

Llais Cenedlaethol
Pobl ag Anableddau Dysgu yng Nghymru



The National Voice of People
with Learning Disabilities in Wales

Self Advocacy Directory

All Wales People First

**61 Caerleon Road, Newport,
Gwent, NP19 7BW**

<https://allwalespeople1st.co.uk/>

All Wales People First is the united voice of self-advocacy groups and all people with learning disabilities in Wales. It shares knowledge and information to achieve equal rights and a positive image.

Group name	Anglesey People First
Group address	NWAAA, 14a Llys Onnen, Parc Menai, Bangor, LL57 4DF
Contact email	enquiry@nwaaa.co.uk
Website	https://nwaaa.wales/gwynedd-project/
Tel number	01248 670852
Logo	



Area covered	Anglesey is part of North Wales Advice & Advocacy Association (NWAAA).
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Group name Blaenau Gwent

Group address Tre-Rhondda Chapel
The Strand
Ferndale
RCT
CF43 4LY

Contact email enquiries@rctpeoplefirst.org.uk

Website <https://www.facebook.com/Blaenau-Gwent-People-First-215250545267631/>

Tel number 01443 757954

Logo



Area covered Whole of Blaenau Gwent

Groups & Activities Main group meets monthly on Tuesdays in Ebbw Vale; three other groups in Ebbw Vale & Brynmawr meet monthly

Funded by Blaenau Gwent County Borough Council

Group name	Bridgend (People First Bridgend)
Group address	People First Bridgend 28 and 32 Apollo Business Village, Heol Persondy, Aberkenfig Bridgend CF32 9RF
Contact email	info@peoplefirstbridgend.co.uk
Website	https://www.peoplefirstbridgend.co.uk/
Tel number	01656 668314
Logo	
Area covered	Bridgend County Borough
Groups & Activities	<ul style="list-style-type: none"> • Various self advocacy groups • Training for professionals • Summer school for college starters • Independent Advocate
Funded by	Bridgend County Borough Council

Group name	Caerphilly People First
Group address	Bargoed YMCA Aeron Place Gilfach Bargoed CF81 8JA
Contact email	caerphillypf@hotmail.co.uk
Website	https://www.facebook.com/Caerphilly-People-First-115936772073/
Tel number	01443 834444
Logo	
Area covered	Caerphilly County Borough Council
Groups & Activities	<ul style="list-style-type: none"> • Meets monthly • Learning Disability awareness training, • Safeguarding training
Funded by	Caerphilly County Borough Council

Group name Cardiff People First

Group address Canton House
435 Cowbridge Road East
Canton
Cardiff
CF5 1JH

Contact email info@CardiffPeopleFirst.org.uk

Website <http://cardiffpeoplefirst.org.uk/>

Tel number 029 20231555

Logo



Area covered Cardiff

- Groups & Activities
- Standing up, Speaking out: meets monthly
 - Community Voices Group
 - Pink Ladies Group: meets monthly
 - Men in Black: meets monthly
 - Golden Oldies
 - Young People First

Group name Carmarthenshire People First

Group address 16 Spilman Street
Carmarthen
Carmarthenshire
SA31 1JY

Contact email sarah@carmarthenshirepeople1st.co.uk

Website [http://
www.carmarthenshirepeoplefirst.co.uk/](http://www.carmarthenshirepeoplefirst.co.uk/)

Tel number 01267 234635


Logo



Area covered Carmarthenshire

Groups & Activities

- Fortnightly women's group
- Fortnightly men's group
- Skills Swap group
- Independent Advocate
- Training
- Health Advocate

Group name	Ceredigion (Our Voice our Choice)
Group address	9 Tabernacle Flats Powell Street Aberystwyth SY23 1RQ
Contact email	ourvoiceourchoiceceredigion@gmail.com
Website	
Tel number	07930164701
Logo	
Area covered	Whole of Ceredigion
Groups & Activities	Monthly meetings in Aberaeron (Prince of Wales public house)
Funded by	Grant funded

Group name Conwy Connect

Group address
Rear Annex
7 Rhiw Road
Colwyn Bay
LL29 7TE

Contact email conwy.connect@gmail.com

Website <https://www.conwy-connect.org.uk/home-3>

Tel number 01492 536486

Logo



Area covered County of Conwy

Group name Denbighshire Self Advocacy

Group address

Contact email enquiry@nwaaa.co.uk

Website www.nwaaa.wales

Tel number 01248 670852

Logo



Area covered Denbighshire.

Groups & Activities Prestatyn: monthly self advocacy group
Denbigh: monthly self advocacy group
Ruthin: monthly drop in
Rhyl: monthly LGBT drop in
Denbighshire is part of North Wales Advice & Advocacy Association (NWAAA).

Group name Dolfeurig Self Advocacy Group

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number 01248 670852

Logo



Area covered Dolfeurig is part of North Wales Advice and Advocacy Association (NWAAA)

Group name	Merthyr People First
Group address	Tre-Rhondda Chapel The Strand Ferndale RCT
Contact email	enquiries@rctpeoplefirst.org.uk
Website	
Tel number	01443 757954
Logo	

Group name Menter Fachwen

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/gwynedd-project/>

Tel number

Logo



Area covered Menter Fachwen is part of North Wales Advice and Advocacy Association (NWAAA)

Group name Mold Self Advocacy Group

Group address

Contact email enquiry@nwaaa.co.uk

Website <http://www.nwaaa.wales>

Tel number 01248 670852

Logo



Group name Monmouthshire People First

Group address

Contact email rachel.staphnill@bridgescentre.org.uk

Website

Tel number 07879 332820

Logo

Further information Website and logo under construction

Group name	Neath Port Talbot (Part of West Glamorgan People First)
Group address	22 Cradock Street Swansea SA1 3HE
Contact email	sandimitchell@yourvoiceadvocacy.org.uk
Website	
Tel number	01792 646573 /07534056109.

Logo



Area covered	Neath & Port Talbot
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Groups & Activities	Limited activities at present whilst the group looks for funding.
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Group name	Newport People First
Group address	1st Floor (Offices 1-2 Newport Market Buildings Upper Dock Street Newport NP20 1DD
Contact email	info@newportpeoplefirst.org.uk
Website	https://www.facebook.com/ newportpeoplefirst.org.uk/
Tel number	01633 842002

Logo



Group name Pan Gwent People First

Group address 52 Victoria Street
Old Cwmbran
Gwent
NP44 3JN


Contact email

Website

Tel number

Logo



Group name	Pembrokeshire People First
Group address	Portcullis House Old Hakin Road Merlins Bridge Haverfordwest Pembrokeshire SA61 1XE
Contact email	info@pembrokeshirepeople1st.org.uk
Website	http:// www.pembrokeshirepeople1st.org.uk/
Tel number	01437 769135
Logo	
Area covered	Pembrokeshire - but deliver IPA services in Ceredigion
Groups & Activities	<ul style="list-style-type: none"> • Meet weekly on Thursdays—alternate mens and womens sessions • Weekly drop ins • 1:1 advocacy for 16+ • Specific autism project • Older people's project
Funded by	Grant funding; earned income, small amount of service level agreement; project funding

Group name Powys People First

Group address Brecon Citizen Advocacy
11 Lion Yard
Brecon
Powys
LD3 7BA

Contact email powyspeoplefirst@hotmail.co.uk

Website <http://www.powyspeoplefirst.org/>

Tel number 01874 622240

Logo



Area covered Powys

Group name Prestatyn Self Advocacy

Group address

Contact email enquiry@nwaaa.co.uk

Website <https://nwaaa.wales/self-advocacy/>

Tel number 01248 670852

Logo



Area covered

Groups & Activities Self advocacy group meets on the last Thursday of the month between 6-8 pm at the Leisure centre Prestatyn [not NOVA]

Group name Rhondda Cynon Taf People First

Group address Tre-Rhondda Chapel
The Strand
Ferndale
RCT
CF43 4LY

Contact email enquiries@rctpeoplefirst.org.uk

Website

Tel number 01443 757954

Logo



Area covered Rhondda, Cynon, Taff Ely and Merthyr

Groups & Activities Monthly groups in:
Llwynypia
Treforest
Cynon Valley
Regional Group (Cwm Taff) meets every three months

Funded by Rhondda Cynon Taff Council

Group name Torfaen People First

Group address

Contact email TorfaenPeopleFirst@outlook.com

Website <https://www.facebook.com/pages/category/Community/Torfaen-People-First-147096838689645/>

Tel number

Logo



Group name Vale People First

Group address Castleland Community Centre
Belvedere Crescent,
Barry Vale of Glamorgan
CF63 4JX

Contact email lizdavidson1072@gmail.com

Website <http://www.valepeoplefirst.org.uk/>

Tel number 07866 564741

Logo



Further info Vale People First also have an Inclusion Officer—Joanne Price—and she can be contacted on:
vp1stonline@gmail.com

Group Name West Glamorgan People First

Group Address 22 Cradock Street
Swansea
SA1 3HE

Contact email sandimitch-
ell@yourvoiceadvocacy.org

Website [https://www.facebook.com/
pg/yourvoiceadvocacy/](https://www.facebook.com/pg/yourvoiceadvocacy/)

Tel Number 01792 646573
07534056109

Logo



Areas covered Swansea, Neath and Port Talbot

Groups and Activities Part of
yourvoiceadvocacy.org

Group name Wrexham (SOUL Self Advocacy Group)

Group address

Contact email enquiry@nwaaa.co.uk

Website

Tel number 01978799370

Logo



Area covered SOUL is part of North Wales Advice and Advocacy Association (NWAAA)