before the Covid 19 lockdown, we managed to get out and about a lot to visit-groups and attend events. It was lovely to catch up with you all and to meet so many new faces. Lots of people signed up for membership, and our full member figure has increased during this period.

We have met with and emailed some people who work in the media. We will work on developing these relationships during the next period.

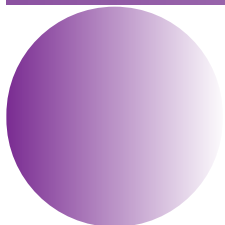
Hate crime survey



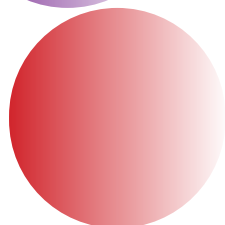
Members were asked by Jane Hutt - Deputy Minister and Chief Whip, to co-design a survey about hate crime. Groups were then asked to use the survey to gather evidence for a hate crime report.

12 of 22 self advocacy groups have finished their work, but the Covid 19 Pandemic has led to a delay with some of the findings.

Engage to Change



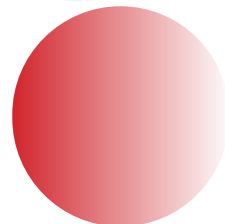
In 2016, All Wales People First were part of a successful ten million pound bid to provide employment opportunities for 16-25 year olds with a learning disability or autism.



The project is funded by the Welsh Government's 'Getting Ahead 2' scheme, and is administered on the Welsh Government's behalf by The Big Lottery. The Engage to Change project partners are - Learning Disability Wales, Elite Supported Employment Agency, Agored Cyf, Cardiff University, Project Search.



All Wales People First's role is to evaluate the project. Our evaluation panel have met 3 times this year to look at the work being done through the project and to give feedback.



Gerraint Jones-Griffiths has continued in his role as the Lead Project Ambassador this year, and we welcomed Project Ambassadors Elsa Jones, Jordan Quaite, Jonathan Tranter, and Michael.



The Rights Champion



The Chief Executive, Joe Powell has a lived experience of learning disability care homes. His full time role for the organisation has continued during this reporting period.

Joe has represented the organisation in more than twenty forums, including: Welsh Government Accessible Transport Panel; Welsh Government ASD Implementation Advisory Group; Welsh Government Cross Party Group on Disability; Learning Disability Ministerial Advisory Group (LDMAG); PIP Wales forum with the DWP; LGBT Action Group; National Steering Group - Better Physical Health Outcomes people with learning disabilities; Human Rights Stakeholder Group; LGBT Action Group.



Throughout the year, Joe has put one day per month aside for members to chat to him on the telephone. He has also made himself available for members to talk to during every working day of the Covid 19 lockdown.

Prior to the Covid 19 lockdown, Joe visited eight groups across Wales.

Joe has spoken at more than 23 key events to promote members voices, including virtual events held during the Covid 19 lockdown.



Reducing social isolation and loneliness

In addition to engaging with members about their experiences of loneliness and social isolation, Joe took part in a film about his experiences with friendships and relationships as part of Mencap Cymru's 'Our Social Networks' project.



Better physical outcomes for people with learning disabilities

Joe attended meetings of the National Steering Group for better physical outcomes for people with learning disabilities.



Why self advocacy?

Joe continued to give the 'Why self-advocacy' presentation at several events throughout the year. Joe's attendance at these events has led to engagement with new stakeholders, and increased the number of All Wales People First full members with learning disabilities.

Access to self advocacy for all

The Chief Executive met with potential partners to discuss a research project about how we can increase access to self-advocacy for people with learning disabilities who are traditionally excluded from opportunities for self-advocacy.

Welsh Advocacy Conference

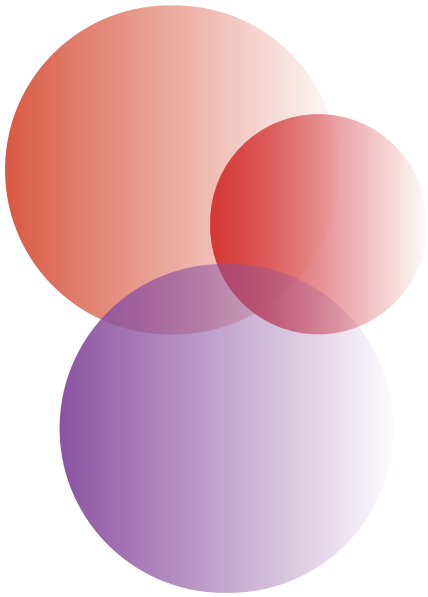
Joe was part of a stakeholder group for the Golden thread of Advocacy project which produced a framework and toolkit for commissioning Independent Professional Advocacy.

Education

Joe's experiences as student and his current life were featured by the University of South Wales on World Autism awareness day on the 9th December 2019.



University
of South
Wales



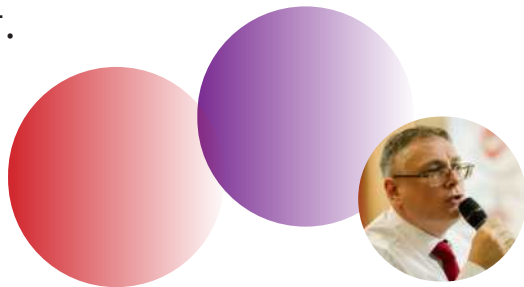
Rights Champion

This is the a fourth (roll-over) funding year in to our Welsh Government grant, and the full-time Chief Executive continues to be a huge success.

Employing a Chief Executive with a Learning Disability continues to raise the organisation's profile as a member-led organisation.

Regional Partnership Boards

We have continued to engage with Regional Partnership Boards to ensure that member's voices are heard, and that it is understood why funding for self-advocacy is so important.

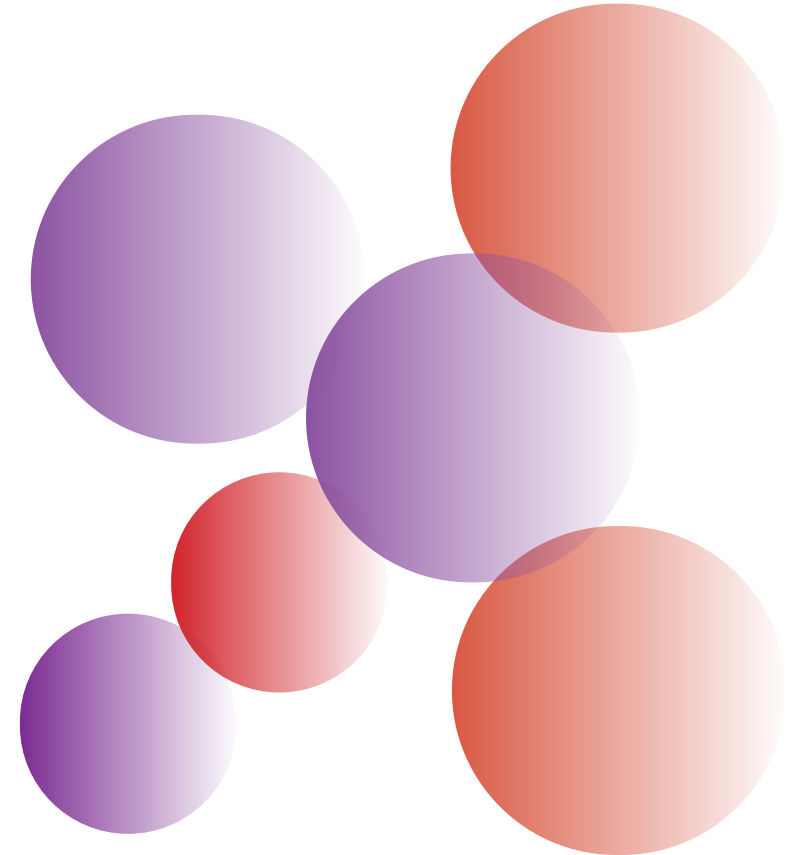


Improving Lives

Joe continued to liaise with Karen Eveleigh who heads the Improving Lives Cross Government Programme.

Joe and the team produced and presented a report for Karen Eveleigh's Team, which mapped out the current state of self advocacy, and highlighted why self-advocacy is so important.

All Wales People First Finances 2019-2020

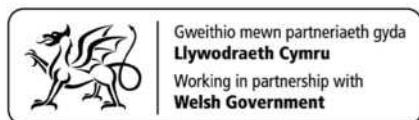


Where our money came from



Welsh Government	£186,325
Lottery Engage to Change	£ 45,978
Conference income	£ 10,932
Other income	£ -

Total £243,235



Cyflwynir gan
Delivered by



How we spent our money



Recruitment	£ 5,066
Conferences and Subscriptions	£ 25,382
Other office costs	£ 13,911
Meeting costs	£ 1,573
Depreciation/ loss on disposal	£ 1,696
Telephone costs	£ 3,140
Legal & professional	£ 5,134
Monitoring & evaluation	£ 1,521
Partnership fees	£ -
Training & events	£ 4,327
National Council	£ 15,516
Staff travel & subsistence	£ 18,075
Staff salaries	£141,816

Total Spending	£237,157
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Finances 2019-2020



Income	£243,235
Less spending	£237,157
Difference	£ 6,078

Board of Directors



Sophie Hinksman - Co Chair

Bryan Collis - Co Chair

John Thomas - Treasurer

Louisa Addiscott (resigned 22nd May)

Donna Reeve

Lucy Hinksman

Margaret Flynn

Victoria Jones

Robert Rhodes

Simon Richards

Linton Gower

Ruth Northway



Full members

Adam	Hughes	Vale	Anne	Luxton	Torfaen	Ceris	Jones	Port Talbot
Adam	Bartle	Bridgend	Anthony	Daniels	Bridgend	Charlotte	McMillan	Cwmbran
Adam	White	Bridgend	Anthony	Higgs	Torfaen	Chloe	Cannon	RCT
Adam	Williams	Caerphilly	Arthur	Pritchard	Anglesey	Chris	Eyre	Bridgend
Adrian	Dean	Torfaen	Ashley	Smith	Caerphilly	Chris	Marick	Vale
Adrian	Williams	Gwynedd	Becky	Tweedle	Bridgend	Chris	Power	Vale
Alan	Williams	Caerphilly	Ben	Learoyd	Ceredigion	Chris	Clarke	Powys
Aled	Lewis	Carmarthenshire	Ben	Taylor	Vale	Chris	Kidner	Carmarthenshire
Alex	Wooler	Caerphilly	Beryl	Woodfine	Powys	Christopher	Lischka	Carmarthenshire
Alex	Roberts	Blaenau Gwent	Bethan	Evans	Gwynedd	Christopher	Edwards	Neath
Alex	Perry	Newport	Blue	Svensson	Swansea	Claire	Holly	Blaenau Gwent
Alex David	Stevenson	Barry	Bradley	O'Keefe	Cwm Taf	Claire	Hutchinson	RCT
Alison	Rees	Swansea	Bradley	Powers	Swansea	Clive	Edwards	Gwynedd
Alison	Szigetvari	RCT	Brian	Thomas	Cardiff	Colin	Brighten	Denbighshire
Alun	Matthews	Bridgend	Brian	Thomas	Powys	Colin	Price	Caerphilly
Amy	Barrett	Pembrokeshire	Brian	White	Caerphilly	Colin	Jewkson	Caerphilly
Amy	Jones	Blackwood	Brian	Williams	Powys	Connie	Phibben	Swansea
Andrea	Eyre-Gorman	Bridgend	Brian	Roberts	Swansea	Craig	Grunan	Neath
Andrea	Pugh	Gwynedd	Candis	Penny	Powys	Craig	Roberts	Swansea
Andrea	Davies	Powys	Carina	Davies	Powys	Cynthia	Singer	Caerphilly
Andrew	Davies	Carmarthenshire	Carl	Barber	Denbighshire	Dafydd	Roberts	Gwynedd
Andrew	Evans	Swansea	Carl	Davies	Pembrokeshire	Dan	Hiley	Powys
Andrew	Cox	Powys	Carl	Roberts	Mold	Daniel	Sheppard	Ceredigion
Andrew	Carslake	Monmouthshire	Carl	Millard	Pontypridd	Daniel	Lambert	Mold
Andrew	Gapa	Torfaen	Carol	Evans	Pembrokeshire	Danielle	Pelling	Newtown
Aneurin	Williams	Caerphilly	Carol	Lloyd	Torfaen	Danny	Couty	Denbighshire
Angelo	Tahramanis	Blaenau Gwent	Caroline	Nash	Gwynedd	Danny	Millward	Monmouthshire
Angie	Edwards	Carmarthenshire	Casey	Dawes	Bangor	Danny	Coates	Denbighshire
Ann	Jones	Carmarthenshire	Cath	Viakos	Newport	Darren	Thomas	RCT
Ann	Willimas	Swansea	Cathy	Auckballary	Vale	David	Whittle	Powys
Anna	Howell	Pembrokeshire	Catrin Ann	Jones	Powys	David	Evans	Caerphilly

David	Blow	Caerphilly	Ffion	Roberts	Bridgend	Huw	Jenkins	Carmarthenshire
David	Baker	Ceredigion	Ffion	Poole	Caerphilly	Ian	Copping	Bridgend
David	Williams	Swansea	Gareth	Walters	Caerphilly	Ian	Swannick	Barry
David	James	Powys	Gareth	Cotton	Swansea	Iris	Poole	Cwmbran
David	Curwen	Bridgend	Gareth	Sully	Newport	Isobel	Harris	Aberdare
David	Lewis	Powys	Gareth	Humphries	Swansea	Ivy	Thomson	Bridgend
David	Reynolds	Pontypridd	Gareth	James	RCT	Jade	Lee	RCT
David	Twomey	Port Talbot	Garry	Edwards	Blaenau Gwent	Jade	Davies	RCT
David	Sweeting	Barry	Gary	Spencer	Swansea	James	Lewis	Denbighshire
David	Bennett	Blaenau Gwent	Gary	McGeary	Gwynedd	James	Andrew	Gwynedd
Dawn	Gullis	Newport	Gary	Angell	Mold	James	Tyler	Pembrokeshire
Debbie	Ford	Denbighshire	Gary	Costa	Holyhead	James	Crowley	Pembrokeshire
Debbie	Stride	Bridgend	Gavin	Gardner	Bridgend	James	Hughes	Colwyn Bay
Debbie	Devlin	Powys	Gavin		Caerphilly	James	Clarke	Vale
Derek	May	Newport	George	Breeze	Cardiff	James	Mothersole	Torfaen
Derek	Howitt	Caerphilly	Gerraint	Jones-Griffiths	Blaenau Gwent	Jamie	Hampton	Powys
Diana	Mace	Ceredigion	Gina	Caseley	Torfaen	Jamie	Farr	Monmouthshire
Diane	Sharp	Caerphilly	Glayne	Walker	Cardiff	Jamie	Roberts	Caerphilly
Donna	Yule	Powys	Gloria	John	RCT	Jane	Sturla	Mold
Dylan	Pugh	Carmarthenshire	Glyn	Williams	Mold	Jane	Hawkins	Powys
Ed	Lewis	Pembrokeshire	Graham	Roberts	Anglesey	Janice	Partridge	Cardiff
Edward	Stanley	Powys	Graham	Price	Aberavon	Janice	Wyburn	Blaenau Gwent
Eirwen	Lewis	Neath	Graham	Webb	Bridgend	Jason	Morris	Ceredigion
Elaine	Jones	Powys	Gregory	Cornet	Bridgend	Jason	Bayliss	Bridgend
Elaine	Kelham	Blaenau Gwent	Griff	James	Ceredigion	Jeni	Snel	Newport
Eleanor	Morgan	Powys	Gwyneth	Howell	Ceredigion	Jenifer	Lewis	Bridgend
Elinor	Williams	Gwynedd	Gwynfor	Lewis	Denbighshire	Jenny	Sibley	Caerphilly
Elizabeth	Broad	Powys	Hannah	Thomas	Caerphilly	Jeremy	de Wilton	Pembrokeshire
Elizabeth	Attwood	Blaenau Gwent	Hannah	Morgan	Sir Gar	Joan	Llewellyn	Bridgend
Elsa	Jones	Powys	Hannah	Todd	Torfaen	Joanna	Jones	Cardiff
Emily	Cleverly	Carmarthenshire	Hannah	Futyan	Conwy	Joanne	Herbert	Cardiff
Emma	Tamlin	Swansea	Harold	Evans	Caerphilly	Jodie	Maher	Swansea
Emma	Ashley	Denbighshire	Hattie	Hill	Carmarthenshire	Joel	Woodfin	Vale
Emma Jayne	Prosser	Bridgend	Hayley	Price	Swansea	John	Stevens	Cardiff
Eric	Davies	Caerphilly	Helen	Jones	Ceredigion	John	Williams	Powys
Evan	Hughes	Anglesey	Helen	Price	Swansea	John	Richards	Caerphilly
Faye	Parrington	Ceredigion	Hilda	Davies	Conwy	John	Greig	Vale

John	Swift	Gwynedd	Kelly	Rideout	Barry	Malcolm	MacGuire	Denbighshire
John	Greenland	Monmouthshire	Kenneth	O'Mahoney	Pembrokeshire	Marc	Williams	RCT
John	Evans	Penarth	Keri-Ann	Willets	Caerphilly	Malcolm	Collins	Neath
Jonathan	Brown	Vale	Kevin	Stone	Blaenau Gwent	Margaret	Howard	Cardiff
Jonathan	Richards	Carmarthenshire	Kurtis	Marshall	Vale	Margaret	Evans	Swansea
Jonathan	Jenkins	Caerphilly	Kylie	Ashill	Torfaen	Mark	Cochrane	Caerphilly
Jonathan	Tranter	Anglesey	Laura	Wilson	Monmouthshire	Mark	Davies	Pembrokeshire
Jonathan	Howard	Ceredigion	Laura	Powell	Powys	Mark	Williams	Caerphilly
Jonny	Vann	Neath	Lauren	Jones	Vale	Mark	Thomas	Newport
Joseph	Blackley	Gwent	Lauren	Howells	RCT	Mark	Lewis	Newport
Joseph	Rogers	Vale	Les	George	Caerphilly	Mark	Sibley	Caerphilly
Joshua	Hartzenburg	Newport	Lesley	Reed	RCT	Mark	Owens	Swansea
Joshua	Phelps	RCT	Lesley	Crosbie	Abergavenny	Mark	Kemp	Ceredigion
Joy	Davies	Swansea	Lewis	McDougall	Carmarthenshire	Mark	Firkin	Swansea
Julian	Hall	Swansea	Linda	Aylward	Gwynedd	Mark	Banks	Conwy
Julie	Rowlands	Bridgend	Linda	Tonks	Newport	Mark	Barnard	Bridgend
Julie	Devereaux	Powys	Linda	Evans	Swansea	Martin	Heffron	Cardiff
June	Williams	Powys	Lindsay	Havard	Monmouthshire	Martin	Matthews	Pembrokeshire
Kaitlin	Matthews	Carmarthenshire	Lindsey	Thomas	Ceredigion	Mary	Spears	Anglesey
Kalvin	Jones	Anglesey	Linton	Gower	Wrexham	Mary	Hayman	Vale
Kara	Williams	Neath	Lisa	Richard	Cardiff	Mathew	Purnell	Cardiff
Karen	Newman	Flintshire	Lisa	Baker	Swansea	Matthew	Lack	Vale
Karen	Tallack	Swansea	Llinos	Roberts	Gwynedd	Matthew	Archer	Swansea
Karen	Hinton	Neath	Lois	Hughes	RCT	Matthew	Heit	Port Talbot
Karl	Denning	Torfaen	Louise	Price	Caerphilly	Matthew	Jones	Port Talbot
Karl	Gregory	Bridgend	Louise	Armstrong	Swansea	Max	Roberts	Caerphilly
Kate	Bass	Monmouthshire	Louise	Weaver	Monmouthshire	Melville	Harding	Caerphilly
Kath	Toms	Caerphilly	Lucy	Hinksman	Pembrokeshire	Michael	Cain	Denbighshire
Katherine	Wheeler	Carmarthenshire	Lucy	Harries	Monmouthshire	Michael	Jones	Bridgend
Kathleen	Ahearne	Cardiff	Lucy	George	Barry	Michael	Jones	Gwynedd
Kathy	Hosell	Ceredigion	Luke	Powell	Torfaen	Michael	Rees	Caerphilly
Katie	Mears	Caerphilly	Luke	Thomas	Torfaen	Michael	Chick	RCT
Katie	Preece	Port Talbot	Lydia	Cole	Powys	Michael	Allcock	Cardiff
Katie	Moore	Caerphilly	Lyndsay	Howard	Monmouthshire	Michelle	Williams	Conwy
Kay	Bevan	Llanelli	Lynne	Evans	Pontypridd	Michelle	Manning	Blackwood
Kelly	Ball	Newport	M	Hughes	Pembrokeshire	Mike	Power	Maesteg
Kelly	Doyle	Anglesey	Mair	Ashton	RCT	Myfanwy	Andrews	Powys

Myfanwy	Jones	Anglesey	Phillip	Morgan	Aberdare	Samantha	Hughes	Barry
Myra	Hartzenburg	Newport	Phillip	Collins	Carmarthenshire	Samantha	Mitchell	Newport
Naomi	Lee	Swansea	Rachel	Bewick	RCT	Sammy	Tahramanis	Blaenau Gwent
Natalie	Davies	Swansea	Raymond	Byles	Bridgend	Sandra	Tinklin	Monmouthshire
Nathan	Odem	Gwynedd	Rebecca	Morgan	Powys	Sarah	Chamberlain	Anglesey
Neil	Buften	Powys	Rebecca	Llwyn Roberts	Gwynedd	Sarah	Rosser	Monmouthshire
Neil	Williams	Swansea	Rebecca	Chick	RCT	Sarah	Griffiths	Monmouthshire
Nicola	Roberts	Swansea	Rebecca	Jones	RCT	Sarah	Dukes	Torfaen
Nicola	Lewis	Caerphilly	Rebecca	Mason	RCT	Sarah	Thornton	Gwynedd
Nicola	Jones	Neath Abbey	Rebekah	Prosser	Bridgend	Savvas	Tahramanis	Blaenau Gwent
Nicole	Bird	Caerphilly	Rhian	Evans	Powys	Scott	Weetman	Caerphilly
Nigel	Turner	Monmouthshire	Rhiannon	Isaac	Bridgend	Sean	Whelan	Bridgend
Norman	Williams	Bridgend	Rhiannon	Griffiths	Pembrokeshire	Sharon	Wheland	Powys
Oly	Havard	Monmouthshire	Rhiannon	Currie	Newport	Sharon	Blow	Caerphilly
Ope	Abidogun	Newport	Rhiannon	Rees	Swansea	Sharon	Austin	Bridgend
Owain	Parfitt		Richard	Taylor	Bridgend	Sharon	Cochrane	Bargoed
Paul	Pendlebury	Bridgend	Richard	Dunlop	Bridgend	Shaun	Roberts	Denbighshire
Paul	Lewis	Bridgend	Richard	Ballard	Powys	Shaun	Heath	Denbighshire
Paul	Rowlands	Bridgend	Richard	Taylor	RCT	Shayna	Harris	Llandudno
Paul	Lewis	Gwynedd	Richard	Harmer	Pembrokeshire	Sheena	Griffiths	Flintshire
Paul	Hughes	Caerphilly	Richard	Redmond	Conwy	Sheila	Shore	Gwynedd
Paul	Donnelly	Cardiff	Richard	Williams	Swansea	Sheila	Moors	Conwy
Paul	Tucker	Carmarthenshire	Robert	Hayton	Torfaen	Shirley	Cleeve	Anglesey
Paul	Jones	Swansea	Robert	Jones	Barry	Sian	Huw Jones	Anglesey
Paul	Coles	Bridgend	Ron	Hellman	Ebbw Vale	Simon	Fernandez	Denbighshire
Paul	Adams	Powys	Rory	Westhoff	Carmarthenshire	Simon	Richards	Cardiff
Penny	Candis	Powys	Rosie	Williams-Jones	Powys	Simon	Rice	Carmarthenshire
Peter	Litten	Denbighshire	Ross	Thomas	Denbighshire	Sinead	Moore	Vale
Peter	Latter	Carmarthenshire	Rowena	Williams	Gwynedd	Sophie	Hinksman	Pembrokeshire
Peter	Thomas	Gwynedd	Ruth	Barker	Carmarthenshire	Sophie	Wakeling	Torfaen
Peter	Allen	Ceredigion	Sadie	Williams	RCT	Stacey	Traylor	Barry
Peter	Herniman	Caerphilly	Sam	Butler	Carmarthenshire	Stephen	Thomas	Denbighshire
Peter	MacAndrew	Ruthin	Sam	Phillips	RCT	Stephen	Knight	Monmouthshire
Peter	Gauterin	Wrexham	Sam	Taylor	RCT	Stephen	Richardson	RCT
Peter	Marsh	Conwy	Sam	Jones	Bridgend	Stephen	West	Cardiff
Phillip	Williams	Bridgend	Samantha	Hupton	Holyhead	Stephen	Miles	Newport
Phillip	Woolley	Powys	Samantha	Taylor	Pontypridd	Steve	Pocknell	Carmarthenshire

Steven	Davies	RCT
Steve	Williams	Cardiff
Steven	Morgan	Monmouthshire
Steven	Stone	Merthyr Tydfil
Steven	Jones	Denbighshire
Stuart	Page	Bridgend
Stuart	Merritt	Pembrokeshire
Sue	Oakley	Cardiff
Susan	Haines	Torfaen
Susan	Davey	Torfaen
Susan	Shaw	Bridgend
Susan	Saunders	Cwmbran
Tabitha	Butler	Carmarthenshire
Tanwen	Lloyd	Gwynedd
Terri Anne	Payne	Pentre
Thomas	Oakley	Cardiff
Thomas	Watling	RCT
Tim	Hallet	Torfaen
Tim	Davies	Powys
Tina	Larner	Bridgend
Tom	Spencer	Prestatyn
Toni	James	Ebbw Vale
Tony	Griffiths	Wrexham
Tracey	Smith	Denbighshire
Tracey	Cridland	Caerphilly
Tracey	Cosgrove	Newport
Tracey	Hagland	Powys
Tracey	Martin	Neath
Tracy	Austin	Anglesey
Trudi	Owen	Anglesey
Wayne	James	Newport
Wendy	Thomason	Carmarthenshire
Wendy	Gough	Pembrokeshire
William	Jones	Bridgend
William	Young	Anglesey
William	Bennett	Port Talbot
William	Owen	Denbighshire

Yolande	Scott	Gwynedd
Yvonne	Williams	Anglesey

Associate members

Adam	Wakeford
Adrian	Jones
Alison	Kendrick
Alyson	Collins
Ashlea	Harris
Caroline	Campbell
Caroline	Tattersall
Cath	Thornton
Charlotte	Saunders
Charlotte	Azzepazdi
Christine	Martin
Christy	Taylor
Cyril	Luke
Daniel	Bamsey
Danielle	Wagstaff
Dave	James
Dawn	Price
Debbie	Kirkman
Diane	Williams
Elisabeth	Hughes
Emma	Alcock
Fran	Hancock
Helga	Uckermann
Ian	Kinsella
Jackie	Hughes
Jean	Gregson
Jill	Milligan
Julie	Davies
Karen	Chandler

Karin	Phillips
Katrina	Karowski
Kay	Wood
Kelly	Jones
Keti	Rock
Laurie	Morgan
Lisa	Morgan
Liz	Davidson
Lorranine	Linford
Louisa	Laurent
Louise	Burman
Louise	Reed-Gibbs
Luke	Conlon
Mark	Tierney
Mark John	Williams
Ness	Davies
Non	Lederle
Pat	Loftus
Terry	Loftus
Pauline	Carter
Phillip	Craven
Rachel	Philbrick
Ruth	Lewis
Ruth	Moyse
Sarah	Phillips
Shirley	Howson
Simon	Cooke
Stuart	Clemo
Sue	Jones
Susan	Mitchell
Tracey	Downes
Tricia	Robinson
Zoe	Brock

Group members

Blaenau Gwent People First
Caerphilly People First
Cardiff People First
Carmarthenshire People First
Dewis Centre for Independent Living
Newport People First
NWAAA
Pembrokeshire People First
People First Bridgend
Powys People First
Rhondda Cynon Taff People First
Swansea People First
Torfaen People First
Vale People First



Subscribers

Joy Findlay
Natasha Hirst
Tracey Price
Holly Roberts

Llais Cenedlaethol
Pobl ag Anableddau Dysgu yng Nghymru



The National Voice of People
with Learning Disabilities in Wales