

All Wales People First



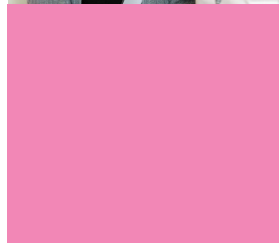
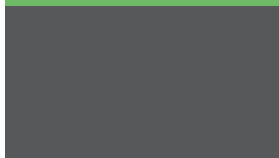
Annual Report 2018 - 2019

Produced by All Wales People First 2019

Pictures by Natasha Hirst (and other contributors)

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Report from the Chair of the National Council



I was honoured to be voted in as Chair of the National Council, especially as it means building on the work of the previous Chair; the brilliant and committed Lucy Hinksman. The National Council is extremely important and I really wanted to get involved, so thank you for the faith placed in me – lets make it the best National Council ever!

My first task as Chair was to work with National Council Reps and members of the AWPf Board of Directors to create a new Value Statement. This is so important as we move forward and I was pleased that everyone agreed that AWPf should stand up for the rights of people with learning disabilities.



Over the past year Reps have informed and agreed the MIRROR Strategy, our business plan for the coming years. The strategy will guide us as we proceed and includes exciting plans like the Regional Councils and developing AdFest.



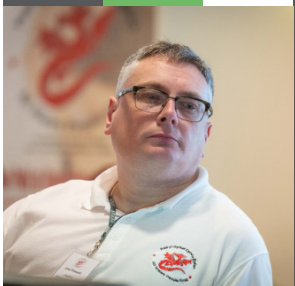
All Together Now, our first ever conference in North Wales went really well. I think it's the best we've ever had. The speakers were great, and the MIRROR Awards were a nice addition. Loads of good vibes came from the two days that will carry us on through the year.

Finally, I want to thank Welsh Government for coming to the National Council. They have asked us to gather the comments of people with learning disabilities across Wales and feed into the themes of the Improving Lives Strategy. I really hope they take on board the comments we have made because we know best if our lives are improving or not. It's important that we are heard.



Simon Richards, Chair of the AWPf National Council

Chief Executive's Report - Joe Powell



This third year of our Business Plan 'Reducing Dependency, Promoting Rights.' focused on helping local groups to look to become sustainable and to look for opportunities to show the important role they can play as preventative services under the Social Services and Well Being Wales Act.

It has also been a year of challenge and uncertainty. We have been aware for some time that groups have faced difficult times since the Advocacy Grant Scheme ended in 2014. During the last three years All Wales People First have been looking at the situation with members to see what needs to happen to safeguard self-advocacy for the future.

In addition to this, the introduction of the Independent Professional Advocacy Contracts, which place a statutory duty to fund 1-1 advocacy has added another challenge to our work going forward. Getting people to understand the difference between advocacy and self-advocacy has been very difficult. We have worked with members of the National Council to speak to their Regional Partnership Boards to explain why self-advocacy is important. We



have also produced a fact sheet 'Why self-advocacy'. Everyone we spoke to was impressed, but that does not mean they will fund self-advocacy in the future.

The National Conference 'Altogether Now' looked at ways we could work with other people with disabilities to have a stronger voice to make political change. This conference built on our conferences in 2016 and 2017 to help us to work out what we need to do for the future.

The anonymous member and stakeholder evaluation (2017) and the independent evaluation work carried out by Ann Lukens with the National Council and the Board of Directors have helped us to work out what needs to change for the future.



The information has helped us to form a new Business Plan (MIRROR Strategy 'Re-Animating, self-advocacy'. This will look to prove self-advocacy works by making it central to the new political times in Wales. A Wales which is looking to be preventive and involve people with learning disabilities in the design and the services they need to achieve their own well-being outcomes. Self-advocacy is perfect for the new Wales. But many people still don't understand this. We hope our MIRROR Strategy will prove this through actions not just words.

All Wales People First Funding

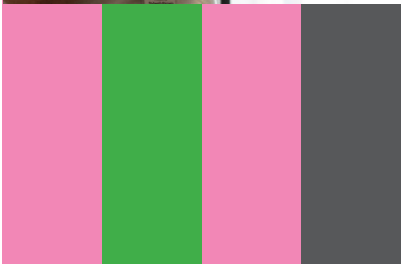


This is the third year of our three-year Business Plan 'Reducing Dependency, Promoting Rights' funded by the Welsh Governments 'Sustainable Social Services and Well Being Grant.

The core aim of the Business Plan was to help self-advocacy groups across Wales to frame themselves around the Social Services and Well Being Wales Act 2014, as preventative services, as well as to re-evaluate good practice within self-advocacy.

The Welsh government funded us £186,325 for this financial year.

This was the third year of our involvement in a Big Lottery/Welsh government 'Getting Ahead 2' bid of approximately £10,000,000 to provide employment and training opportunities for people with learning disabilities and autism between the ages of 16-25.





Our bid was called 'Engage to Change' and the role of All Wales People First was to evaluate the project (with our member networks) and Cardiff University, as well as to employ and support project Ambassadors who had worked on the project.

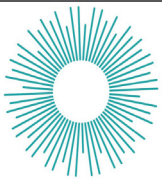
The project started on 1st June 2016 and we were paid £104,431 for activities up to 31 May 2019 (Year 3).



Llywodraeth Cymru
Welsh Government

The DRILL (Disability Research into Inclusive Living and Learning) grant, to produce an evaluation tool which measures the effectiveness of self-advocacy projects was completed this year.

The project commenced on 30th January 2017 and was extended until the 30th September 2018. We received £6,368 for the period April 2018 – September 2018.



drill

Disability Research on
Independent Living & Learning



Our Mission and Aims

Our Mission: All Wales People First is the united voice of self-advocacy groups and all people with learning disabilities in Wales. It shares knowledge and information to achieve equal rights and a positive image



Our Aims

1- Ensuring People Have a Voice

Talkback.
National Council.
Annual Conference.
Community Interest Group – Barod.
Website.
AWPF Evaluation.
MIRROR Strategy 2019 - 2023

2- Making Voices Stronger

The National Council.
AWPF Development Worker.
MIRROR self-advocacy training
Learning Disability Ministerial Advisory Group
Website.
Learning for Leadership.
MIRROR Pack of Policies.



3- Making the voices heard

The Rights Champion

Involve the National Council in more opportunities to influence policy

Talkback

AWPF Evaluation

Social Media

4- Making Communities Stronger

AWPF Development Worker

Engage2Change – Employment Project

The National Council

5- Making the Organisation Stronger

The Chief Executive

All Wales People First Evaluation

MIRROR Colin Vyvyan Legacy Training

AWPF Development Worker

All Wales People First Annual Conference

2017 'SOS – Save Our Self-Advocacy.'

DRILL Self Advocacy Toolkit

Talk Back



All Wales People First

Talk Back

The National Voice of People with

Learning Disabilities in Wales



Talk Back is our national newsletter. We upload it on to our website. Kelly Stuart edits and produces Talk Back. Talk Back was sent out in Spring, Summer, Autumn and Winter.

There were articles about...

drill Self-advocacy toolkit launch.

New Zealand People First visit.

New Self-advocacy group in Ceredigion- Our Voice Our Choice.

Ruth Northway's lifetime achievement award.

AdFest National Conference.

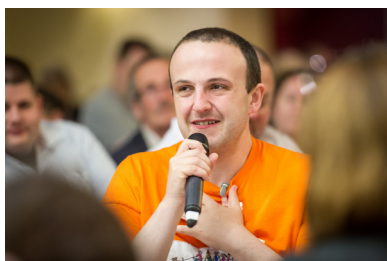
End of the National Development Worker's role.

The National Council's residential meeting.

The National Council

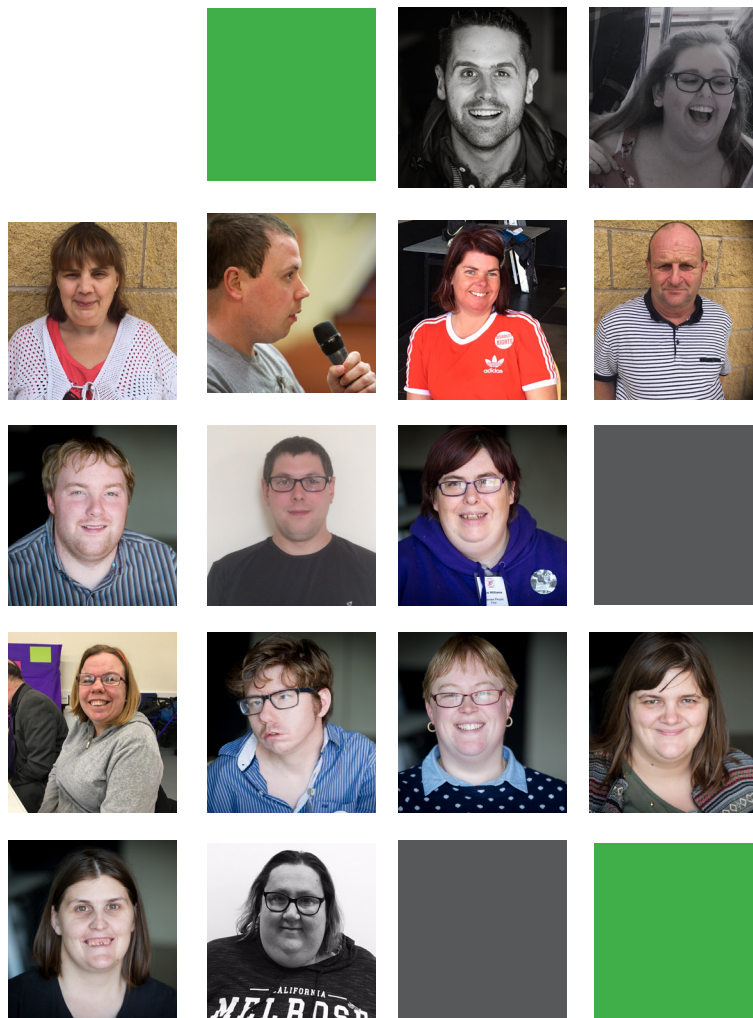
Chair

Simon Richards
Cardiff



Vice-Chair

Linton Gower
Wrexham



Anna Howell - Pembrokeshire
Alex Wooler - Blaenau Gwent
Ffion Bethell - Caerphilly
Angie Edwards - Carmarthenshire
James Andrew - Gwynedd
Michelle Williams - Conwy
Gary Angel - Flintshire
James Lewis - Denbighshire
David Whittle - Powys
Ann Williams - Swansea
William Bennett - Neath Port Talbot
Tina Larnier - Bridgend
Alex Perry - Newport
Kate Bass - Monmouthshire
Samantha Taylor - RCT
Sarah Duke - Torfaen
Samantha Jones - Ceredigion
Trudi Owen - Anglesey



The National Council gives us our vision and through it we get the views of self-advocacy groups across Wales.

The national council has a target to get attendance of 70% during this year. They did better than this, achieving 83% . 6 meetings were held this year.

The National Council continued to have a strong influence during this year. Its members continue to be the project managers for the 'Reducing Dependency, Promoting Rights' pack of projects.

They have also taken part in important consultation events which have helped review and inform good practice around including people with learning disabilities.

The National Council in conjunction with Board of Directors decided upon some new core values for the organisation.

The National Council Development Officer Tracey Drew has continued to work with members on developing and evaluating the All Wales People First National Council to make sure it still meets their needs.



Transport

Talked about transport and how available and accessible it is, especially in rural areas



Universal Credit

Informed themselves about Universal Credit and how it will impact members and groups.



Annual Conference

Sub-group

Started to make plans for the 2019 conference. Decided it will be held in South Wales.



Care Homes

worked with the NHS, informing them on the best way to ensure people living in care homes are informed of their rights.



Improving Lives

Programme -Agreed to inform the discussions of the Ministerial Advisory Group on the themes of the Improving Lives Program.

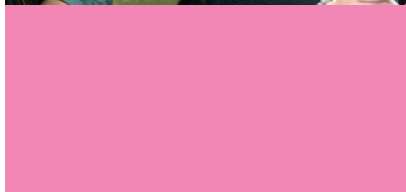


Values

National Council representatives and Directors discussed and agreed on new values for All Wales People First.

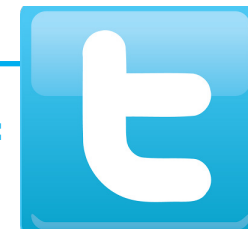


Annual Conference



All Wales People First @AllWalesPF

"Gerraint and Elsa are getting ready to talk about @Engage_2_Change @AllWalesPF conference today " #Awpf2018



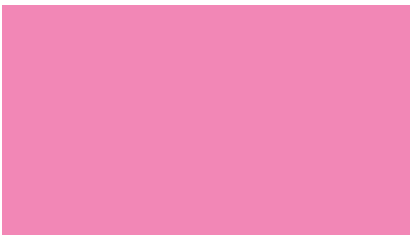
All Wales People First @AllWalesPF

"I feel happier about Social Model than Medical Model. I like the words 'learning disability. Cognitive impairment is difficult"



All Wales People First @AllWalesPF

"What's in a name? It doesn't matter what words you use, it's how you treat us that matters" #Awpf2018

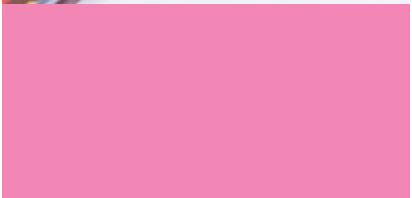


The 2018 conference was our first in North Wales, and was the final in a trilogy of conferences looking at the history, health and future of self advocacy for learning disabled adults in Wales.



The 'All Together Now' Conference looked at how we work with other disabled people to have a stronger voice on issues we have in common.

Member's views in the workshops informed the way All Wales People First moves forward over the next three years.



Members talked about the words we use and their effect on the wider disability movement; How self-advocacy fits with advocacy for other people; How we join together with other disabled people to ensure our rights are reflected in government policies; How people with learning disabilities can be included in reviewing legislation.



We produced a conference report which is in the resources section of our website.



Workshop: Speaking Up for Disability Rights in Wales

The aim of this workshop was for members to learn about the Human Rights of People with a Learning Disability.



Workshop: Golden Thread of Advocacy

This workshop was about what the Social Services and Well-being Act says about advocacy and how self-advocacy fits with other forms of advocacy.



Workshop: Measuring the Mountain

This workshop asked people to tell their stories and give feedback about the accessibility of the project measuring tools.



Workshop: What's In A Name?

Members talked about the words we use to describe learning disability, and whether words which fit with the Social Model of Disability are important.



Adfest -

Lots of exhibitors and main stage speakers attended our very first Self-advocacy festival on day 2 of the Conference.

Website and Social Media

All Wales People First has continued to add content to it's new website, which was launched in 2017.

There are regular news updates, including the Joe's Soapbox news articles. We have also added our Mirror pack of policies to the resources section.

We have been using Facebook and Twitter a lot this year. We have 964 followers on Facebook - That's 405 more followers this year

We have 2003 followers on Twitter. That is 342 more followers than last year



All Wales People First @ AllWalesPF

"Kelly and I at the fabulous AT Autism 'Rough Justice' conference in Westminster today - Joe Powell



Staff Team



Joe Powell-
Chief Executive



Kelly Stuart-
Policy &
Communications
Manager



Victoria Sidwell-Brown-
Business and Finance
Manager



Tracey Drew
Member Engagement
Adviser




Matthew Brindley-
All Wales
Development Officer




Gerraint Jones-Griffiths
Engage to Change
Project Ambassador

Our All Wales Development Worker continued to work with local groups across Wales, to help them to become stronger for the future. The role came to an end on 31st March 2019.


Learning Disability Advisory Group




The National Director Joe Powell, continues to represent All Wales People First on the Learning Disability Ministerial Advisory Group (LDMAG). This group was formally known as the Learning Disability Advisory Group (LDAG). All Wales People First also supports Sophie Hinksman to Co-Chair the group.



All Wales people First receives funding to provide support for Conwy Connect to support Michelle Williams as the North Wales representative, and for RCT People First to support Lynne Evans as the South Wales Representative.



Throughout 2018 All Wales People First has continued to help the Welsh Government to develop the Improving Lives Strategy, which was launched in 2018.



Each LDMAG meeting going forward will focus on an Improving Lives theme, and AWPf will work with the National Council prior to each meeting so we can feed in their views.

All Wales People First Development Worker



The AWPf Development Worker, Matthew Brindley, worked with local groups across Wales. His post came to an end on the 31st March 2019.

Matthew's work included helping some groups to restructure, reconstitute and secure core funding for self-advocacy.

Matthew also produced a report 'A future for self-advocacy' which outlined the work he has done.

Evaluation



The 2017 Evaluation report was shared with members, support staff and the third sector on 21st June 2018.

The issues for improvement that have been identified will be the measurable outcomes in the forthcoming MIRROR Strategy (replacing our Business Plan) 2019 -2023.

MIRROR strategy



The first drafts of the MIRROR Strategy (Business Plan) were written during this reporting period.

The MIRROR Strategy was informed from independent engagement with the National Council and the Board of Directors by independent facilitator, Ann Lukens, as well as the 2017 evaluation report, by former board member Anne Collis

DRILL



Barod, Bryan Collis (Independent Researcher), Jan Bardsley (Open University) and Jan Walmsley (Independent Researcher) continued to work with us on a Disability Research into Inclusive Living and Learning (DRILL) project to produce a self-advocacy tool kit.

The final reference group was held on the 24th July 2018, which informed the final draft of the toolkit. The toolkit was launched on the 17th October 2018 at our AdFest event.

Engage to Change

In 2016, All Wales People First were part of a successful ten million pound bid to provide employment opportunities for 16-25 year olds with a learning disability or autism.

The project is funded by the Welsh Government's 'Getting Ahead 2' scheme, and is administered on the Welsh Government's behalf by The Big Lottery. The Engage to Change project partners are - Learning Disability Wales, Elite Supported Employment Agency, Agored Cyf, Cardiff University, Project Search.

All Wales People First's role is to evaluate the project. Our evaluation panel have met 3 times this year to look at the work being done through the project and to give feedback.

Gerraint Jones-Griffiths has continued in his role as the Lead Project Ambassador this year, and we welcomed Project Ambassadors Elsa Jones, Jordan Quaite, Jonathan Tranter, and Michael.

The Rights Champion

This is the third year in to our Welsh Government grant, and the full-time Chief Executive continues to be a huge success.



Joe's Assistant continues to work 25 hours a week to help with his workload in Policy and Public Affairs, Marketing and Communications, and Administration.

Employing a Chief Executive with a Learning Disability has raised our profile as a member-led organisation.

Joe's work over the past year has included: Officially opening the University of South Wales 'Disability and Dyslexia and Wellbeing Service; Participating on the Human Rights Stakeholder Group; Participating on the Cross Party Group on Human Rights; Participating on the Cross Party Group on Disability; Participating on the DRILL National Advisory Group; Participating on the Learning Disability Ministerial Advisory Group (LDMAG); Board membership of Elite Supported Employment Agency; Participating on WCVA's Safeguarding Group.





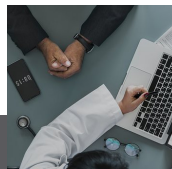
Evaluation

The Chief Executive made pledges in response to the 2017 anonymous evaluation. The pledges are intended to address feedback from local groups and the third sector to improve how effectively AWPf works with local groups and the third sector.



Better physical outcomes for people with learning disabilities

Joe attended meetings of the National Steering Group for better physical outcomes for people with learning disabilities.



Regional Partnership Boards and sub-groups

Joe Co-Presented a 'Why self-advocacy?' presentation to Gwent Regional Partnership Board, Powys Regional Partnership Board, Cardiff and Vale Regional Partnership Board, and the Western Bay sub-group, with AWPf National Council representatives.

Transport

Joe and Michelle Williams, the Conwy AWPf National Council representative met with Janet Finch Saunders AM to talk about transport issues in the Llandudno region.

Health

Joe Attended and spoke at the NHS Wales, Engage 4 Change event.



Education

Joe Opened the 'Disability and Dyslexia and Wellbeing Service' at the University of South Wales, Tredegar campus.





Wales School for Social Care Research Annual Conference:

Attended and chaired a story sharing meeting with local groups and New Zealand People First in Cardiff.

Social change

Joe attended and spoke at the Psychologists for Social Change event at the Pierhead Building in Cardiff Bay.



Joe is a member of several Boards and advisory groups, including -

Capita PIP Forum
Cross Party Group on Disability
Cross Party Group on Human Rights
ASD Implementation Advisory Group
Learning Disability Advisory Group
WCVA Safeguarding Group
Board - Elite Supported Employment

All Wales People First Finances 2017-2018



Where our money came from

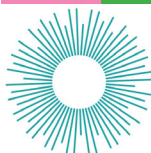


Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government



Gweithio mewn partneriaeth gyda
Lywodraeth Cymru
Working in partnership with
Welsh Government

Cyflwynir gan
Delivered by



drill
Disability Research on
Independent Living & Learning

Welsh Government	£186,325
Lottery Engage to Change	£ 47,854
DRILL	£ 6,368
Conference income	£ 5,846
Other income	£ 2,498

Total	£248,891
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How we spent our money



Recruitment	£ 516
Colin Vyvyan training	£ 741
Subscriptions	£ 936
LDAG	£ 1,000
IT costs	£ 1,167
Meeting costs	£ 1,263
Depreciation	£ 1,272
Insurances	£ 2,049
Telephone costs	£ 2,417
Legal & professional	£ 3,097
Monitoring & evaluation	£ 3,187
Freelance	£ 5,720
Partnership fees	£ 6,553
Training & events	£ 7,818
Office costs	£ 11,338
National Council	£ 14,871
Annual Conference	£ 15,069
Staff travel & subsistence	£ 22,636
Staff salaries	£157,903
Total Spending	£259,653

Finances 2018-2019



Income	£248,891
Less spending	£259,653
Difference	£ 10,762

Board of Directors



Sophie Hinksman - Co Chair

Bryan Collis - Co Chair

John Thomas - Treasurer

Louisa Addiscott

Donna Reeve

Lucy Hinksman

Margaret Flynn

Victoria Jones

Robert Rhodes

Simon Richards

Linton Gower

Ruth Northway



Full members

Adam	Hughes	Vale	Anthony	Higgs		Chris	Marick	Vale
Adam	Bartle		Arthur	Pritchard	Anglesey	Chris	Power	Vale
Adam	Williams		Ashley	Smith	Caerphilly	Chris	Clarke	Powys
Adrian	Dean	Torfaen	Becky	Tweedle	Bridgend	Chris	Kidner	Carmarthenshire
Adrian	Williams		Ben	Learoyd	Ceredigion	Chris	Sinfield	Swansea
Alan	Williams	Caerphilly	Ben	Taylor	Vale	Christopher	Lischka	Carmarthenshire
Aled	Lewis	Carmarthenshire	Beryl	Woodfine	Powys	Christopher	Edwards	Neath
Alex	Wooler	Caerphilly	Bethan	Evans		Claire	Holly	Blaenau Gwent
Alex	Roberts	Blaenau Gwent	Billy	Goldsbury	Gwynedd	Clive	Edwards	Gwynedd
Alex	Perry	Newport	Bradley	O'Keefe		Colin	Brighten	Denbighshire
Alex David	Stevenson	Barry	Brian	Williams	Powys	Colin	Price	Caerphilly
Alison	Rees		Brian	Thomas	Cardiff	Colin	Jewkson	
Alun	Matthews		Brian	White	Caerphilly	Craig	Grunan	Ferny
Alyson	Collins		Brian	Roberts	Swansea	Cynthia	Singer	Caerphilly
Amy	Barrett	Pembrokeshire	Carina	Davies	Powys	Dafydd	Roberts	Gwynedd
Amy	Jones	Blackwood	Carl	Barber	Denbighshire	Dan	Hiley	Powys
Amy	Bradley	Swansea	Carl	Davies	Pembrokeshire	Daniel	Sheppard	Ceredigion
Andrea	Pugh	Gwynedd	Carl	Roberts	Mold	Daniel	Lambert	
Andrea	Davies	Powys	Carl	Millard		Danielle	Pelling	
Andrew	Davies	Carmarthenshire	Carol	Evans	Pembrokeshire	Danny	Couty	
Andrew	Evans	Swansea	Carol	Lloyd	Torfaen	Danny	Millward	Monmouthshire
Andrew	Cox	Powys	Caroline	Nash	Gwynedd	Danny	Coates	Denbighshire
Andrew	Carslake	Monmouthshire	Casey	Dawes	Bangor	Darren	Thomas	
Andrew	Gapa	Torfaen	Cath	Viakos	Newport	David	Whittle	Powys
Aneurin	Williams	Caerphilly	Catherine	Watchorn	Anglesey	David	Evans	Caerphilly
Angelo	Tahramanis	Blaenau Gwent	Catherine	Hankin	Conwy	David	Blow	Caerphilly
Angie	Edwards		Cathy	Auckballary	Vale	David	Baker	Ceredigion
Ann	Jones	Carmarthenshire	Catrin Ann	Jones	Powys	David	Williams	Swansea
Ann	Willimas	Swansea	Ceris	Jones	Port Talbot	David	James	Powys
Anne	Luxton	Torfaen	Charles	Hayman	Swansea	David	Curwen	Bridgend
Anthony	Daniels	Bridgend	Charlotte	McMillan		David	Lewis	Powys

David	Reynolds	Pontypridd	Gareth	Morris	Port Talbot	Jack	Cavannah	
David	Twomey		Gareth	James		Jade	Davies	RCT
David	Sweeting		Garry	Edwards		James	Lewis	Denbighshire
David	Bennett	Blaenau Gwent	Gary	Spencer	Swansea	James	Andrew	Gwynned
Debbie	Ford	Denbighshire	Gary	McGeary	Gwynedd	James	Toler	Pembrokeshire
Debbie	Stride	Bridgend	Gary	Angell		James	Crowley	Pembrokeshire
Dena	Goldsworthy	Swansea	Gary	Costa		James	Hughes	Colwyn Bay
Derek	May	Newport	Gavin	Gardner	Bridgend	James	Clarke	Vale
Derek	Howitt	Caerphilly	Gavin		Caerphilly	Jamie	Hampton	Powys
Diana	Mace		George	Breeze		Jamie	Farr	Monmouthshire
Diane	Sharp	Caerphilly	Gerraint	Jones-Griffiths		Jamie	Roberts	Caerphilly
Dylan	Pugh	Carmarthenshire	Gina	Caseley	Torfaen	Jane	Sturla	Mold
Ed	Lewis	Pembrokeshire	Glayne	Walker	Cardiff	Jane	Hawkins	
Edward	Stanley	Powys	Glyn	Williams	Mold	Janice	Partridge	Cardiff
Eileen	Clarke	Caerphilly	Graham	Roberts	Anglesey	Janice	Wyburn	Blaenau Gwent
Eirwen	Lewis	Neath	Graham	Price	Aberavon	Jason	Morris	Ceredigion
Elaine	Jones	Powys	Graham	Webb	Bridgend	Jason	Bayliss	Bridgend
Elaine	Kelham		Gregory	Cornet	Bridgend	Jeff	Jones	Bridgend
Eleanor	Morgan	Powys	Griff	James	Ceredigion	Jeni	Snel	Newport
Elinor	Williams	Gwynedd	Gwyneth	Howell	Ceredigion	Jenifer	Lewis	Bridgend
Elizabeth	Broad	Powys	Gwynfor	Lewis	Denbighshire	Jenny	Sibley	Caerphilly
Elizabeth	Brown	Swansea	Hannah	Thomas	Caerphilly	Jeremy	de Wilton	Pembrokeshire
Elizabeth	Attwood		Hannah	Morgan	Sir Gar	Joan	Llewellyn	Bridgend
Elsa	Jones		Hannah	Todd	Torfaen	Joel	Woodfin	Vale
Emily	Cleverly		Hannah	Futyan		John	Stevens	Cardiff
Emma	Tamlin	Swansea	Harold	Evans	Caerphilly	John	Williams	Powys
Emma	Ashley	Denbighshire	Hattie	Hill	Carmarthenshire	John	Richards	Caerphilly
Eric	Davies	Caerphilly	Hayley	Price	Swansea	John	Greig	Vale
Evan	Hughes	Anglesey	Helen	Jones	Ceredigion	John	Swift	Gwynedd
Faye	Parrington	Ceredigion	Helen	Price		John	Greenland	Monmouthshire
Ffion	Roberts	Bridgend	Hilda	Davies	Conwy	Jonathan	Brown	Vale
Ffion	Bethell	Caerphilly	Huw	Jenkins	Carmarthenshire	Jonathan	Richards	Carmarthenshire
Gareth	Walters	Caerphilly	Ian	Copping	Bridgend	Jonathan	Jenkins	
Gareth	Cotton	Swansea	Ian	Swannick	Barry	Jonathan	Tranter	
Gareth	Sully	Newport	Iris	Poole		Jonathan	Howard	
Gareth	Davies	Swansea	Ivy	Thomson	Bridgend	Jonny	Vann	Neath
Gareth	Humphries		Ivy	Smart	Neath	Jordan	Quaite	

Joseph	Blackley	Gwent	Leanne	Byrnes	Swansea	Mark	Kemp	Ceredigion
Joseph	Rogers	Vale	Les	George	Caerphilly	Mark	Firkin	Swansea
Joshua	Hartzenburg	Newport	Lesley	Reed	RCT	Mark	Banks	
Joy	Davies	Swansea	Lewis	McDougall	Carmarthenshire	Mark	Barnard	Bridgend
Joy	Deere	Swansea	Linda	Aylward	Gwynedd	Martin	Heffron	Cardiff
Julian	Hall	Swansea	Linda	Tonks	Newport	Martin	Matthews	Pembrokeshire
Julie	Jones	Bridgend	Linda	Evans	Swansea	Mary	Spears	Anglesey
Julie	Rowlands	Bridgend	Lindsay	Havard	Monmouthshire	Mary	Hayman	Vale
Julie	Devereaux	Powys	Linton	Gower	Wrexham	Mathew	Purnell	Cardiff
June	Williams	Powys	Lisa	Richard	Cardiff	Matthew	Lack	Vale
Kaitlin	Matthews	Carmarthenshire	Lisa	Baker	Swansea	Matthew	Archer	Swansea
Kalvin	Jones	Anglesey	Lisa	Cushing	Swansea	Matthew	Heit	Port Talbot
Karen	Newman	Flintshire	Llinos	Roberts		Matthew	Jones	Port Talbot
Karl	Denning	Torfaen	Louise	Price	Caerphilly	Max	Roberts	Caerphilly
Karl	Gregory		Louise	Armstrong	Swansea	Melville	Harding	Caerphilly
Kate	Bass	Monmouthshire	Louise	Weaver	Monmouthshire	Michael	Cain	Denbighshire
Kath	Toms	Caerphilly	Lucy	Hinksman	Pembrokeshire	Michael	Jones	Bridgend
Katherine	Wheeler	Carmarthenshire	Lucy	Harries	Monmouthshire	Michael	Byles	Flintshire
Kathleen	Ahearne	Cardiff	Lucy	George	Barry	Michael	Jones	Gwynedd
Kathy	Hosell		Luke	Powell	Torfaen	Michael	Rees	Caerphilly
Kathy	Hosell	Ceredigion	Luke	Thomas	Torfaen	Michelle	Williams	
Katie	Mears	Caerphilly	Lydia	Cole	Powys	Michelle	Manning	Blackwood
Katie	Preece	Port Talbot	Lyndsay	Howard	Monmouthshire	Myfanwy	Andrews	Powys
Katie	Moore		Lynne	Evans	Pontypridd	Myfanwy	Jones	
Kay	Bevan	Llanelli	M	Hughes	Pembrokeshire	Myra	Hartzenburg	Newport
Kelly	Ball	Newport	Malcolm	MacGuire	Denbighshire	Natalie	Davies	Swansea
Kelly	Doyle	Anglesey	Marc	Williams		Nathan	Odem	Gwynedd
Kelly	Rideout	Barry	Malcolm	Collins	Neath	Neil	Buften	Powys
Kenneth	O'Mahoney	Pembrokeshire	Margaret	Howard	Cardiff	Neil	Williams	Swansea
Keri-Ann	Willets	Caerphilly	Margaret	Evans	Swansea	Nicholas	Lewis	Caerphilly
Kevin	Stone	Blaenau Gwent	Mark	Cochrane	Caerphilly	Nicola	Taylor	Torfaen
Kurtis	Marshall		Mark	Davies	Pembrokeshire	Nicola	Roberts	Swansea
Kyle	Wellington	Swansea	Mark	Williams	Caerphilly	Nicola	Lewis	
Kylie	Ashill	Torfaen	Mark	Thomas	Newport	Nicola	Jones	Neath Abbey
Laura	Wilson	Monmouthshire	Mark	Lewis	Newport	Nicole	Bird	Caerphilly
Laura	Powell	Powys	Mark	Sibley	Caerphilly	Nigel	Turner	Monmouthshire
Laurri	Crawley	Swansea	Mark	Owens	Swansea	Norman	Evans	Carmarthenshire

Norman	Williams	Bridgend	Richard	Taylor	Bridgend	Shaun	Heath	
Ope	Abidogun	Newport	Richard	Dunlop	Bridgend	Shayna	Harris	Llandudno
Pamela	Hurley	Swansea	Richard	Ballard	Powys	Sheena	Griffiths	Flintshire
Paul	Pendlebury	Bridgend	Richard	Taylor	RCT	Shell	Williams	Conwy
Paul	Lewis	Bridgend	Richard	Harmer	Pembrokeshire	Shirley	Cleever	Anglesey
Paul	Rowlands	Bridgend	Richard	Redmond	Conwy	Sian	Huw Jones	
Paul	Lewis	Gwynedd	Robert	Hayton	Torfaen	Simon	Fernandez	Denbighshire
Paul	Hughes	Caerphilly	Robert	Jones	Barry	Simon	Richards	Cardiff
Paul	Donnelly	Cardiff	Ron	Hellman		Simon	Rice	Carmarthenshire
Paul	Tucker	Carmarthenshire	Rory	Westhoff	Carmarthenshire	Sinead	Moore	Vale
Paul	Jones	Swansea	Rosie	Williams-Jones	Powys	Sophie	Hinksman	Pembrokeshire
Paul	Coles	Bridgend	Ross	Thomas	Denbighshire	Sophie	Wakeling	Torfaen
Paul	Adams	Powys	Rowena	Williams		Stephen	Thomas	Denbighshire
Penny	Candis		Ruth	Barker	Carmarthenshire	Stephen	Knight	Monmouthshire
Peter	Litten	Denbighshire	Ryan	Thomas	Bridgend	Stephen	West	Cardiff
Peter	Latter	Carmarthenshire	Sadie	Williams		Stephen	Miles	Newport
Peter	Thomas	Gwynedd	Sam	Butler	Carmarthenshire	Steve	Pocknell	Carmarthenshire
Peter	Allen	Ceredigion	Samantha	Hupton	Holyhead	Steve	Williams	Cardiff
Peter	Herniman	Caerphilly	Samantha	Taylor	Pontypridd	Steven	Morgan	Monmouthshire
Peter	MacAndrew	Ruthin	Samantha	Hughes	Barry	Steven	Stone	Merthyr Tydfil
Peter	Gauterin		Samantha	Mitchell		Steven	Jones	Denbighshire
Peter	Marsh		Sammy	Tahramanis	Blaenau Gwent	Stevie	Sterrie	Swansea
Phillip	Williams	Bridgend	Sandra	Tinklin	Monmouthshire	Stuart	Paget	Bridgend
Phillip	Woolley	Powys	Sarah	Chamberlain	Anglesey	Stuart	Merritt	Pembrokeshire
Phillip	Breen	Gwynedd	Sarah	Rosser	Monmouthshire	Susan	Haines	Torfaen
Phillip	Morgan		Sarah	Griffiths	Monmouthshire	Susan	Davey	Torfaen
Phillip	Collins	Carmarthenshire	Sarah	Dukes	Torfaen	Susan	Shaw	
Rachel	Bewick		Sarah	Thornton		Susan	Saunders	
Raymond	Byles		Savvas	Tahramanis	Blaenau Gwent	Tabitha	Butler	Carmarthenshire
Rebecca	Morgan	Powys	Scott	Weetman		Tanwen	Lloyd	Gwynedd
Rebecca	Llwyn Roberts	Gwynedd	Sean	Whelan	Bridgend	Tim	Hallet	Torfaen
Rebecca	Chick		Shane	West	Swansea	Tim	Davies	Powys
Rebecca	Mason	RCT	Sharon	Wheland	Powys	Tina	Larner	Bridgend
Rhian	Evans	Powys	Sharon	Blow	Caerphilly	Tom	Spencer	Prestatyn
Rhiannon	Isaac	Bridgend	Sharon	Austin	Bridgend	Toni	James	
Rhiannon	Griffiths	Pembrokeshire	Sharon	Cochrane		Tony	Griffiths	
Rhiannon	Currie	Newport	Shaun	Roberts		Tracey	Smith	Denbighshire

Tracey	Larkin	Bridgend
Tracey	Cridland	Caerphilly
Tracey	Cosgrove	Newport
Tracey	Hagland	Powys
Tracey	Martin	Neath
Tracy	Austin	Anglesey
Trudi	Owen	
Wayne	James	Newport
Wendy	Thomason	Carmarthenshire
Wendy	Gough	Pembrokeshire
William	Jones	Bridgend
William	Young	Anglesey
William	Bennett	
William	Owen	
Yolande	Scott	Gwynedd
Yvonne	Williams	Anglesey

Associate members

Adrian	Roper
Adrian	Jones
Ashlea	Harris
Bernard	Pearson
Caroline	Campbell
Caroline	Tattersall
Celia	Lewis
Charlotte	Saunders
Charlotte	Azzepazdi
Christy	Taylor
Cian	O'Donoghue
Cyril	Luke
Daniel	Bamsey
Dave	James
Dawn	Price
Debbie	Kirkman
Diane	Williams
Elisabeth	Hughes
Fran	Hancock
Helen	Callaghan
Helga	Uckermann
Ian	Kinsella
Jackie	Hughes
Jean	Gregson
Jill	Milligan
Julie	Davies
Karen	Chandler
Karin	Phillips
Katrina	Karowski
Kay	Wood
Keti	Rock

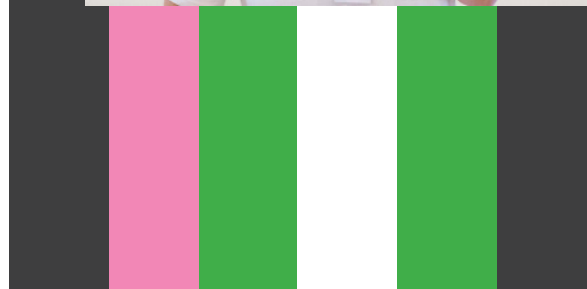
Lisa	Morgan
Liz	Davidson
Lorranine	Linford
Louisa	Laurent
Louise	Burman
Louise	Reed-Gibbs
Luke	Conlon
Mari	Ropstad
Mark	Tierney
Non	Lederle
Pat	Loftus
Terry	Loftus
Pauline	Carter
Phillip	Craven
Rachel	Philbrick
Rick	Wilson
Ruth	Lewis
Ruth	Moyse
Sarah	Phillips
Shirley	Lowe
Simon	Cooke
Stuart	Clemo
Sue	Jones
Susan	Mitchell
Tara	Havard
Tracey	Downes
Tricia	Robinson
Yvonne	Boxall
Zoe	Brock

Group members

Blaenau Gwent People First
Caerphilly People First
Cardiff People First
Carmarthenshire People First
Newport People First
NWAAA
Pembrokeshire People First
People First Bridgend
Powys People First
RCT People First
Swansea People First
Torfaen People First
Vale People First

Subscribers

Joy Findlay
Mandy Jenkins
Natasha Hirst
Samantha Williams
Sue Happs
Tracey Price



Llais Cenedlaethol
Pobl ag Anableddau Dysgu yng Nghymru



The National Voice of People
with Learning Disabilities in Wales